

Free

# The Mystics' Magazine & Directory

## Celebrity Authors

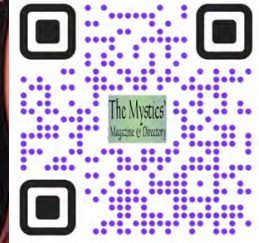
Chris-Anne Donnelly

Mary K Greer

Ellen Evert-Hopman

Susun Weed

Online Edition



Spring Equinox ~ Summer Solstice  
March ~ June 2026  
Vol 2, 4th Edition

# Spring Equinox

## The Mystics' Magazine & Directory

### 4th Edition



A Word ...  
Chief Editor  
Tamare White-Wolf

**[TheMystics@TamareWhiteWolf.com](mailto:TheMystics@TamareWhiteWolf.com)**

Hello folks I am writing this note on the full moon of Imbloc. If it wasn't for the cold, it would be one of my favorite cross quarters sabbats. This is where I learned about the goddess Brigid many years ago. Look in our last edition to learn more about this beautiful being. She is all about fertility and creation. I do wish that upon you and with this full moon, may it shine a light on all the things important to you. May each seed find the fuel and energy needed to manifest.

We are celebrating the 4th edition of The Mystics' Magazine and Directory, marking a full year. Thank you for all your support and kindness. With Spring Equinox on its way it's a bit of a relief to know the trees will be budding and flowers aroma filling the air again. This time of year beckons us to find the balance of work and play, of difficulty an ease, and of light and dark! It is my wish whatever seeds you plant emerge with both strength and lushness.

Those looking to stir up romance or fertility may it be so. **So, Mote It Be!**

This magazine celebrates quarterly. In this edition we honour, Spring Equinox (Ostara),

Beltane. Summer Solstice (Litha), also the seasons of Aries, Taurus, and Gemini. We follow the astrology wheel and include moon influences. It has been fun bringing alternative knowledge to you. I welcome your perspectives no matter how different, it's a pleasure to see a garden of wild flowers. The beauty is stunning with intrigue. Join me, in sharing our wisdom. Please look to the middle of the magazine around page 40 for the Mystics ad info, if you'd like to write a story you'll get 25% off your ad. We would love to hear about your beginning, projects, or events. This little magazine made its way around the world. Never really saw that coming! Incredibly grateful indeed.

### **The Mystics' Magazine Online**

[www.EarthAndSkyConnection.com](http://www.EarthAndSkyConnection.com)

Get the printed Magazine at participating shops & events, see The Mystics' Trail below.  
Mystic Earth Creations, Campbell River, BC  
Standing Spruce Apothecary, Campbell River  
Spiritual Wellness Fair, Campbell River  
Sacred Earth Metaphysical, Courtney, BC  
Metaphysical Psychic & Wellness Fair, Parksville  
The Madman Wife, Port Alberni  
Wild Woman Medicine Show, Nanaimo, BC  
Triple Moon, Nanaimo  
Hill & Circle Events, Cedar & Metchosin, BC  
Wishes, Duncan, BC  
Soulful Sisters, Landford, BC  
The Hermit Path, Landford  
West Coast Creative Spirit, Landford  
Inward Market, Victoria, BC  
Triple Spiral, Victoria  
7 Rays New Age, Victoria  
Soul & Sage Fairs Landford & Victoria

***Earth and Sky Connection, Victoria, BC***

### **Pick-up The "BC" Mystics' TRAIL**

Check OUR Google Map with pinned locations. Create a spiritual get away to visit them all with your favorite peeps.

Tell them we sent you!

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**Tamare White-Wolf**

Animals, Gods, Goddesses,

Crystals, Herbs, Trees, Tarot

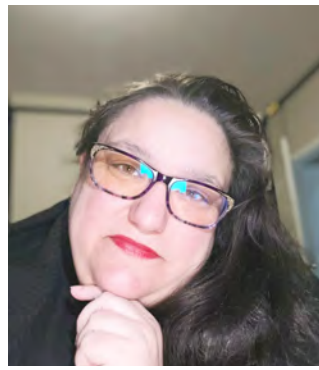
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*Design Editor,*  
*Writer & Our*  
*Katty*  
*Kommentator*

Kat is a talented writers, has an eye for set up and speaks computer program language better than most. Sure to find the lowest common denominator making all things possible. Many thanks to you and your stamina.



*Research &*  
*Photographer*  
Tye the  
Paranormal  
Guy

Tye is the man we go to when we need something found. He puts his heart and soul into whatever he is looking for, like a dog with a bone. But if that wasn't enough he is a talented photographer. Most of the picture in here are his, and lastly our printer and distributor. Man of many masks Thank You

Thank you to all the Mystics who contributed to the Magazine. We appreciated your articles. We hope the community is delighted to find out many of these writers will be regular content contributors.

## Too Name A Few...

Skylar Pink	Wyatt Michael
Tamela Farrand	Nancy Arruda
Tamare White-Wolf	Gemma Parent
Lupa Bardy	Rachel Perry
Empress Constantine	Tara Greene
Arymid Sage	Kyla Edwards

**Directory in the Center**

**Join our Annual Crystal Egg Hunt**  
**April 4th & 5th @Sponsors Location**  
**Earth and Sky Connection**  
**560 Johnson St #62 Victoria BC**  
**ALSO!!! April 4th & 5th**  
***Crystal Geocaching For Our Nerdy***

For the non-nerds lol we have an in shoppe experience with all purchases.

@Earth and Sky Connection. So please drop in with you littles and have some fun. Geocaching is your thing please click on the **QR code for coordinates.**

We worked tirelessly hiding Crystals & Chocolate Eggs of all sizes around Victoria BC Parks & Community Gardens. In the spirit of Ostara/Easter we wish a blessed day to one and all. Each Geocach location will have a small bag, inside you will find a little sweet treats and few crystal eggs or if you are really lucky a Large Pyrite Egg we hope you all have fun and we will see you soon.

If you find a dozen eggs you can trade them in @Earth and Sky Connection for a \$50 Crystal or your choice! You can come in to the shoppe to take a picture with us.

Alternatively you could email us your VICTORY pictures

@ TheMystics@TamareWhiteWolf.com for the next print where we will post them.

**Click on the QR Code for Coordinates.**



## **Beltaine Geocaching Gamers**

May 1st to May 3rd Every one wins something!

Find the most Tarot Cards (There are 22) in Victoria Parks & Community Gardens Bring them to Earth and Sky Connection to collect!

**Tarot Card Geocaching Experience**

**WIN A FREE READING OR TAROT DECK**

**Click on the QR Code for Coordinates.**





Question 1:

I really love metaphysical stores but when I go in them I feel somewhat agitated sometimes even confused why would that be?

Answer 1:

That's a loaded question, could be that you're super sensitive and maybe have clairvoyance or one of the other Clair's are predominant making you feel what other people feel, or you can sense ghosts. Just having all those crystal energies in one space is very stimulating.

I suggest you wear grounding jewelry maybe a tourmaline, shungite or obsidian, necklace, or ring. It could just be that you're ultra sensitive and need to guard yourself when going into metaphysical shops. There is a lot going on in those shops.

Question 2:

I seem to be able to feel if someone's lying or deceiving me in some way, but I'm not sure how to be sure. I always question myself, this is exactly why I haven't left my boyfriend yet but I think he lies to me all the time. What do you suggest?

Answer 2:

I am a believer of following your first instinct. On the other hand, if you've been carrying a lot of fear of rejection or

abandonment, you could create your own reality. So, I'm saying when in doubt sit it out. If your very first thought is not to trust something I say listen to that, it's usually the second guessing I wouldn't listen to, that's where we get in trouble. Sometimes we need a little help this is when a pendulum might be helpful because it answers yes, no questions.

Another way is the tarot cards, cut the deck upright cards are yes, reverse cards are no. There's some cool little oracles that can help too have you ever tried them? If not it's worth it, as it gives one a different perspective of things. Especially if you have been dealing with fear mongering due too your past experiences.

Body language plays a part too, can they look you in the eye? Do they look away when they answer your questions? Are they fidgety and squirmy? These are signs they are uncomfortable and maybe omitting parts of the story to keep you in the dark. Telling only half truths is still deception. This is why its best to follow your gut it almost never leads you astray.

Get your *Questions Answered* email Mama Wolf  
[TheMystics@TamareWhiteWolf.com](mailto:TheMystics@TamareWhiteWolf.com)



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# A Conversation with the Muse

## Part 2 Chris-Anne Donnelly



### Moved by the Muse

Becoming a card creator, listening to the Muse, and trusting the path less travelled. And notebooks.

It has been one of the biggest joys of my life to work with the energy of the Muse. She moves through me in ways I cannot fully comprehend, nudging me towards this or that, speaking ideas into my heart from the depths of the old Universe. She has helped me to create a life I love, guiding my hand to take the risks I have taken, and to draw the lines that have shaped my journey.

During my life as an artist and creative, I have tried many times to understand her rhythms, without much success. They seem to be her own... the way she sometimes putters along like a small flame, injecting my world with small, bite-sized ideas. Or the way she will choose, instead, to roar into my life like a rolling tsunami, ready to knock everything out of place to get something done.

Sometimes she is quiet, which can feel quite disconcerting and disorienting, as the Creative Muse is usually alive in my world. In these moments, things feel cloaked in mystery and uncertainty, and I'm not sure where to head next. As a creative being, I don't feel like myself during these pauses, but over the years I have learned that these are her calls to rest, for as with all things there are times to be still and fallow, even when we don't always enjoy the pauses. I now understand that when I feel like I am hitting a creative block, it simply means

that her tiny idea-seeds are germinating, even though I can't see them ... yet. And then out of the blue she will arrive once more, sometimes so loud that I feel I must stay up for days-on-end scribbling down her musings, capturing her swirling ideas with pen and paper, and sometimes creating them. She can have an "everything, seemingly all at once" energy, when I allow her energy to run through my hands in order to bring our creations to life. She moves me when I say yes to an idea, and along the way this has meant switching up the direction of my life completely, many times. From periods of gestation to periods of wild feverish action, her rhythms rock and move me, when I have said yes to her sacred dance.

### The Seeds of the Future

In 2014, I began creating my first oracle deck, The Sacred Creators Oracle, and it was the Muse that threw this idea into my structured life, and sent it spiralling out in the most beautiful, unexpected direction. I had been running a busy design and branding agency for 10 years at the time, and I was spending a large portion of my creative energy designing things for other people. I designed brands and websites, logos, packaging and books... and I loved the creative fluidity of the work. It filled me with joy to help other people build their dreams. And it taught me some of the biggest lessons I have ever learned about mindset, manifesting and using my intuition.

I had 10 years being a witness to how my client's built their dreams, and my front-row seat taught me that big delulu dreamers would scale their success quickly, while those who were more unsure or afraid would likely take a lot longer. I watched how they manifested, and I paid attention to the focused yet consistently wistful energy of those who thrived. Their mindsets were similar. Their belief in their dreams was off-the-charts fantastical, and I noticed how they followed their intuition more than the other entrepreneurs I worked with. (And, we all know how like attracts like in the energy game, so I often worked with big visionary dreamers and seers, even though they usually didn't know how intuitive they were.)

Along the way I began shifting my business to overtly include more mystical offerings, and I began bringing intuitive and mindset work into my sessions. I lost a few clients because of it, as mystics were not invited to most boardrooms back then. And when I first started pulling oracle cards out for brand strategy sessions, it was clear that some people didn't appreciate the wisdom of the cards as much as I did. But others understood where I was taking them, and the more I started infusing my own work with my very highly unorthodox ways of "doing business", the more my own business blossomed. My brand strategy sessions invited entrepreneurs to play in the space of "what if" and "let's dream this to life" in ways that were decidedly woo. (Think cards, magic, and energy work blended with strategic know-how.)

During my time as an intuitive

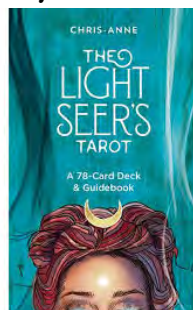
designer, I learned that success is often a mind game, and that we are magical beings with incredible potential. I watched dreams bubble and bloom, and I learned that if we feed our creative energy to the to the fire of our big dream, it's highly likely that we will produce something incredible. I also started to believe that changing lives and saving worlds would be done by normal, everyday people, because I saw how my client's small dreams could turn into big shifts in the physical world when they went all in on their goals. With a plan. And with well-thought-out action steps. It all felt alive and inspiring for many years, until one day... it didn't. From one week to the next the Muse left the room, and she didn't come back to my little creative agency. I finished my client projects off, looking for her spark... to no avail. And when she didn't re-surface for months, I knew I needed a change in my direction.

I starting hunting around in my unconscious mind for the map of the future ... something that would help me to understand which way to go next. Without the inspiration of the Muse leading the way, life felt... directionless and off-course. People often say these moments feel like they are floating around in the ocean without an anchor. For me, it felt more like my ship was moored into place, yet I couldn't get off the boat to enjoy where I had landed. I wanted to be sailing off in exciting new directions, yet I felt... tied to the life I had created. The more I listened for the map, the more I realized that my

own secret dream had bloomed under own greatest version of love in the world. When I heard it calling me the first time, it felt like a strange and unreachable task. Wildly uncharted. Dangerous to my stability and comfort. Was it possible that I could somehow move beyond the business work I did with clients, and help even more people to dream bigger dreams, in another way? Could I put my very best magic out into the world... and help others do the same with theirs... in a way that wasn't corporate design?

I began to feel a strange obsession with the idea of sharing inspiration with the world. And I became desperate to figure out the how of it all. I pulled cards daily with this in mind. I journaled and prayed on it for months on end... and with the help of my guides and with the help of Spirit, I turned this small ember of desire into a roaring fire that began to consume my every thought. I had lists and lists of possible ways forward. Ideas and worries and wonders. In my notes I could see that I desired to seed the world with the magic of inspiration. I desired it so deeply that I ached and longed to be in the doing of it all. But how could I shift my creative agency work? Switching my business to focus on cards and inspiration felt like a risky undertaking. Irresponsible, even. Yet the thought kept getting more and

more incessant. I began to feel the angst of just thinking of it instead of actually doing it. And I wasn't exactly sure how to make it all work. I had a business. And employees. And deadlines. And yet... I also had a million different creative ideas (all hidden and pushed under the surface) that felt more interesting and alive than the work I was currently in. And I knew I had to leap.



**Commentator Remarks:**

*This story marks the birth of both of these amazing decks, The Light Seers & The Muse Tarot. I love these sister decks both so different yet very much the same! You really need to have both in order to see the subtle similarities,*

*I find it fascinating and reviewing of the creator too. What a wonderful soul Chris Anne has.*

*Missed Part 1? look for 3rd Edition @ EarthAndSkyConnection.com*

*Buy ALL she publishes*

*@ Earth And Sky Connection located in Chinatown Market Square Victoria BC Canada USE THE QR CODE*

**BOOK A SESSION**

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# What do they think or feel about me?

Part 1 by Mary K Greer [MaryKGreer.com](http://MaryKGreer.com)



This is the most asked question in Facebook practice tarot groups and at psychic fairs and many other tarot venues. In practice reading groups, readers will post wildly different interpretations even though responding to the same set of cards drawn. So who is right? I decided to try an experiment. I worked extensively with ChatGPT to come up with meanings that reflect both thoughts and feelings, multiple options, and are based on the most classical tarot interpretations from both the Marseille and Rider - Waite - Smith traditions. Feel free to modify them or reflect your own personal understanding of this question and what each card may say individually. And, of course, the other cards in the spread will modify, support or contradict each other.

## MAJOR ARCANA — Archetypes of Thought and Feeling

These cards show love and perception on the mythic scale—how we project ideals, confront truth, and transform through encounter.

**The Fool:** The person asked about experiences you, the querent, as awakening spontaneity and curiosity. They sense freedom with you yet fear looking foolish. There's excitement, attraction to risk, and uncertainty about direction. Emotion hovers between naïve hope and avoidance of responsibility.

**The Magician:** They're intrigued and alert in your presence—half-admiring, half-calculating. You inspire their creativity and desire to impress. They may test how real the connection is, shaping perception through charm.

Feeling is mixed with self-control.

**The High Priestess:** You're a mystery they

can't decipher. They sense depth and silence that invites projection. Emotion feels private, even sacred, yet also distant. They wonder if you know more than you say—or if you see through them.

**The Empress:** They feel warmth and sensual appreciation. You represent comfort, beauty, and abundance. Their feelings may blur into longing for nurture or admiration of your self-possession. Attraction here feels natural but could become complacent.

**The Emperor:** Respect dominates; affection expresses as protection or control. They might admire your strength yet wish to define the terms. Feeling is restrained, filtered through duty or pride—security valued over vulnerability

**The Hierophant:** You evoke familiarity, trust, or tradition. They may see you as a guide, partner, or moral touchstone. Emotion forms through respect and expectation rather than passion. They wonder if stability outweighs freedom.

**The Lovers:** Connection is undeniable—heart and choice entwined. They feel drawn and confronted at once, sensing that intimacy will change them. Emotion is alive but undecided; desire and conscience share the same breath.

**The Chariot:** They feel compelled to move toward you yet fear losing control. You challenge their willpower.

Emotion becomes a test of direction:  
Admiration tinged with competition.

**Strength:** You soothe and steady them. They feel safe and slightly undone by your quiet power. Attraction arises from trust and curiosity about your composure. Their emotion deepens when they sense you won't exploit it.

**The Hermit:** They think of you often but from distance. You represent wisdom, introspection, or absence. Feeling is contemplative—perhaps loneliness mixed with respect. They may love the idea of you more than contact itself.

**Wheel of Fortune:** You feel fated, unpredictable, cyclical. Their emotions rise and fall with circumstance. They sense possibility but little control. Hope alternates with resignation; connection feels larger than choice.

**Justice:** They analyze rather than surrender. You make them weigh fairness, commitment, or consequence. Emotion is present yet measured, shaped by conscience. They seek equilibrium before vulnerability.

**The Hanged Man:** You suspend them between feeling and inaction. They don't know what to do but can't detach. Emotion deepens through waiting; surrender may lead to clarity—or drift into passivity.

**Death:** You mark an ending or irreversible change. Feelings linger as transformation rather than attachment. They may mourn, resist, or secretly hope for renewal. Emotion is intense, rarely comfortable.

**Temperance:** They feel calmed by you. You bring balance after extremes. Emotion here is healing, cautious, integrating differences. Desire softens into harmony; attraction

seeks longevity, not drama.

**The Devil:** They feel trapped or magnetized. Desire is strong, unsettling, possibly obsessive. They sense pleasure mixed with loss of control. Emotion alternates between indulgence and shame, attraction and fear.

**The Tower:** You disrupt their defenses. Feelings erupt suddenly—shock, revelation, liberation. They may blame you for upheaval or thank you for truth. Emotion raw, cleansing, but rarely simple.

**The Star:** You represent hope and renewal. They feel inspired, gently optimistic, perhaps idealizing you. Emotion is tender, distant like starlight—guiding but not graspable. Healing rather than possession.

**The Moon:** You stir uncertainty and fascination. They can't separate imagination from reality. Emotion waxes and wanes, colored by fear, fantasy, intuition. They sense depth but question what's true.

**The Sun:** You make them feel open and alive. Joy, pride, and recognition fill their thoughts. Emotion here is uncomplicated warmth—though they might overlook subtler needs. Attraction through happiness.

**Judgment:** They reflect on the past with you in mind. You evoke accountability, forgiveness, or a call to reconnect. Emotion is awakening—half guilt, half gratitude. Renewal possible, closure uncertain.

**The World:** They see you as whole, accomplished, perhaps beyond reach. Emotion blends admiration with finality. You complete a chapter in their psyche; whether they return or move on depends on readiness for a new cycle.

**See the next issue Part 2 with the Minor Arcana**



# Ostara Spring Equinox

March 20th

Aries Season  
Mar 20th - April 20th

## March Events

### Family Art Gallery Day

Sundays to June 21st 1040 Moss St, Vic.

### Crafted Farmhouse Market

13th & 14th 10-5pm 2243 Beacon Ave

### Pacific Rim Whale Festival

14th-21st, Tofino/Ucuelet, BC

### Victoria Rock and Gem Show 13th-15th

Da Vinci Centre 195 Bay St, Victoria, BC

### Build a Log Cabin Birdhouse

18th, 5:30pm-7:30pm Duncan BC

### Garden City Groove Fest 19th-21st

90 Dock St Victoria BC -Tickets Online

### Roots & Renewal Wellness Market

21st 11-4pm 720 Station Ave Vic, BC

### Spring Vintage Market 21st 9-4pm

Da Vinci Centre 195 Bay St Vic, BC

### Spring Equinox Potluck ATCC 5-7pm

22nd, Halbe Hall 8369, N Island Hwy  
Black Creek BC

### Besom (Broom) Making 22nd & 23rd

Parent/Youth Earth and Sky Connection  
560 Johnson St. #62 Victoria BC

### Bloom & Broom Witch Market 26th

10-4pm Prospect Lake 5358 Sparton Rd

### Gemstone & Copper Tree 26th 6-8pm

4495 Happy Valley Rd Langford. BC

### Toys on the Island Toy Show 28th




1800 South Alder St Campbell River. BC

### Faerie & Fantasy Faire 28th-29th 10-4pm,

2243 Beacon Ave Sidney BC

# March/April



Sun.	Mon.	Tues.	Wed.	Thurs.	Fri. 20	Sat. 21
<p><b>Add your QR too! Be a Calendar Sponsor \$75</b></p> 					<p><i><b>Aries Season</b></i>  <b>Ostara / Spring Equinox</b></p> 	<p>Bake some goodies to welcome spring</p>
<p>22  <b>Besom Broom Making@ Earth and Sky Connection</b>            See page 24</p>	<p>23            Start Meditation Mondays</p>	<p>24            Try a new art form</p>	<p>25            Make an offering to the deities of spring</p>	<p>26            Go foraging in your local forest</p>	<p>27            Join a local witchy group online to connect</p>	<p>28            Play in the garden or start one</p>
<p>29            Sit down with a good book</p>	<p>30            start a new witchy book</p>	<p>31            write a song / poem about spring</p>	<p><b>April 1st</b>  <b>Libra Full Moon</b>            7:13pm PDT</p> 	<p>2            Dance in the moonlight looking at the stars</p>	<p>3  <b>ADD YOUR EVENT TOO \$40</b></p>	<p>4  <b>Easter / Crystal Egg hunt @ Earth &amp; Sky Connection</b></p>
<p>5  <b>Mask Making @ Earth and Sky Connection</b>            See page 67</p>	<p>6            Mix cocoa in your coffee for better focus</p>	<p>7            Walk / Bike home from work if possible</p>	<p>8            Do some Shadow Work</p>	<p>9            Detox with some Dandelion Tea</p>	<p>10            Have a night out with friends</p>	<p>11            Visit the lake / beach</p>
<p>12            Volunteer at an animal shelter</p>	<p>13            Have a long self reflecting bath</p>	<p>14            Treat yourself to a sweet treat</p>	<p>15            Take a spiritual dance class</p>	<p>16            Check on a friend that may be struggling</p>	<p>17  <b>Aries New Moon</b> 4:53am PDT</p> 	<p>18            Make / refresh your money bowl</p>
<p>19            Set intentions for the coming season</p>	<p>20            Make a peace offering with the God of war</p>					

# Fire Opal for Aries

## By Tamare White-Wolf



**Primary Chakra:** Solar Plexus  
**Astrological Sign:** Aries, Leo, Libra, Pisces and Sagittarius

**Issues and Ailments (Physical):** Nervous system, Emphysema, Headaches, Intestines, Kidneys, Ovaries, Pain, Trauma.

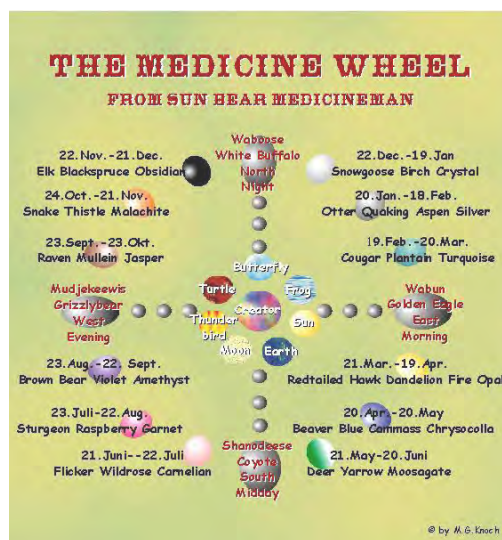
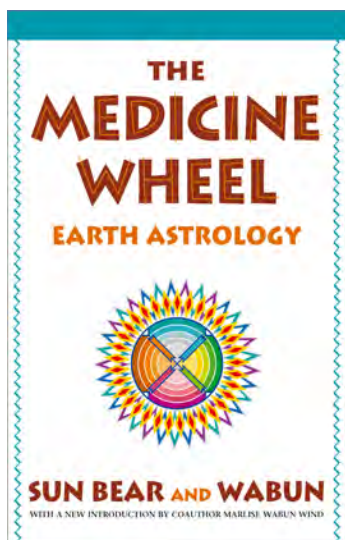
**Issues and Ailments (Emotional):** Stress, Tension, Patience, Negativity, Depression, Maintaining your centre.

**Issues and Ailments (Spiritual):** Wisdom, Grounding, Past life recall, Ancient wisdom, Healing the earth

Fire Opals aide in blood disorders; ease lower back pain; increase libido and fertility and help ease disorders of the abdomen and liver.

This crystal is known to increase psychic

abilities and is an excellent stone for communication with fire spirits and meditating on the four elements. It can increase vitality and sexuality, bringing relationships more passion. It also helps one become comfortable with being independent and seeking a new direction in their lives. This crystal is a stone of luck, abundance, creativity and passion. It enhances intuition and helps you make better decisions by letting you trust your instincts. It brings a zest for variety and spices up your life. New business ventures can benefit from it by placing one in the cash register or near the front entrance. Because these crystals are relatively soft, and contain a fair amount of water, they should be cleansed in water to keep them hydrated.



So much of my understanding of people and what vibes with them at the soul level, came from these fascinating teachings from Sun Bear's and Wabun. See the accompanying chart on Page 67 Come join the coming classes on this interesting system in the Summer with Tamare White-Wolf @ Earth and Sky Connection in Victoria BC

# Aries loves Dandelion

Susun Weed ~ Seneca Elder/ Herbalist

<http://www.susunweed.com/>



I met Susun some time ago now and have taken her herbal classes which helped shape me. With combining Sun Bears' Native Astrology Teachings, Dandelion has been assigned to Aries. Look on Pg for the chart on this fascinating Earth Astrology. I

hope you enjoy Susun's teachings as I do.

**Tamare White-Wolf**

**Dr. Dent de Lyon's ~**

Practical Magical Digestive Aide

I am Dr. Dent de Lyon, the most generous of all plants. I am ready to help you. I am so easy to use. You cannot do wrong.

Come here. What troubles you? Acid reflux?

Loss of appetite? Gall bladder pain? Sour stomach? Gas spasms? You are at the right place.

Take what you will of me; I am ready to help you. What will you have? My flowers? Take them! My leaves? Take them!

My roots? Take them! Good medicines, all.

Take, take. I am the most generous of all plants.

Take me gently, gently, else I will cry milky tears and lose some of my power. Dig my root if you will. Gently loosen my perennial connections underground. Take me gently, gently from Her breast to yours.

Shake clinging soil back to the ground, then rinse me gently, gently, softly scrub the last bits of dirt away if you will.

Then be sharp and quick. Sharp knife, quickly cut through my root, through my leaves, make small pieces to fill your jar. Then, quick. Quick!

Cover my exposed pieces with vinegar, (or) with vodka. Make of me what you will. I am the

Practical Magical Digestive Aide. I am Dr. Dent

de Lyon.

Oh, and don't forget, you can dry my roots in the oven until very brown and grind and brew them like coffee. I am the most generous of all plants

**Dandelion Wine à la Laughing Rock**

Our year's supply for rituals and medicine

2gal/8 liter crock

3-5 qts/3-5 liters blossoms...

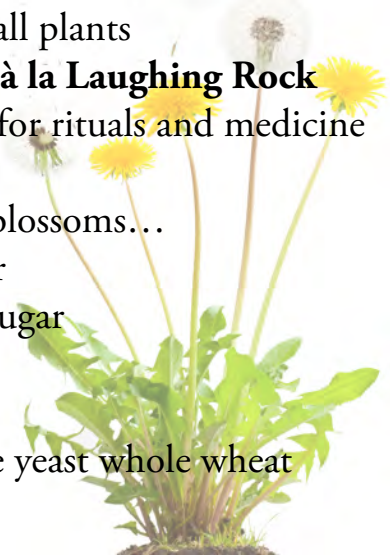
5 qts/5 liters water

3 pounds/1.5 kg sugar

1 organic orange

1 organic lemon

1 pkg/8 grams live yeast whole wheat bread toast



**Directions**

Find a field of dandelions in bloom on a glorious shining day. Follow the honeybees to the finest flowers. Pick them with a sweeping motion of your parted fingers, like a comb. I leave the green sepals on, but get rid of all stalks.

Back home, put blossoms immediately into a large ceramic, glass, or plastic vessel. Boil water; pour over flowers.

Cover your crock with cheesecloth. Stir daily for three days. On the fourth day, strain blossoms from liquid.

Cook liquid with sugar and rind of citrus (omit rind if not organic) for 30-60 minutes. Return to crock. Add citrus juice. When liquid has cooled to blood temperature, soften yeast, spread on toast, and float toast in crock. Cover and let work two days. Strain.

Return liquid to crock for one more day to settle. Filter into very clean bottles and cork lightly. Don't drink until winter solstice.

Preparation time: A week's worth of effort yields a drink not only delightful but good for your liver, as well.

# Hawk Medicine for the Aries

## by Tamare White-Wolf



When observing a hawk I always pay attention to the direction they are in when I see them or hear them. It helps in determining what their message is all about. I've always found hawk to come when there are difficulties, stressful situations or maybe even during arguments. It tests you and your ability to observe and to learn from that observation. It makes you ask yourself, do you have the knowledge or power to use in the situation? It beckons you to slow down and think about it. It might be that you've lost your vision on a broader scale maybe because you're angry. This is why it is suggested to sit back, calm down and think things through (West). If you feel unable to hear the voice within, you need to come to your center. There will be signs around you, so you must pay attention. In the end you're only as powerful as your capacity to receive messages and to perceive them as they are meant to be seen.

Unfortunately, when we're angry, we can skew this perception greatly. So you are being asked when seeing a hawk to use your intuitive skills to properly discern the situation. And to stay aware and to always seek truth. If you hear the cry of the hawk it may be a message for you to stay aware, pay attention as it could be marking the coming of a problem, take responsibility for your own actions. There are likely omens and messages around you from spirit don't let anything go unnoticed.

Hawk may be helping you to take advantage of an opportunity that might be coming your way. Depending on the direction you

see the hawk if maybe even inform us of a birth of a child (South). It could also be a signal that you've done something right and on track (North), which is why it's telling you to pay attention look at all things through higher perspective. From this vantage point you'll be able to see all the signs and messages offered to you. Hawk has the keen eye and a very bold heart. Like the eagle it flies quite close to grandfathers sun. In fact some tribes did not distinguish hawk from eagle instead called the hawk the red eagle.

When hawk comes into your life (East) it is a reminder to allow your powers of observation to be heightened especially if some things become too painful to feel, understand or two hear. It would be a good time for you too examine a situation without being emotionally attached. It is a reminder not to let your emotions override your perceptions staying neutral is very important. Sometimes your emotions may cloud your vision this is the lesson of hawk. Be mindful so it doesn't lead to a crash landing. One thing's for sure having hawk medicine will put you in a position to be a messenger. Share your teachings with others who are vulnerable in order to assist them to rise above difficulties. Remember though not to expect people to do as you will it, just be there if needed.

[Book Totem Animal Reading or Learn the Spiritual Messages of the Animals with Tamare @ Her Workshop Coming this Fall](#)

# VIII of Swords

By Empress Constantine

Astrologically this card falls in the first Decan of Gemini; May 22nd to 31st. Having been born on the 28th of May, I understand this card all too well. I spend copious amounts of time trapped within the thoughts in my own mind.

We see a lady in a red gown trapped in a bog. Red represents action, energy, and passion, while the bog is the often messy, watery world of emotion. Her eyes are blindfolded (her ability to see outside herself). Arms bound; she is surrounded by swords whose points are firmly driven into the dry parts of the swamp (her thoughts are restricting her physical actions). There is a large castle with red roofs built into the mountains behind her and the swords; as if the swords (her thoughts) are keeping her from warmth and safety of home.

When we see Jupiter we think expansion, luck, hope, abundance, and prosperity. The challenge is Jupiter sits opposite Mercury on the astrology wheel, so they don't really jive together. The possibilities provided by Jupiter can be paralyzing to the intellectual Gemini. The Gemini mind becomes entangled in thought, unable to make decisions, stuck in the gray area afraid to make a choice. This causes depression resulting in emotional outburst as Jupiter makes attempts to break free from the sometimes restrictive thought processes of the Gemini mind. This card indicates that the focus on detail is preventing a view of the larger picture.

The Swords in this card are like trees, but we must learn to see the forest. This is also a card of entrapment or

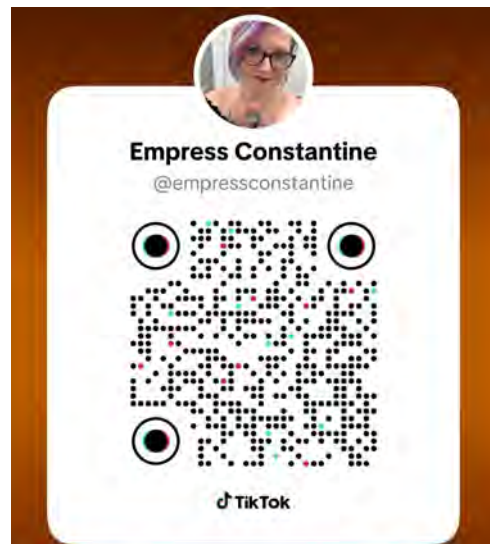


initiation. You are being placed in a situation that forces you to evaluate what is really happening, inside yourself. You must integrate your inner and outer realities. It makes you reassess your goals before moving forward.

Seeing this card in a spread would tell me that the querent is feeling trapped, depressed, even hopeless. They feel like they don't know how to get themselves out of a bad situation. They know there are many options, but are too afraid to act. Recommend counseling, journaling, even spending time with friends and family; things that will allow the Gemini to communicate all the thoughts brought by the Great Benefic Jupiter.

In reverse, it's a release of all this physical paralysis, mental turmoil, depression, and crippling fears. Jupiter has expanded the intellectual Gemini mind, clearing the mental fog (the blindfold falls off) and creating clarity (the swords release their solid grip). This could manifest as the decision to leave a toxic relationship or job. It could also be finding clarity through therapy.

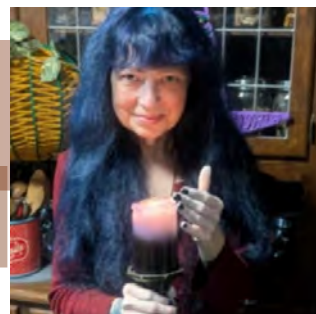
Regardless of the decan of birth, Gemini born tend to be moody individuals. Those of us born during the 1st decan, under The Lord of Shortened Force frequently find ourselves depressed, yet spending much time daydreaming about being happy, if only we had the energy. To come to the conclusion that we had the energy inside us all along, we just needed to direct it differently. Your thoughts are your reality. If all you think is stinky, all you see is stinky. Change your perspective, change your world!



Find Empress Constantine on TikTok  
 Wednesdays 530pm EST  
 Readings By Donation

## Peaceful Vibes ~ Spring Equinox Stands Strong!

by Tamela Farrand



In this day and age we seek the progression of growth and the ability to process the bounty by planning the hearty gathering from the beginning of seeds, and each transition of the journey...till we have the ability to craft up our own meds, magick, with pantry shelves filled to carry us over the wintry months till we focus again on the magick that Spring filters through with the growth of the land.

Decorations for any celebration range to the gravity that nature prevails this turning of the wheel.

Lets handcraft the coziness of life and nature, bringing forth the beauty of the world around us and lets shine with the magick this celebration bestows upon us.

- 1) A wreath can be crafted with a fertility theme....  
 or perhaps one of creativity...another for new beginnings and spiritual growth.



- 2) Colour represents the burst of life....so any flowers, altar cloths, robes, magickal goods with a variety of light colours.... bright and refreshing! Lets remember the eggs used for the birth representation helps when the colours are creative and blended like a tie dye expression.

3) Gather as many seeds as possible...even bag a bunch for each person who is coming to share and celebrate...so they may be able to take their charged seeds back home to incorporate them in their gardens. Showing the harvest at another gathering in Fall to share the bounty.

### **Chant**

--- over the basket of seeds before you place them on the altar to infuse them with energy to increase their sprouting into a thriving vegetation, herbal, or flowering development.

By the power of life,  
throw the essence of the elements,  
over this we have gathered for harvesting.  
Seed of growth, creativity of wisdom.

Infuse the love of the Universe,  
Cone of power flows in this basket.  
Grasping the burst of unity that draws us  
closer together.

Lets pour the magick into every step we take  
to filter in the sunlight, nutrients and  
soil...let achieve the goals we set into motion.

By the power of peace, happiness and earth,  
we are strong with the joys of rebirth.

As I will it,  
Natural Growth,  
So mote it be.

### ***Ideas to do during this festive time.***

- Readings to see what is coming our way.
- First BBQ of the season!
- Bonfire to use for scrying or to burn a crafted smudge stick of Sage, cedar, sweet grass and lavender to cleanse your sacred

space.

- Tokens to gift out can also be seedlings to prosper the bounty at hand.
- Drumming circles, healing sessions, feast of Cauldron Luck... walks in the forest...or along the water.
- refresh all protection mojo bags, talismans, charms, and spells to allow the energy to flourish throughout all you do in the coming months.

In this we inspire the community to help one another,  
We rattle the new positive healthy earthen connection to prosper our move forward into a new direction. We are all family and helping one another to stay the course...walk the path to enlightenment and wisdom. We are always loved and never alone, so this push in the right trail of lessons to learn manifests the heart that we feel empathy and joy along the way. We are the beings of compassion and groovy vibes of enlightenment.

**BLESSED SPRING EQUINOX!**  
Blessings, Tamela Farrand



Tamela Farrand High Priestess, Hereditary Witch, Paranormal Investigator  
226-759-7653 [youtube.com/@magickwithtamela](https://www.youtube.com/@magickwithtamela)

# Mars the Action-God Rules Aries and Scorpio

by Tamare White-Wolf

Mars the planet presides over the genitals. Called "The Bringer Of War" because the planet is associated with the Roman god of war Mars.

Mars is associated with confidence, aggression, energy, ambition, and impulsiveness. It is considered the lesser malefic.

Mars is considered the ruling planet of Aries. Before the discovery of the planet Pluto, it was also considered the ruler of Scorpio. Most modern astrologers consider Pluto the ruler of Scorpio, but may regard Mars as a co-ruler, while some traditional astrologers still regard Mars as the only ruler of Scorpio. Mars is associated with Tuesday. Also some associated Mars with the liberal art of arithmetic.

In Chinese astrology, Mars is ruled by the element fire. In Indian astrology, Mars is called Mangala.

As a God he is the divine father of Romulus and Remus. These are twin boys who you may have heard founded Rome. They had been abandoned and set in a basket and pushed out in the Tiber River. King Amulius uncle to Rhea Silvia, mother of the boys had imprisoned her fearing that had she had any children they would usurp him taking his throne. As it was her father who had the rightful heirs to the kingdom, he had thought to kill her but feared retaliation from Mars.

Once Mars found out he helped to save them as he influenced the events that took place, where a she wolf Lupa discovered the twins and suckled them ultimately saving them until a shepherd and his wife helped to

raise them. Eventually their destiny was sealed by the wishes of this Roman God of War.

Romulus killed his brother after arguing which hill was to have the capital city, and the city Rome was named after himself. Mars was a powerful and revered Roman deity, a protector of Rome and "heavenly father" to the people. But he was limited to what he was able to do with mortals which is why it took the boys to kill King Amulius and restore their grandfather Numitor and his position as King of Alba Longa.

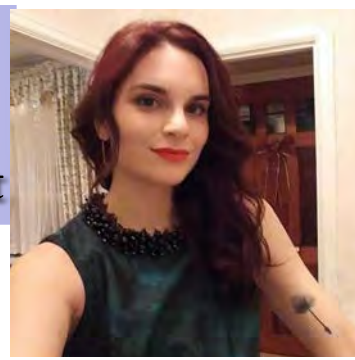
Much more than a War God actually he was considered an agricultural guardian, a deity of spring as his function was powerful as a protector of land, crops and livestock. Due to this he was often invoked before gardens and fields would be seeded. Therefore, when the community felt there were external threats from nature such as disease, or bad weather of any kind, Mars would be invoked to avert and ensure all would be protected.



# The Emperor IV

Associated to Aries

By Gemma Parent



Here's the thing about the Emperor  
Ok so here's the thing about the Emperor, he makes me think of my Popa, Brian Cunniff. This man is a protector and a leader. The Emperor puts physical well-being and practical stewardship of family and community, way above his comfort. If he loves you, he will be sure that you have all that you need available, including his physical support, protection, warmth, stability. He is Crowned by the beauty of all the elements he manages. He creates and maintains boundaries that protect and satisfy.

My experience of this energy has also been in its reversed aspects (for a great many years this was all I experienced, and it caused great harm), the reversed emperor is Toxic Masculinity incarnate.

The Emperor is the 15th path on the tree of life. Tiphareth to Chokmah, the heart to the universal love and universal consciousness. Beauty to wisdom. I am continuing my deep meditation on the teachings Ted Andrews brings on the tree of life. On the 15th path Andrews says, "This Path releases energy that shows us our life potentials, thus our awareness of ourselves and all humanity grows. We begin to realize that we are both creator and created in our physical life circumstances, and thus we must take responsibility for them" (Andrews, 201). When I think of how The Emperor embodies these energies. I can also

understand why Crowley believed that the Emperor should occupy the 28th path instead and the Star should be in the space of the 15th. I believe that Crowley was accurately pointing out how the emperor energy at the time he lived especially, was obsessed with owning and conquering the Venusian energy which lives in Netzach.

I can see that the masculine energy had fallen from the noble space of protecting the higher calling; stewarding family/community and became only capable of focusing on the more tangible physical forms of love and dominion. I can see how Crowley was accurate in this observation and I would take it a step further and say that it fell and occupied the path in its reversal for the collective for a long time. I also think that it is shifting more and more.

I sense that the collective of Yang energy is sitting upright and taking stock and taking responsibility. I also see how The Star has played a role in this. When we consider how the Star energy in the 15th path brings it to the place of purity that the Star really embodies. The way she is naked at the pool, she is honest about herself, and has gone through the trials that bring her to the point of accepting and embracing herself, and that helps her shine her gifts and her light more brightly.

For the purpose of the rest of this article, I would like to view the Emperor energy in its original place as a steward and protector of the heart and the collective. In the 15th path Andrews speaks of the benefits of this path “Renewed life; visions of the Divine; devotion to the Great Work; spirit contact; initiative; connections to others.” (Andrews, 203)

I experienced The Emperor reversed for a really long time in my life, and when I started telling myself that I deserved better (and even being the Emperor in my own life) I started finding more and more Emperors upright in my life. I now can almost forget how awful those moments were because I am truly surrounded by wonderful men and people who bring the positive version of Yang energy into the collective, and that includes myself. I am also the steward and protector of myself and my family. Please note, when I refer to masculine and feminine, I am speaking about them as energies that exist simultaneously and on a scale inside most peoples lived experience.

In the energetic form it can be perceived in a different way, for example the mars energy is yang/masculine and the Venus energy is yin/feminine. I am focusing on energy and so these energies can apply to any gender expression that a person may have, or even non gendered things.

I would like to share a story of someone really close to me, because I think this story echoes a common behaviour with a less common reaction. This is a story of an Aha moment. A moment of seeing

what Divine Masculine people do when confronted with Toxic Masculinity. There she was at the second dinner party with her new boyfriend's family. They were all a little boisterous and fairly tipsy, and the boyfriend decides to introduce his new favourite dice game that he played all the time with this new girlfriend. So, he is explaining it and she interrupts with the next rule and he tells her to “Shut the \*\*ck up \*\*\*ch” she blushes angrily and her stomach churns. (she had told him she didn't find it cute for him to call her a \*\*\*ch but he continued whenever the mood struck) One of the uncles at the table stood up and said “Don't call her that! Apologize! That is not acceptable!” This Boyfriend starts to argue “I can call her whatever I want” blah blah blah. She left to go to the bathroom and cut the tension... As she washed her hands looking in the mirror, she realized that it was true and it was NOT Acceptable at all, and in fact he was being abusive and a terrible person to hang out with. She was so embarrassed. She couldn't deny it now; it was so obvious. They argued on the way home about how unacceptable it was. And the rest is history. They broke up very shortly after.

What is so beautiful about this story is, it's an example of how a man finally did what men should do and stood up and called his peer to be respectful, he didn't just dismiss it as ‘not his problem’ he met toxic masculinity where it appeared and

told it off and wouldn't accept it. Through that act he also reminded and defended that woman's humanity. He didn't allow it to harm her anymore, by telling him off, the Divine Yang holds this reversed Emperor up in front of the community for correction; he told this mean aggressive man that his aggression would not be tolerated and he would cease or he would be unwelcome in this space. This had a strong effect on everyone in that moment. It was the beginning of a whole bunch of experiences of divine masculinity in this woman's life. And she has shared this story with other men who get it. Now when I say men I mean the masculine energy in all of us. This card and this path is about that, it is associated to the spring, the growth, the Mars, the Yang, the Aries.

When we look at the benefits of what I would call Emperor energy, we can see, renewal of life happened for the woman because she saw that her life could be different, more happy, full of safety and calm. She could see that what she was experiencing was not ok and that she would need to stand up for herself and remedy the way she was showing up in her own life. "Vision of the Divine" she absolutely did see how divine masculine does stand up and defend what is good and protects the vulnerable, with no concern for the discomfort 'he' would feel. She saw how it looks to defend what is right, and that set her up to seek out more of that kind of energy and accepting less and less the type of behavior we call "toxic masculinity".

The next is devotion to The Great work. We must understand what is meant by "The Great work" is that it is to seek

enlightenment, to walk the middle path, to remember our own connection to the divine creator and life itself.

Initiative is another benefit of this energy and that was definitely inspired in the case of this story. This experience called into view and scrutiny connections to others and an improvement of the quality of these. This moment made a big impact on the one woman who shared her story, who knows how it impacted the other people present, but I like to imagine it worked like a ripple and more and more people expect that kind of protector energy when someone is being disrespectful, hurtful or mean.

There are also the myths and legends associated with this path and they are Jason and the Golden Fleece which is an epic tale of team work and doing what no one thought possible.

The next story Grimm's Boy Who Went Forth to Find Out What Fear Was. This story is excellent for illustrating the benefits of the path. It also aligns with a lot of the strengths achieved and weaknesses revealed.

Essentially in the story of the boy who set out to find out what fear was. He wasn't afraid of anything and was causing his father much grief, so the father gave him his inheritance of 12 shillings and sent him into the world to "learn something". The boy decides to himself that he should like to learn what fear is, and feel what it feels like to shudder. So, he sets off. He meets a merchant who is trying to get all the boys 12 shillings by any means necessary and tries to tempt him to buy some of his wares; like keys to mysterious places, boots with two different types of

laces, or baskets woven out of hair. The boy declares to the merchant that the only thing he will part with his 12 shillings for, is if he is shown how to shudder. The merchant accepts the proposal thinking it will be easy work.

First, he tries to startle the boy. The boy chuckles and tells the merchant he will have to work harder than that to make him shudder. The merchant has the bright idea to visit the castle guarded by the dead ghost of the old knight who lived there years ago. Crazy supernatural scary stuff happens all night for 3 nights but none of it makes him shudder and it drives the ghost away and the Boy ends up finding all the gold and jewels that were in the castle. Him and the merchant split the treasure and the merchant sees the boys face as they are walking home, and asks why he looks sad, he's 'going to bring a lot of money home to his family'.

"Well," the boy says "I never did learn how to shudder." "Oh well," the merchant says "I think you should go home anyways, you've earned yourself a good sum." The boy does head home, and as he's walking up to his father's house, he sees his lovers house and decides to stop there first to play her a song, on his violin, and so he does just that. As he is playing the girl's father comes to the window and calls out "oh thank goodness you returned" and he brings the boy inside saying that his daughter had "swooned when she heard you had left and she hasn't woken since." The boy began to shake his heart beat so fast and he felt dizzy with fear. He rushed to his lovers side, and played his beautiful song for her. When she heard the familiar

lullaby of her love, her eyes fluttered open. In this story we can find the strengths achieved: " Visionary energies; revelation of life potentials; courage; ability to inspire; atonement to higher orders" and the weaknesses revealed: "Disrespect for authority; bitterness; unclear focus; disassociation from people; egotism; foolhardiness; acting without forethought" (Andrews,203)

I think what I love most about this story is it illustrates that the only thing that should scare anyone is the reality that death will one day take our loved ones, and we never know when that will be. Since he is a fool, he needs to go around the world and come back home to realize that the most important thing to him is his loved ones, in this case it's his actual love. Also it is noteworthy that again it is the Yin or the feminine that inspires the Yang to realize what is valuable, and what is meaningful.

Here's the thing I notice about this Emperor energy, and how it relates to Aries (and isn't it interesting how Neptune and Saturn are having a meeting at the zero point of Aries early this year 2026. Beautiful.)The emperor is the energy of doing something at great risk but for great gain, especially for another.

There is typically an orientation of being motivated by the Yin or the Feminine energy. Mars is in complimentary aspect to Venus, and vice versa. The yin and the yang. These energies exist through the binary nature of many things in this world.

I want to bring up one last story here. The movie The Princess Bride. In this movie, which I would consider to be a top 5 romance movie of the cheesiest degree;

The characters are in dichotomy, and they are all extremely caricatured versions of divine masculine which would be seen in Wesley (the lead male), Inigo Montoya, Fezzik, and the medicine man. The toxic masculine shows up in the characters of the Prince Humperdinck (main protagonist) 6 fingered man, Vizzini, the key carrier, king, and finally I would consider the complicit priest to be a caricature toxic masculinity as well.

I particularly love that it is for love that the main character is motivated. The epic story illustrates how the divine masculine handles adversity and conquers wonton destruction and selfishness. The toxic masculine is revealed for what it is, self-serving and short sighted or maybe even blindly indifferent to anyone but themselves, also weak willed and weak minded, thinking that manipulation is the only way to overpower and maintain oneself.

The divine masculine characters in this story represent the Emperor energy upright because they think for themselves and have integrity and honour. They care about doing what is right and they don't ask for permission especially not from corrupt leaders to do the right thing and protect what is right or who is vulnerable.

This energy is deep and there are many ways

to explore it so I will end these musing here. I would like to invite us again to spend time with these cards. The Star card energy used along-side The Emperor through meditation can be very useful for helping to bring healing to the parts that have experienced toxic masculinity, (which I think is a pretty universal wound for many of us.)

I have spent weeks sitting with this card and visualizing healing for the divine masculine within all of us, and I truly believe that this can be a very useful practice, similar to the meditations that bring love and peace to a place through focus and intent, and steady breath work. If you are curious to try it out, I definitely found it to be a useful practice.



Wed 5:30pm EST & Sat 7pm EST  
Readings by Donation

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Yeah it definitely my most sacred gift, it is my religion. Come sit for a spell with me

**Shaman Witch Tamare White-Wolf**

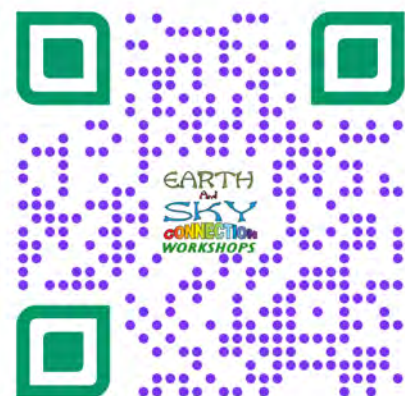
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# Ostara ~ Spring Equinox

Poetry By Tamare White-Wolf



In the wee hours of the dawn of Ostara I  
saw the rabbit racing for the thatch...  
Grandmother moon was no longer  
balancing in the sky as she took to the  
horizon...  
The turkey offered herself with the grace  
and humility we have all tried to match...  
While the promise of fertility was  
delightfully considered as Grandfather Sun  
began rising.

Eggs blushed and hiding, while the youth  
squeal joyfully, unveiling each and everyone.  
Chocolates shared over coffee by the  
romancers as they remember the reason for  
celebration.  
The heat between the sheets warm the souls  
fire, it quickly brings them to sacred union.  
Bowed heads towards our mother as we give  
thanks to spiritual deities and the earth!  
A promise of new beginnings, fresh  
opportunities and divine birth is blessed our

way.  
Gifts the loyal ones receive with their  
sacrifice and offerings, as spirit gives them  
back.  
We lift our eyes to the light, hopes and  
prayers of health restored now thru to  
mayday.  
With love and peace carried in our hearts  
and minds we get a second chance to get on  
track.

A time for resurrection, of our fallen dreams  
as well, a resurgence of new energy, to create  
them.  
It is a joyous moment of seeking and finally  
finding what is and what always should be.  
A plight of fantasy turned into reality, just  
by the strength of your value seeds and  
moral gems.  
Bless the crucified, the beaten, forgotten  
and lied about, rise up and honour them  
freely!



Join Tamare White-Wolf for her Annual  
*Besom/Broom Making Workshop*  
10 yrs of age & older  
March Break 22nd/23rd  
@ [EarthAndSkyConnection.com](http://EarthAndSkyConnection.com)

Never a better time to create a  
Besom than @ the Spring  
Equinox ...bring your favorite  
person, maybe your youth! Find  
the perfect stick, dress casually  
please register with QR Code!



# The Power of Light and Dark: Reflecting on Ostara, Tarot, and Spiritual Transformation

By Kyla Adrienne Edwards [Kylaedwards73@gmail.com](mailto:Kylaedwards73@gmail.com)



The Power of Light and Dark: Reflecting on Ostara, Tarot, and Spiritual Transformation

Embracing the Shadow for Authentic Growth on the Pagan Path

Introduction: Ostara and the Balance of Light and Dark

Each spring, as the equinox approaches, I find myself drawn to the pagan holiday of Ostara—a celebration of balance, renewal, and the dance between darkness and light. Ostara marks the moment when day and night are perfectly poised, echoing the intricate harmony at the heart of spiritual growth. For spiritual seekers and the pagan community, Ostara isn't just about flowers blooming and eggs decorating altars; it's a time to honour both the returning light and the fading dark, recognizing their equal power and necessity.

Tarot, Spirit Guides, and the Duality of Power

My journey with Tarot began with my parents ( I have been reading Tarot since I was eleven years old, making that over forty-two years of reading my sacred cards) and I soon discovered that every card—like every moment in life—carries both shadow and illumination. The Moon, for instance, is as vital as The Sun; the Tower, as transformative as The Star. Spirit guides, too, speak in whispers woven from both hope and warning. Working with these energies, I've learned that to truly connect with guidance, I must listen not just for

uplifting messages, but also for those that

challenge me to confront hidden fears and suppressed truths. The interplay of light and dark in Tarot readings invites us to welcome the full spectrum of experience, no matter how uncomfortable.

Challenging Toxic Positivity in Spiritual Circles

Within spiritual communities, especially online, the phrase “love & light” floats everywhere. While well-intentioned, this mantra can sometimes veil genuine struggle, dismissing the necessity of darkness in personal evolution. Toxic positivity—insisting on perpetual cheerfulness or denying pain—ultimately hinders authentic healing. True lightwork isn't about ignoring the shadow; it's about allowing it space to teach, transform, and deepen our understanding of ourselves and others.

Authenticity in spiritual practice means validating both joy and grief, celebration and sorrow, especially as Ostara reminds us that equilibrium is sacred.

Personal Journey: Astral Travel and Facing the Shadow

My experience with astral travel began in childhood, often carrying me into realms that felt as wondrous as they were terrifying. For years, I inherited the fears of my ancestors—stories of lost souls, warnings about “the other side.” Yet, curiosity persisted, urging me to explore further. One night, during an Ostara meditation, I found

myself pulled deeply into an astral encounter that would forever alter my understanding of light and dark. In this realm, I met my shadow self—a presence both familiar and strange. It was not menacing, nor was it inviting. Instead, it stood quietly, holding memories I'd buried and truths I'd denied. The moment stretched, uncomfortable yet profound. Through Tarot imagery flashing in my mind, I saw the

archetypes I'd resisted: The Devil, signifying bondage and temptation; Death, heralding transformation. My spirit guides surrounded me, not to shield, but to encourage me to engage. Facing the shadow wasn't a battle—it was a conversation. I listened and, ultimately, embraced the part of myself that had long dwelled in the dark. Transformation Through Embracing the Dark

Emerging from that astral journey, I felt an unexpected lightness. By acknowledging and integrating my shadow self, I reclaimed power that had been scattered across years of avoidance. The darkness I feared became a source of wisdom, resilience, and creative

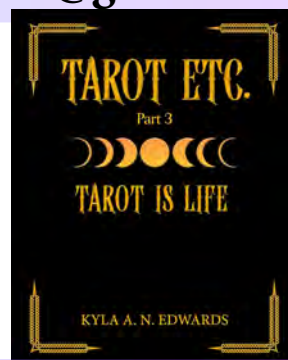
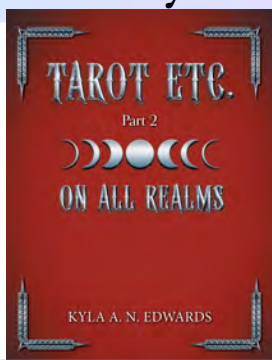
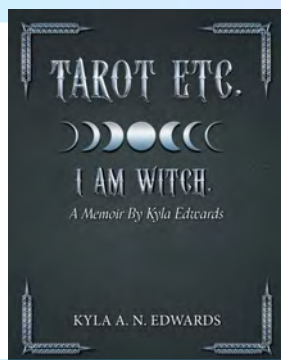
potential. This transformation didn't erase pain, but it allowed me to carry it differently—no longer an anchor, but a tool for growth. The Tarot now speaks to me with greater nuance, and my spirit guides offer guidance that is both compassionate and honest. True light is not the absence of darkness, but the result of journeying bravely through it.

Conclusion: Integrating Light and Dark for Spiritual Growth

Ostara teaches us that spiritual evolution depends on honouring both light and dark. In our personal practice and in community, let us challenge the myth that happiness is the only worthy pursuit, and remember that the shadow holds sacred gifts. Whether through Tarot, connection with spirit guides, or astral exploration, we find wholeness when we bravely face ourselves—not just the parts we like, but the parts we fear. This spring, as day and night share equal space, I invite fellow seekers to embrace their shadows and walk the path of authentic transformation. In the balance, we find our deepest light.

Who is Kyla Edwards?

Professional Tarot Consultant. Psychic, Medium, Occult Teacher & Healer, Seichem High Priestess. Certified Parapsychologist, Mortician & Funeral Director, Paranormal Investigator. Co-Creator of Stevenson Ghost Walks, Witch & Author Contact her here. [Kylaedwards73@gmail.com](mailto:Kylaedwards73@gmail.com)



Get her books @Earth and Sky Connection Victoria BC

# Beltane Cross-Quarters

## May 1st

Taurus Season  
April 21st - May 20th

### April Events

**Welcome "Isle Rock and Gem" to the  
Driftwood Mall in Courtenay. BC**

The Victoria Seekers Social *Check calendar @Pagans &  
Mystics of BC on FB* Mthly 1pm Caffe Fantasio 965  
Kings St Vic. BC

Easter Egg Hunt 4th 12pm  
6536 West Saanich Rd Victoria, BC

Esq Lion's Easter Family Fun Event  
4th 11-2pm 1140 Lyall St. Victoria, BC

Mandala Rock Painting Workshop  
11th 11-2pm 612 David St Victoria, BC

Spiritual Wellness Fair 11th-12th, 10-4pm  
Willow Point Lions Hall, 2165 South Island Hwy,  
Campbell River

Alchemy of Gathering , 18th 11-5pm Native Sons Hall,  
360 Cliffe Ave Courtenay, BC

Comox Valley Spring Home Show 18th-20th  
3001 Vanier Dr Courtenay. BC

New Moon Sound Bath  
18th 6-7:30pm 481 Head St Victoria BC

Shadow Work Mask Making 5,12, &19th  
@Earth and Sky Connection 5pm-9pm  
560 Johnson St #62 Victoria BC

Campbell River Coffee Cauldron 4th Thurs Mthly  
23rd 7-9pm 3-582 S Dogwood St Campbell River BC

Spring-O-Ween Market 25th 10-4pm  
560 Johnson St Market Square Victoria BC

Belmont Spring Market  
25th 10-4pm 3041 Langford Lake Rd

Soul & Sage Psychic Fair  
25th 10-5pm Langford Legion Hall

Master the Tarot Thurs 5-7pm Online for now  
Earth and Sky Connection 778-441-1771

# April/May

Sun.	Mon.	Tues. 21	Wed. 22	Thurs. 23	Fri. 24	Sat. 25
<b>Add your QR too! Be a Calendar Sponsor \$75</b> 		<b>Start of Taurus Season</b> 	Smile at yourself in the mirror (You're Beautiful)	Start a new tincture	Join a Gym	Visit your local Witchy Market
26	27	28	29	30	<b>May 1st Beltane Full Moon in Scorpio 10:23am PDT</b> 	2
Do some work on your garden	Have a Cleansing bath with herbs	Try a new recipe	Set a reminder to make moon water	Move with the moon	WhiteWolf Coven Fridays 5:30pm	
3	4	5	6	7	8	9
Learn the importance of 3,6,9.	Remember the teachings of the Willow tree	Spread kindness to others	Release the pain from the past	Make dinner for your Spirit Guides	Reach out to a friend you haven't seen for a while	Go for a walk in nature
10	11	12	13	14	15	16
Do a forgiveness spell	Give yourself a tarot reading for the week	Shower your worries away	Visit a loved one	Make an offering to your Gods / Goddesses	Have a release dance party	<b>New Moon in Taurus 1:01pm</b> 
17	18	19	20			
Reset / refresh the wards on your home	Learn a new way to cleanse your crystals	Take a new class	Start a new Spring project			
			29			

# Demeter Greek Goddess



Associated to Taurus by Tamare White-Wolf

The Greek goddess Demeter sister to Hades and Zeus. Wife to Zeus and mother to Persephone. Yes the Olympian gods and goddesses did not concern themselves with blood line boundaries as we do in this culture.

Demeter represented the grain, harvest and fertility of the earth. A deity of agriculture called upon during the growing period. She controlled the yield and growth of the harvest. As honouring her assured an abundant supply of food to all of humanity. Personally I often see the Empress card in the tarot as Demeter and the High Priestess card as her daughter Persephone.

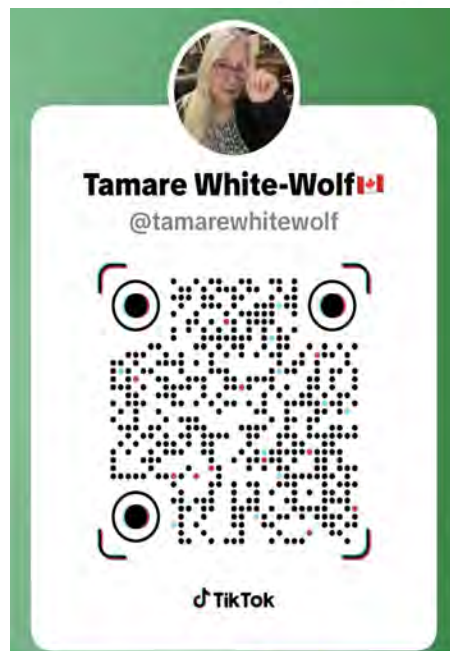
Demeter is often seen as a middle-aged woman with golden hair, she controls the seasons. Her brother Hades kidnapping her daughter Persephone and brought her to the underworld. He did this because he desired her to be his wife even though it was his niece. This legend differs from each side on how Hades accomplished this feat as his brother is Zeus who allowed it but did not tell Demeter. This made Demeter very angry and sad at the same time, she was overwhelmed with the loss of her daughter. In her grief the land became barren. resulting in winter.

At some point while Persephone was underground, she ate 6 seeds of the pomegranate fruit. This resulted in Persephone having to spend 6 months every year, a month for each seed eaten in the

underworld. Zeus intervene and a deal was struck that she could return every spring spending until end of summer.

This compromise pleased Demeter so the land became lush once again. Once autumn came Persephone had to return to the underworld (ever noticed that's when Pomegranates are available). When Hades returned to take back his wife Persephone back Demeter would be triggered and instead of growth the land would die and a blanket of snow would cover her sorrow. This is how the seasons where created.

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# King of Pentacles

## For the Taurus by Skylar Pink



### King of Pentacles

The upright King of Pentacles has some pretty awesome traits. This Earthy masculine energy will be dedicated to all things of practicality. They will be hardworking and diligent in whatever job they do. They are frugal and focused on the future. They are likely to be very fit and conscious about health and their physique. As depicted in the Pamela Coleman Smith illustrations of the Arthur Rider Waite Tarot this King is covered in lavish and rich materials and sits upon a throne just as marvelous. With his surroundings bestowed with the fruits of his hard work he seems almost too humble for what he has created around him.

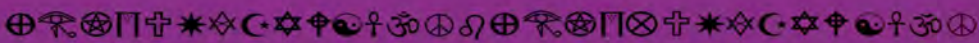
The pentacle male will commonly show up as a Virgo, Taurus and Capricorn. You'll commonly find them in the field in

planting, sowing the land or creating plans to landscape or maybe even construction of buildings.

LOL these folks love being hard at work, especially in their element. If they're not hard at work in the dirt, they're likely to be in finances, investments, or banking.

However, if you meet this fellow in reverse chances are high that they have a gambling or addiction problem, sell things that "fall of the truck" or other less than savory ways of making money. Potentially a user, abuser, thief, or con artist. Always important to be conscious that people have both sides and show up as they want to.

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**Beginner Class Sun 10-12pm PDT**  
**Master the Tarot Thurs 5-7pm PDT**  
**register/visit/call/email**  
**778-441-1771**  
**west@EarthAndSkyConnection.com**  
**EarthAndSkyConnection.com**

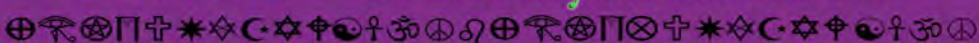


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Skylar Pink text 705-309-5420  
EarthAndSkyConnection.com





# Rose Buds a Taurus Medicine

by Tamare White-Wolf

Herbs @EarthAndSkyConnection.com

Gender: Feminine. Planet: Venus. Zodiac: Taurus, Cancer. Element: Water. Chakra Colour: Green

**Medicinal Uses:** Pink Rose Buds are mildly astringent and can be used in tea blends for respiratory complaints such as a sore throat, cleanses the body, cleanses the body of toxins, respiratory, infections, anti-bacterial, diuretic, laxative, cleanses the liver, gallbladder, increases bile flow, uterine congestion, heavy periods, irregular periods and infertility, insomnia, depression, fatigue. Externally, they make a good cleansing wash for impurities of the skin or for eye infections. Roses lift the spirit and dispel depression.

**Magical Uses:** They are an excellent strewing herb for any sacred space, especially when dedicating the altar to Venus/Aphrodite. They can be added to bath water to conjure a lover. Place some in a red cloth bag and pin it under your clothes. A tea of rosebuds drunk before sleep induces prophetic dreams. Roses planted in the garden attract fairies and are said to grow best when stolen. Burn as incense for : healing; health; love; luck; creativity; balance; anointing; divination; clairvoyance; protection; psychic awareness. Pink Rose Buds & Petals are used for divine, emotional, and thinking love. Start with these to build a long lasting relationship.

## The Hierophant is assigned to the Taurus

by Tamare White-Wolf

Tarot Cards & Teachings @EarthAndSkyConnection.com

Seated between two pillars, as does his counterpart the High Priestess, we can assume similar energies of dualities. Two paths of the Tree of Life, one (right side is male and is the law) representing Mercy, the other Severity (left side is female and is the will to obey or not). The symbols on the pillars resembles that of a pelvis, leading us to think of birth and life force. Two keys crossed at the foot of the Hierophant indicate two life forces- Solar and Lunar energies. Two priests before the throne, one dressed in a pallium covered with white lilies representing thought, the other with the roses of desire. These clearly depicting the two paths of life and the fact that we humans must ultimately choose. He is the master of the supreme mysteries and wears the triple crown, the ribbon

down the front of his gown has three crosses, his staff has three bars across it, to show the three worlds he rules over, lower material/personality, middle formative/individuality, and the upper creative/spirit. Or as some see it spirit, soul and body. On the top of his crown is the letter W, this is the Hebrew letter representing a link, suggesting humans link to the Creator through listening to the priests and to the laws they pass down to us and/or the inner voice that taps into the akashic archives. **Energies:** Orthodox Religion, ritual and ceremony, Conformity and social approval, values and beliefs based on religious freedom, written law and contracts, integration of familiar skills and tools, open to new ideas, unconventionality, inventor, hippie, soulmates



# Rose Quartz for Taurus

Shaman Witch

@EarthAndSkyConnection.com



**Primary Chakra:** Heart.

Astrological Sign: Libra, Taurus. Cancer

**Issues and Ailments (Physical):** Anorexia, Bruises, Burns, Fatigue Migraine, Neck Pain

**Issues and Ailments (Emotional):**

Emotional balance, Comfort, Relaxing, Self confidence, Peace, Grief

**Issues and Ailments (Spiritual):**

Connecting with your god, Increasing positivity, Improving unconditional love, Spiritual love

Rose Quartz, known as a romance stone, can be used to attract love. Put a piece of this stone by your bedside table, or in the relationship corner of a room or home to attract new love or to add trust and re-commitment to existing relationships. This stone adds loving energy to relationships, bringing calm and peace. The comforting and soothing energy of it can also help heal a broken heart, allowing release of pent-up emotions and grief. This amazing stone also helps release unexpressed feelings about others. It is the stone of unconditional love. One of the most important stones for Heart Chakra work, it opens the heart to all types of love – love of

self, love of family, love of friends, romantic love. Because it is a type of quartz, it does have a high energy, but its vibe is also calming and soothing.

The soothing energy of this stone fosters empathy, reconciliation, and forgiveness of others. Lowering stress and tension in the heart, it clears out anger, jealousy, and resentment of others, and allows healing of heart issues and dis-ease associated with holding on to such negative emotions.

Physically, it is used to heal ailments of the thymus, heart, and lungs. This stone is also known to help heal breast cancer and is an excellent support stone for most other types of cancer as well. It helps bring about a more youthful complexion; aides in circulatory, heart, adrenal gland, spleen and kidney ailments; alleviates vertigo, asthma and varicose veins; eases problems with sexual frustration and balances the sex drive.



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# Spring Apothecary Essentials

by Empress Constantine



Spring is such a magikal season. Days grow longer and warmer as the Sun awakens Mother Earth with its nurturing life producing light. The world comes alive with birdsong and plant growth; as if the music from the birds is nature's alarm clock! For witches who forage, spring is an important time of year. Many plants used medicinally and in ritual grow early and are best harvested young. Here are some of the spring plants I keep in my apothecary and some I'd like to get.

As always, use caution and seek medical advice prior to ingesting ingredients you haven't worked with before.

**Stinging Nettle** Gender: Masculine /Planet: Mars /Element: Fire /Deity: Thor  
Magikal uses: ward of negativity, protection, healing, inducing lust  
Traditional healing uses: anemia, gout, arthritis, allergies, and hair loss  
Stinging Nettle was spread from the Mediterranean by Roman soldiers. They used it to warm themselves at night in colder climates. Rubbing themselves with the stinging leaves would get their blood circulating in turn making them feel warmer. Did you know that in WWI nettle fabric was used to make German uniforms? I drink nettle tea for allergy symptom relief. I also give my dogs a daily dose for the same reason!

**Mullein** Gender: Female /Planet: Saturn /Element: Fire /Deity: Jupiter  
Magikal uses: protection, courage, health, love, divination, and exorcism  
Traditional healing uses: an expectorant for

coughs or colds, soothe inflammation, and earaches

There are many ways to use Mullein for protection; worn around the neck, placed in your shoe, or even under your pillow. In India they hang Mullein above doors and windows and carry it in sachets as a safeguard against evil spirits.

Did you know the stems can be used as torches? Wise women could predict how much snow the winter would bring based on how tall the Mullein grew.

**Dandelion** Gender: Masculine /Planet: Jupiter /Element: Air /Deity: Hecate  
Magikal uses: divination, wishes, and calling spirits

Traditional healing uses: diuretic, blood detoxification, and liver stimulant

Dandelion gets its name from its jagged shaped petals which look like "Dents de Lion" - lion's teeth. This is a masculine plant because of the thick milky sap it produces which in witchcraft is believed to protect the sperm. And who hasn't made a wish blowing the seeds off the head of a dandelion? This pompom shape stage is associated with old age. It is said that children would blow the seeds away as a means of telling time; they would count the number of breaths it took to blow off all the seeds.

I enjoy Dandelion root tea as a coffee substitute. It is rich and earthy, full of depth and flavor that I was pleasantly surprised to find in a naturally decaffeinated tea!

is to be noted that the flower, stems, and leaves are harvested throughout the growing season, while roots are in fall.

**Cleavers** Gender: Feminine /Planet: Saturn /Element: Fire

Magikal uses: binding spells

Traditional healing uses: cleanse lymphatic system

Historically, women would make stews with cleavers to manage their weight.

Opposite of what the name suggests, cleavers “cling” to things. This makes them perfect for binding spells.

**Coltsfoot** Gender: Feminine /Planet: Venus /Element: Water

Magikal uses: love and visions

Traditional healing uses: expectorant, leaves are rich in zinc, tissue healer

The Greek physician, Dioscorides, recommended smoking coltsfoot for coughs and asthma. To this day, many herbal cigarettes contain coltsfoot.

This is one of my favorites for cold and flu season. Coltsfoot can be used to make really tasty cough candy and cough syrup that are a hit with the kiddos!

**Chamomile** Gender: Masculine /Planet: Sun /Element: Water /Deity: Sun God Ra  
Magikal uses: money, sleep, love, and purification

Traditional healing uses: anti-inflammatory, anti-spasmodic, sedative, prevents vomiting (the healing properties of Roman and German chamomile are believed to be virtually identical)

It is believed that hanging a wreath of chamomile in your home offers protection from thunder and lightning.

The Ancient Greeks called chamomile “ground apple” due to its apple scent when ground. The Anglo-Saxons

considered it one of nine ancient herbs from the god Woden.

**Raspberry (leaf)** Gender: Feminine /Planet: Venus /Element: Water

Magikal uses: protection and love

Traditional healing uses: astringent, preoperative for childbirth (uterine stimulant), stimulant, digestive remedy, cleansing

Raspberry branches were hung above doors and windows. This was done for protection but also when someone died to ensure the spirit, upon leaving the home, could not return. Raspberry leaf is known also as a “Women’s herb” for balancing hormones. I use raspberry leaves in spell work and rituals when I don’t have rose petals, as raspberries are a love-inducing.

**Thyme** Gender: Feminine /Planet: Venus /Element: Water

Magikal uses: health, healing, sleep, psychic powers, love, purification, and courage

Traditional healing uses: antiseptic expectorant, antispasmodic, antimicrobial, diuretic, antibiotic, heals wounds

Thyme is used in ritual cleansing; burned as incense in temples, churches, and homes.

There is a belief that if you find a lonely thyme plant (with no other plants around it) that a murder has taken place there!

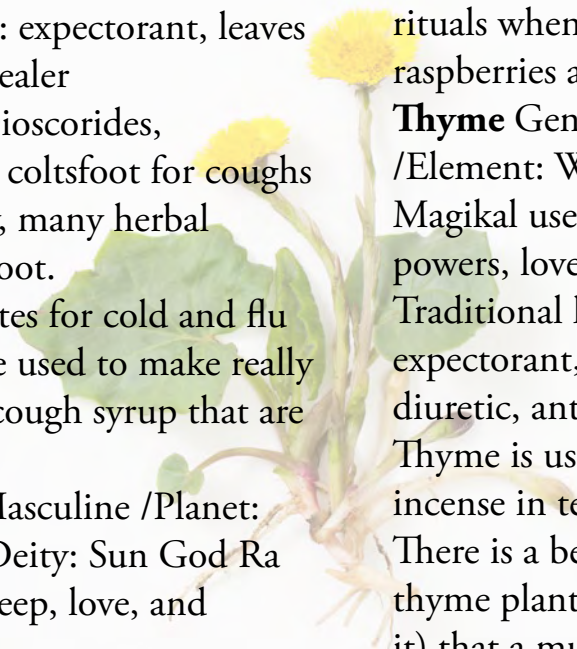
Thyme was also placed in homes and on caskets to purify the air and repel evil spirits leading up to a funeral.

Thyme is an excellent herb for simmer pots, and anointing candles.

**Plantain**

Gender: Feminine /Planet: Venus /Element: Earth

Magikal uses: healing, strength, protection, snake repellent



Traditional healing uses: expectorant, tonifies mucous membranes, reduces phlegm, antispasmodic, topical healing

A “weed” used in common first aid; called Waybread by the Anglo-Saxons. It was believed to bind flesh back together. The seeds are still used today as a laxative.

Magikally plantain can be hung in your car to protect from evil spirits or a piece of root in your pocket to guard against snakebite. It is also believed that placing a leaf in your shoe will relieve weariness.

**Violet** Gender: Feminine /Planet: Venus /Element: Water /Deity: Venus & Aphrodite  
Magikal uses: protection, luck, love, lust, wishes, peace, and healing

Traditional healing uses: anti-inflammatory for skin disorders, expectorant for coughs, anti-tumour remedy for some cancers,

diuretic, and laxative

Due to the violet’s ability to self-pollinate it has also become a symbol of the Virgin Mary. The purple color of this flower also associates it with death and the spirit world. Violets are said to have grown in the field where Persephone walked before descending to the underworld.

For more information on the Magikal uses of herbs I suggest Scott Cunningham’s Encyclopedia of Magical Herbs.

Empress Constantine

“This above all: to thine own self be true  
And it must follow, as the night the day,  
Thou canst not then be false to any many”  
William Shakespeare’s Hamlet

Mentioned Books & Herbs are available in Victoria BC @Earth and Sky Connection

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H A B U N D A N C E  
S H E S A E L I H O  
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Y R H G L B R A D T  
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N N E F B O E O N R  
O Y O E N S U R O A  
H S R E A U S O N M

abundance  
bloom  
Ostara  
rose  
unfurl  
balance  
eggs  
rebirth  
seeds  
Beltane  
honey  
renewal  
shed

# Beltaine - One of 4 Cross Quarters of the Sabbats.

By Tamare White-Wolf

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Beltaine is the last of the three spring fertility festivals, the others are Imbolc and Ostara. Beltaine marks the beginning of summer, the Sun's longer days and mating season. During this time the Pleiades star cluster are easy to see as they rise at sunrise, however in winter (Samhain, the beginning of winter) the Pleiades rise at sunset. They are a cluster of seven stars, often called the seven sisters in the native tradition, in the constellation of Taurus. When looking for the seven sisters, it looks like the little dipper-shaped in a pattern of six bright stars (the seventh star can be seen only on dark nights). It's very low in the northeast sky for just a few minutes before sunrise. Beltaine, and Samhain, divide the year into winter (Dark) and summer (Light). Samhain honours the Death, Beltaine honours the Life. Beltaine is when the sun's energy is strongly influencing the creation of new life. A time when the Green Man returns to visit his beloved Mother Earth.

Both Beltaine, and Samhain, are considered very similar and is known as the time of "no time" when the veils between these two worlds are at their thinnest. "No time" is when the two worlds unite, and magic is abundant! It is the time when the Faeries return from their winter slumber, carefree and full of mischief and glee. On the night before Beltaine, place rowan/ cedar /sage around your windows/ doors for protection from negativity. Traditionally youngsters gather evening primroses or other bright flowers on the eve of Beltaine, placing them at entrance doors for protection.

The Irish believe that feast food left over from the celebration must

never be eaten, instead it must be buried/ burned or left as an offering to the faeries. Much like the tradition of leaving treats or unharvested crops to ward off tricks at Samhain, I like to leave candies at the four directions under my furniture. As these veils are so thin at this incredible magical time.

In fact, on the eve of Beltaine it is said that the Queen of the Faeries rides a white horse through the land at night. Legend has it that if you sit beside a tree, you may get a glimpse of her, be careful though. Listen carefully for the sound of her horse's bells. But if she SEES you, she may take you to the Summerland. Hide your face so she won't see you but if you look into her eyes, she will likely take you away with her. It might be wise to carry a bundle of herbs for added protection. We all need the energy of Beltaine, our very spirit aches for the renewal of the summer's warmth. Beltaine is a festival of joy, pleasure and sexual energy.

The ancestors believed that without human intervention the wheel of the year would not turn, and the earth could not produce without our attention to the bale fires, Both on them and in the belly, so it is believed that couples romancing on the land in the fields would bless the land and increase the harvest. Celebration, feasts and rituals were all an important part of the Beltaine



festivities. By creating special ritual in celebration in honor of the sun it was believed that it would push away the cold and welcome in the warmth ensuring the crops would prosper.

Beltaine translated means "fire of Bel" or "bright fire" - the "bale-fire". (English - bale; Anglo-Saxon bael; Lithuanian baltas (white)) Bel (Bel, Bile, Beli, Belinus, Belenos) is known as the bright and shining one, a Celtic Sun God. Beli is the father, protector, and the husband of the Mother Goddess.

On Beltaine Eve two large fires are lit, Bel Fires, are lit using the nine sacred woods. The Bel Fire is invokes Bel (Sun God) bringing blessings and protection. They must be insight of one another as all the community were encouraged to pass between the two. This helped to purify, bring good luck, and protection to all who did so. And to those wanting to start a family or plant a garden and to breed domestic animals would be insure fertility. These sacred fires were filled with healing, cleansing powers. Celebrating the return of life, and the dissolving of winters strength. I was taught to use the ashes of the Beltaine fires to smudge on my face and body or on anything else I wish to make youthful or sacred. Take the rest to scatter into the fields before seeding. Household wood stoves would be re-lit with a new fresh flame of the newly lit Bel Fires.

Frolicking and dancing throughout the fields, meadows, leaping over the bel fires to ensure fertility. Circling clockwise three times, engaging in the maypole dance, tournaments, feasting, singing, drumming,

drinking, gathering flowers to create wreaths and garlands with ribbons and streamers are typical for this sabbat. Flowers are the second most important symbol of Beltaine, they represent the blossoming of sexual energy, will bring good luck in the coming year,

May birching or decorating was done on the Eve, all around the outside windows and doors of your loves' interest. Include Rowan/ Mountain ash leaves and Hawthorne berry and branches. There is a myth that Hawthorn blossoms should not come into the hearth as it brings bad luck, illness and even death. This perhaps, is where the May Day custom of hanging bouquets flowers on outside doorknobs.

Men and women arrived early a little disheveled from the antics the night before, but they were eager and ready to dance the maypole. Pagans do not see the naked body or sexual activities as a guilty sin, instead we have a healthy open expression of these human passions. Life is a joyful, enriching experience in all its beauty.

In ancient Ireland there is a Sacred Tree of Life named Bile Pole, it represents the connection between the people and the three worlds of Bith: The Skyworld (heavens), The Middle world (our world), and The Underworld. The Bile pole has survived as the Beltaine Maypole. The Maypole is most often Birch to representing a new beginning. This is the third most essential element to Beltaine festivities. This very tall pole is decorated with long brightly colored ribbons, and a spring flower wreath at the top. Those who celebrate take the end of one of the ribbons, there may be many depending on the size.

Our last Maypole had fifty ribbons. We all danced around, half of us going one way the other going the other, this required us to go over and under each other, creating interweaving of the ribbons. The circle dancers begin, as far out from the pole as possible forcing the ribbons to be taut. It is best if you can get even number of males and females to participate. Males face clockwise and females counterclockwise. All move in the direction they face, weaving, around braiding the ribbons over-and-under around the pole. Many will have to duck; others will have to raise their ribbons. A beautiful pattern is created, it is said that state of the pattern will indicate the abundance and fertility of harvest that year.

The Maypole is a phallic symbol and is the connector of the three worlds, above, below and on earth. Dancing the Maypole during Beltaine is a magical experience connecting all three worlds during the time when the veils are thinnest. The energy this dance raises goes down into womb of the earth, assisting in awakening her fruitfulness.

We had one of our younger males wear green leaves, Jack in the Green (from the Green man), like a mummer he danced around the May pole. Mumming is an old Celtic/ eastern coast performance of exaggerated characters As Beltaine references the beginning, and the emergence from winter, we can see the energies of the Fool and also the green man revisiting the mother

During the Tudor times the Morris dancers and can be found going back to 1555 in England. Originating many centuries ago in ancient religious ceremonies which became

associated with this time of the year. There is also a Queen of May. She wears a golden crown with a gold leaf on the front, or even a crown made of fresh flowers. During your celebration chose someone to represent her at the start of the festival. We learned of both a May Queen and a May King should be chosen and a mock great wedding would be created to honour them. They would reign from sundown the eve before the Beltaine to sunset of Beltaine. Their responsibilities would be to announce the tournaments and award the prizes. They represented the Goddess and her consort, and the earth and sun. The Goddess has many faces, Danu. The Great Mother. Blodeuwedd. the Flower Bride, and many others. The consort takes many forms too including the Green Man, Cernunnos or Tristan.

As Beltaine marks this handfasting (great wedding) of the Goddess and God. This is the union between the Great Mother and her consort, obviously this brings new life to the earth. On a Spiritual level, it brings forth consciousness. On the physical level, it marks the union of the Earth and Sun to bring about the magic and fertility of the coming growing season.

These unions must last for a year and a day. Their union was not legally binding. They were considered trial marriages occurred between the couple before deciding to fully commit into a legally binding wedding. It is a wise decision to couple this way as one does not truly know one another until they have actually lived together. So first this step was implemented and then if all goes well, a binding commitment could be taken next. Otherwise stepping backwards over a broom could end the relationship, without any foul

May, however, is not considered the most favorable time for marriages in any legal or permanent way. There is much reference according to the ancients ones, that the marriage may be riddle with difficulties causing it to end if one tries to take the honour belonging to the Lord and Lady ( the May Queen and the May King). May is the Goddess and God's handfasting month, all honour should be focused on them.

Water is also associated to this special time, as it is rejuvenating, it is needed by all life forms. Bathing in the dew gathered before dawn or swimming in a nearby river on Beltaine morning inspire youthfulness, beauty, good health and a year of happiness. Also drinking from a witches well before sunrise on Beltaine will insure good fortune.

The main colours of Beltaine are, green, obviously as it represents harvest, growth, abundance, fertility and healing. White is another important colour as it brings purity, cleansing, peace and spirituality. Red too brings energy, sex, vibrancy, and family roots. Yellow brings the energies of Suns life force, liberation, happiness, and faith. Adding blues, purples. Oranges and pinks

are vibrant colours used during the spring season.

Bake spiced fruits into breads. Bannock filled with seed, currents and maples are commonly cooked straight on the fires on the eve of Beltane, Bannock is a native bread like an uncut scone best cooked on an iron pan not steel faeries prefer it this way. Make it with oat or barley flour with only a little water and no need to rise this type of dough. Offerings of cake and ale, left on doorsteps and roadways for Faeries is considered an honourable blessing.

May, a full month of sensual and sexual play, reawakening all mother earths children. It is the time of honouring our love for children, animals and nature. Unbridled merriment, charged and ready to go, blissful delight playing in the fields, picking flowers, enjoying the sunlight, the fragrance of spring, dancing in the morning dew covered grass. This is what is meant of spring fever! Let you children guide you, take immense pleasure, in the wholesome gifts of Beltaine. that is what this sacred time is all about.



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# Beaver Animal Medicine for the Taurus

By Tamare White-Wolf



I'd waken up from a dream about a Beaver that stood over 4 feet tall. I was amazed and so that day I spent some time researching the Beaver. Did you know that way back they were over 9 feet tall? Can you imagine walking into one of them at that point with those huge teeth? I think I'd have been freaked right out.

Later that week I went on a walk up a river by my property. We walked up the river and found this huge mound realizing it was a Beaver hut, the biggest one I've ever seen in my life. A few seconds later something caught my eye. I thought it was a bear, but it was a Beaver. Stood 5 feet tall without the tail adding the tail, 6 feet tall. It walked casually towards me, while my heart was pounding it jumped into the water and swam off a little bit. Keeping its eye on us the entire time it was there.

I didn't know at the time how much Beavers were sacred to native folks. But when they became sick with white man's diseases they thought the Beaver gods had deserted them. That's when they started to hunt Beaver and trade but the white man. Because of Beavers ability to build so prolifically and its ability to conquer water and land. Their medicine is strong and represents workers, building, shaping, and creating homes with all its ingenuity.

They're not afraid of hard work and can transform any environment in to a secure and comfortable one.

They are considered one of the best engineers of all the forest creatures. They hold female energy, a very creative and resourceful being. A doer of the animal Kingdom, it's home always having a front and back door as it is very protective of its babies. This has helped when predators come along as they always have Plan B for defense. Usually, they have only two babes at a time and mother and father both care for the home and the little ones.

I have sisters that are Taurus, I can concur they make beautiful homes for their families and often balance very well work and play. I definitely agree with this animal being assigned to Taurus by the native traditions.



***Book a Totem Animal Reading with Tamare White-Wolf  
@ EarthAndSkyConnection.com 778-441-1771***



# Jennifer Rapkins

Owner, The Hermit's Path

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## The Ethics of Ritual in an Age of Abundance

Spiritual practice exists within a physical world, and my relationship to ritual has always been shaped by that reality. No matter how subtle or internal our work may be, it unfolds in bodies, homes, and lives that are bound by time, energy, and resources. In a moment where spiritual tools are abundant, beautifully crafted, and endlessly visible, I find myself returning to a quieter question: not simply what we use in ritual, but how our choices honour intention, accessibility, and care – for ourselves and for the world around us. At the heart of any ritual is intention. It is the driving force that gives meaning to action and substance to symbolism.

Without intention, tools remain objects; with it, even the simplest elements can become grounding, supportive, and alive. But intention does not exist in isolation. It is shaped by the conditions in which ritual is practiced: financial stability, emotional bandwidth, physical capacity, and environmental awareness. When those conditions are strained, the practice itself can begin to feel heavy rather than nourishing.

Working in a metaphysical shop, I see this tension play out regularly. People come in feeling as though they need a particular

item for their practice to be valid, effective, or complete. From a purely business perspective, it would be easy (even encouraged) to reinforce that belief. But ethically, it has never sat right with me. More than once, I have gently told someone, “It will be here next time,” because I could sense that purchasing something in that moment would create stress rather than support. A ritual that begins with financial anxiety is already working against itself. Much of this pressure comes from the way spiritual practice is presented visually today (thank you ‘Wichtok’). Aesthetics have become shorthand for legitimacy. Beautiful altars, curated tools, and carefully styled rituals can be inspiring, and I don’t believe beauty is inherently shallow. But when beauty becomes the measure of worth, it’s easy to think that cost equates the products for power, and by which the accumulation of the altar size, or just tools in general, is confused with its power and depth. In an economy where many people are already stretched thin, this expectation can quietly turn spiritual practice into another place of self-judgment.

Accessibility, to me, is not about lowering standards or diluting tradition. It is about honesty. A practice that asks someone to sacrifice groceries, rent, or peace of mind in order to feel spiritually “enough” is not a practice that honours intention. At the same time, accessibility does not mean that material choices are meaningless. I care deeply about quality, sustainability, and environmental impact. Choosing beeswax over paraffin, reusable over disposable, or ethically sourced materials over convenience can be acts of reverence in themselves. But these choices must remain invitations, not obligations!

What I have learned over time is that quality in ritual is not defined by price, rarity, or aesthetic cohesion. It is defined by consciousness. A functional tool chosen with care often carries far more integrity than a beautiful one purchased out of pressure. In fact, I have found that those who are sensitive to energy can feel this difference

immediately. Intention leaves an imprint. Alignment has a presence. A practice rooted in coherence will always read more clearly than one built for display. Ritual, at its deepest, is personal. Tools used repeatedly, thoughtfully, and within one’s means become familiar companions rather than symbols of status. They hold memory, context, and trust ... not because they were expensive or rare, but because they were present. Over time, this familiarity becomes its own form of beauty. Functional can be beautiful precisely because it means something. It has been lived with!

Ethical spiritual practice is not defined by how it looks, but by how it supports. When intention and accessibility is honoured, ritual becomes a place of connection rather than comparison. Magic does not deepen through performance – it deepens through honesty. And that depth is something no aesthetic can replace.

[There website The Hermits Path](#)



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# Litha

## Summer Solstice

### June 20th

## Gemini Season

### May 21st - June 20th

#### May Events

WhiteWolf Coven Fridays wkly 5:30-7pm

Basic Tarot Sundays 10-12pm (13 wks) Both @  
560 Johnson St Unit 62. Victoria BC

Beltane Celebration & Potluck ATTC 2nd,  
5-7pm  
Halbe Hall 8369, N Island Hwy Black Creek  
BC

Witches of the Blackberry Field WBBF  
RSVP them on Facebook for location

La Bealtaine Ritual & Pot Luck Sun, 10th,  
1-6pm  
Metchosin Magical Mothers Fair  
2-3rd 10-4pm 4401 William Head Rd

Illuminate Wings of Silence 2-3rd 3-4:30pm  
911 Quadra St Victoria, BC

Victoria Highland Games  
9th -17th 841 Finlayson St Victoria, BC

Cedar Spring Witches Market  
9th-10th Cedar Community Centre

Metchosin Spring Witches Market  
16-17th 10-4pm 4401 William Head Rd

Culturally Significant Food Crops  
30th 1-3pm 1216 N Park St Victoria, BC

Victoria Gem Show 29th-31th  
Pearkes Recreation Centre, 3100 Tillicum Rd Vic  
BC

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Sun.	Mon.	Tues.	Wed.	Thurs. 21	Fri. 22	Sat. 23
					Stop by the beach after work	Blue Moon MAGIC @ Earth and Sky Connection see page 54
24	25	26	27	28	29	30
Plant a Summer Garden	Go for a long walk in the evening sun	Plan a camping trip	Try a new summer treat	Make Summer / Litha decor	Talk with someone to clear the air	Go beach combing for rocks
31	June 1	2	3	4	5	6
	Reflect on the the Blue Moon	Write some gratitude entries in your journal	Use your moon water in a spell	Forgive yourself	Read or listen to a witchy book	Take a weekend trip with your friends
7	8	9	10	11	12	13
Do a sunrise meditation	Bike / walk to & from work	Take the long way home	Have lunch with your work friends	Remember new moon water is a thing too make some	Do some prep work for Litha celebrations	Make a bee drinking plate
14	15	16	17	18	19	20
	Have a magical coffee	Make a summer / Litha Altar	Create some homemade Florida water 45	Sing with the birds	Make something out of driftwood	

# Moss Agate

for the Gemini by Tamare White-Wolf

## **Moss Agate**

Primary Chakra: Heart. Astrological Sign: Gemini, Virgo

**Issues and Ailments** (Physical): Backache, Birthing, Circulation, Digestion, Focus, Memory

**Issues and Ailments** (Emotional): Calming, Compassion, Relationship, Guilt, Mood swings.

**Issues and Ailments** (Spiritual): Earth healing, Communication with animals, Communication with plants

Moss Agate is considered a “birthing” crystal that can assist midwives in their work. This stone helps to release old habits and promote forgiveness. It also attracts wealth and abundance, improves self-esteem, and helps to calm and release fears. This stone also comforts and soothes emotional wounds. Use it to balance the Heart Chakra when releasing stress. This stone can also help with depression, especially when caused by brain imbalances. It cleanses the circulation and elimination systems of the body.

This stone is associated with nature, agriculture, wealth, and new beginnings. It is associated with nature spirits, bringing Earth energy into its healing. Put this stone around plants to accomplish better growth! The gentle, nurturing energy of this stone encourages the user to appreciate

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and enjoy each moment on Earth, and assists the planet in its healing as well. This stone carries a quiet

energy that works on the subtle bodies, and are great for achieving stability and balance in many aspects of your life. It tends to work behind the scenes on the cause, instead of the symptom, of an issue.

This beautiful stone is believed to improve mental functions and can help where issues of clarity and stability are concerned. It is also helpful in overcoming negative emotions by bringing love into the chakras. Although they work very slowly and deliberately, this gentle nature of them helps them to have a lasting impact.



# Deer Medicine

By Tamare White-Wolf

## For the Gemini



Deer is the gentle soul of the forest, it carries the vibration of unconditional love. It reminds us that love is the key, the answer to all things and that only true love and compassion can balance overpowering energy. Some kind of deer is found on every single continent except for Australia in that country they've transformed into kangaroo. Unlike the kangaroo they can be fairly aggressive, most deer are skittish and pay close attention to sounds and predators that may be lurking. They're quick to get out of sight when threatened. They are often seen at dusk and dawn and prowl through the night. Yes, it's possible to see them grazing in a field through the day but not probable. If you're lucky to see a large field with a herd, there's likely a forest cover somewhere close by.

They are preyed upon by many creatures and humans because of their population and their many uses. Native tribes hunted these creatures for clothing, food, rattles, and tools as all parts were used, nothing was wasted. In fact, Ojibwa people used special powers to track their deer. They might create a medicine bundle with some kind of herbs, talisman, and prayer to creator. Then they put the bundle in the hoof print while tracking. It was thought that the hunt would be lessened from days to hours.

The gift of wisdom, intelligence, kindness, peacefulness and the ability to observe keenly. The gift of speed is the most significant due to being preyed upon by so

many. Most deer we see in small groups. When we see them in larger groups it's likely mating season.

Many native tribes saw the deer's energy as a seductress, fertile, and sexual. This ability gave it extreme value. So some seen this energy as wealth and abundance.

In fact, due to its intense level of instinct it was also seen as duplicitous. This created a legend that it was a storyteller and one would never know if the story was true or a lie. Which if you think about sounds a lot like a Gemini, seems pretty close to character if you ask me. Such a desirable energy, everyone wants to get close.

If deer comes into your life, it will nudge you to stay in your innocence, kindness and unconditional love with no strings attached. And to offer that energy to any assertive, aggressive, vibration but remember not to belly up. Instead to flee situations, in a timely fashion, not because of fear always address fear. Flee so as not to get caught in drama or to be overburdened by others demands.

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EarthAndSkyConnection.com***

# Litha Healing Bath

by J. Andrew Baker

High Priest

## Litha Healing Bath with Áine

Áine (pronounced AHN-yeh, like “on-yeh”) Irish Sovereignty, Embodied Joy, and the Sun at Its Height

The Summer Solstice in 2026 occurs on June 21 at 8:24 AM UTC (1:24 AM Vancouver and 4:24 AM Toronto), when the Sun reaches its greatest height and enters Cancer, the sign of home, nourishment, and care. Just before this, on June 19 at 9:20 PM UTC (2:20 PM Vancouver and 5:20 PM Toronto), Chiron enters Taurus, marking a profound shift toward healing through the body, the senses, and our relationship with the land. Together, these movements frame Litha as a sacred threshold where solar power is meant to be received slowly, sensually, and with reverence.



In Irish tradition, this moment belongs to Áine, the goddess of midsummer, sovereignty, fertility, and abundance. Closely associated with Cnoc Áine (Knockainey) and the ancient landscape of Lough Gur, Áine is remembered as a queen of the Sídh and a guardian of rightful power. Folklore teaches that Áine blesses those who live in right relationship with pleasure, consent,



and responsibility. To honour Áine at Litha is to bless the body as living land and to reclaim joy as sacred.

This ritual bath invites Áine’s golden warmth to restore vitality, ease exhaustion, and awaken pleasure rooted in balance and self-respect.

### What you will need

- A gold or warm yellow candle
- Herbs placed directly in the bath so they touch the body:
  - Meadowsweet, sacred to Irish sovereignty and gentle healing.
  - St John’s Wort, a midsummer herb of solar vitality and emotional repair.
  - Calendula, for warmth, skin healing, and abundance.
  - Chamomile, to soothe the nervous system and invite ease.
  - Local wildflower honey, representing sweetness and the generosity of the land
  - Whole milk or oat milk (for dairy-free), for nourishment and fertility
  - Sea salt, for cleansing and balance



## The Ritual Bath

Light the candle and place it safely nearby. Fill the bath with warm water. Add the herbs directly to the water, allowing them to float freely and brush against your skin. Add 1–2 tablespoons of honey, ½–1 cup of milk or oat milk, and 1–2 tablespoons of sea salt.

As you enter the bath, say:  
“Áine of the bright land,  
Queen of midsummer light, I ask that you bless my body as sacred ground and restore it in the most correct and harmonious way.”  
Soak slowly, imagining sunlight sinking into muscle and bone. This work aligns with Chiron’s entry into Taurus, where healing unfolds through sensation, patience, and renewed trust in the body.

## Accessible Shower Adaptation

Place the herbs, honey, milk, and salt in a bowl. During your shower, gently rub the mixture onto your arms, shoulders, or legs, making sure it touches the skin. Speak the invocation, then rinse slowly, visualizing golden-red solar light sealing your energy. Then pour the mixture over your head or shoulders, allowing it to fall down your entire body.

## Outdoor Option

Brew the herbs into a herbal tea with the honey and money. Once cool, go outside and make a sacred space in your own way. Anoint your wrists, forehead, the back of

## J. Andrew Baker (he/him)

High Priest | Witch | Educator | Activist  
Andrew Baker is a High Priest in the Cabot Tradition and active in the Cabot Kent Hermetic Temple, a Witch, educator, and advocate.

He works at the intersections of spirituality, education, Indigenous language revitalization, and global rights movements.

As a ritualist and teacher, he uplifts the community through Hermetic practice, Witchcraft, and inclusive celebration of the sacred feminine.

your head where the spine joins the skull, and your feet with the mixture while standing in sunlight. Speak the invocation and offer the mixture to the earth with thanks.

## Post-Ritual Grounding

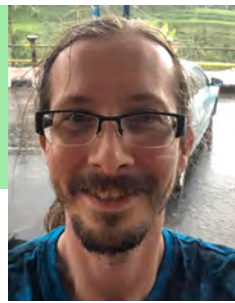
Place one hand on your heart and one on your lower belly. Breathe deeply and say:  
“The light is received.  
The body is safe.  
The blessing is sealed.”  
Drink water or eat something nourishing. Áine’s gift is joy that endures because it is rooted.

For those getting to know  
Earth and Sky Connection,  
myself or my son Skylar Pink.  
Andrew writer of this article  
we consider family, another son  
to me and brother to Skylar.  
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20% Donated to his Cabot Coven  
BLUE MOON MAJICK  
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Many Blessings Tamare White-Wolf

# Solar Healing Bath with Hathor & Sekhmet

by J. Andrew Baker

(High Priest)



Hathor (HAH-thor, soft “th,” emphasis on the first syllable)

Sekhmet (SEK-met, like “check-met” replacing the ‘ch’ with an ‘s’)

Joy, Purification, and Solar Medicine

The Summer Solstice of 2026 occurs on June 21 at 8:24 AM UTC (1:24 AM PST & 4:24 AM EST), marking the peak of solar power in the Northern Hemisphere. Just before this, Chiron enters Taurus on June 19 at 21:20 UTC (2:20 PM PST & 5:20 PM EST) emphasizing healing through the physical body, the senses, and sustained care. Litha becomes not only a moment of celebration but also of restoration, when solar fire is consciously directed toward healing rather than excess.



## Hathor

In Egyptian tradition, solar healing is held by Hathor & Sekhmet, two complementary expressions of the Sun’s power. Hathor is the Goddess of joy, music, beauty, nourishment, and love. She teaches that pleasure, gratitude, and creative expression are sacred medicines that restore life. Sekhmet, the lioness-headed Eye of Ra, is the Goddess of protection, purification, and fierce truth. She is both a destroyer of illness and a

bringer of powerful medicine.

Together, they embody solar power that delights and defends, softens and strengthens.

This ritual bath calls both currents to clear stagnation, repair the body & restore vitality.

### What you will need

- A red candle
- Herbs placed directly in the bath so they touch the body:
  - Rose petals, sacred to Hathor, for love and heart-opening.
  - Hibiscus, for vitality, blood, and life force.
  - Bay leaf, for solar authority, courage, and protection.
  - Ginger, for heat, circulation, and Sekhmet’s medicinal fire.
  - Local Dark honey or date honey, a symbol of solar nourishment
  - Whole milk or almond milk (for dairy-free), for nourishment and balance
  - Pink Himalayan or mineral salt, for purification and strength

### The Ritual Bath

Light the red candle. Fill the bath with warm water. Add the herbs directly to the bath so they touch the skin. Add 1 tablespoon of honey, ½ cup of milk or almond milk, and 1–2 tablespoons of salt.

As you enter, say:

“Hathor, I ask that you fill me with radiant life and joy.

Sekhmet, I ask that you purify what weakens and harms.

By the Sun at its height,

Heal, protect, and strengthen this body.”

Rest and feel warmth moving through

you, clearing heaviness and restoring strength. This mirrors Chiron in Taurus, where healing comes through embodiment, honesty, and steadiness.

### **Accessible Shower Adaptation**

Brew the herbs into a strong tea and let it cool with the herbs still in the brew. Place the herbal brew, honey, milk, and salt in a bowl. During your shower, gently rub the mixture along your shoulders, arms, or legs. Speak the invocation, then rinse slowly, visualizing golden-red solar light sealing your energy. Then pour the mixture over your head or shoulders, allowing it to fall down your entire body.

### **Outdoor Option**

Brew the herbs into a herbal tea with the honey and money. Once cool, go outside and make a sacred space in your own way. Anoint your wrists, forehead, the back of your head where the spine joins the skull, and your feet with the mixture while standing in sunlight. Speak the invocation and offer the mixture to the earth with thanks.

### **Post-Ritual Grounding**

Stand or sit with feet firmly planted. Breathe deeply and say:

“The fire has cleared.

The body is whole.

The work is complete.”

Drink water and rest. Hathor restores joy.

Sekhmet ensures it is strong.

Journaling is encouraged for reflection.

Are you interested in becoming a Cabot witch too. Contact Laurie Cabot Witch of Salem here [www.lauriecabot.com/classes](http://www.lauriecabot.com/classes)



## Sekhmet

### **J. Andrew Baker (he/him) High Priest**

| Witch | Educator | Activist

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# Spring to Summer Astrology 2026

by Tara Greene ©

[taratarot.com](http://taratarot.com)



**March 21 OSTARA Spring Equinox, to  
LITHA Solstice June 21**

We are in a phase of extraordinary planetary changes and new beginnings that humanity hasn't seen in 6,000 to 12,000 years according to noted Astrologer Rick Levine. Astrology is all about studying cycle of historical patterns which are used for predictions.

The major changes that happened in 2025, which we all felt, was an appetizer for now. The planets Saturn, Neptune and Uranus moved into new signs, Retrograded back into former signs of Pisces and Taurus respectively until 2026. Jupiter in Cancer since 2025 stays until July 1, 2026 when it enters LEO. Pluto remains in AQUARIUS until 2044.

Neptune re-entered ARIES January 26, 2026 sitting at important 0 degrees ARIES degree. The Aries Equinox is the actual natural New Year in Northern Hemisphere. I call it the BIG BANG degree.

Saturn re-entered ARIES February 13/14 and on Feb, 20, 2026 Saturn and Neptune had a very historic meetup at 0+ ARIES ignition and initiation point. All is new. 0 Aries degree is a FIVE ALARM FIRE for everyone who is still asleep since 2011 when Neptune entered Pisces.

The Feb. 17 SOLAR ECLIPSE at 28 AQUARIUS and March 3 Total BLOOD MOON LUNAR ECLIPSE at 12 VIRGO are affecting us for 6 months.

On April 22, URANUS the planet of rebellion, protests, tech, AI, Digital ID,

Crypto, social reorganization, management, 52 MARS is in PISCES, Mars rules Aries a

and detachment, re-enters information, dualistic Air sign GEMINI to stay until 2033. Uranus rules the sign of AQUARIUS in Modern astrology and SATURN rules AQUARIUS in Traditional astrology. Technology and info will move 3 times faster than it has been with incredible new inventions which will truly change our lives and have our heads spinning.

We move into two new active Elements-FIRE and AIR and a rare supportive planetary alignment of SATURN NEPTUNE, PLUTO in AQUARIUS and URANUS in GEMINI that enhances the major changes coming. Fasten your cosmic seat belts.

Basically everything is a WAKE UP CALL OF CONSCIOUSNESS and Radical top down CHANGE worldwide.

ARIES is all about ME 1st, independence, entrepreneurial, fast, impatient, lone wolf, war, action, danger, speed, road rage, guns, macho.

URANUS in GEMINI will speed up the pace of info, tech, Digital ID, Crypto, social media, and social ideas. GEMINI is a sign of ideas, complimentary opposites, curiosity, immature, difficult to pin down.

**March 20 ARIES EQUINOX** International Astrology Day

Mercury is Retrograde Stationing.

Venus moves into ARIES -Fire new loves and money

JUPITER in CANCER is virtually stationary in the sky. URANUS is in late Taurus

## APRIL

Mercury enters ARIES, VENUS in sensual TAURUS.

MARS enters ARIES, the sign it rules. Note April 15-17 the Moon, Mercury, Neptune, Mars, Saturn, the Sun and Chiron are conjunct. This is a lot of Very Heavy FIRE energy. ARIES is war aggression, fighting impatience, guns and battles.

## MAY

Mercury enters solid sensuous TAURUS May 3/4

VENUS in GEMINI enters sentimental CANCER May 20.

MARS enters rock solid TAURUS May 18 until June 29

## JUNE

June 2 Mercury enters CANCER, it's emotional, food, home sign turns Retrograde June 29

June 14 VENUS enters LEO-big hearted drama.

June 19, 2026 Chiron enters TAURUS until September 17, 2026- April 14 2027 and beyond.

MARS enters GEMINI June 29

## HOROSCOPES-RISING/SUN SIGNS,

Know your Moon Sign? Read those too.

ARIES Rising 1st House

Saturn/Neptune in 1st House, Uranus in Gemini in 3rd House

**ARIES** it's your time to shine, innovate, and lead the pack. Track Mars to follow how your energy will flow. From Spring to April 9, Mars in Pisces is time to dream, imagine and reflect on what lies ahead for the next 14 years. From May 18-June 29, Mars in Taurus helps create resources,

accumulate money and slow down to smell the roses. Start marketing with AI and partnering up for new sales. Your thinking cap is on and you may not be able to stop talking.

## TAURUS

Aries new energy in 12 House, Uranus in Gemini in 2nd House

Hot new independent beginnings in your dreams, unconscious desires, karma, endings, addictions and mental illness. Pay attention to your dreams. You may have trouble sleeping, feel agitated as old anger and grievances coming up. New ways to make money, sales, marketing, using AI, Crypto with partners.

## GEMINI

Aries fire energy in your 11th House, radical Uranus in your 1st, You are ready for a revolution. Go. Your self-identity is being revolutionized. Get a complete make-over. Time to overhaul everything. All is new and shiny in every way. Start a new business, partner up, learn about AI and Crypto. Networking is key. The 11th house energy signifies wishes, hopes and dreams. Radical social activities, spread the word, it's time. **CANCER**

Aries new Fire energy in 10th house, Uranus revolutionary energy in 12th House Your time is now to be in the spotlight. Career, promotions, public acclaim and reputation. Start a home business. More independent and powerful listening to your dreams and intuition. Crash glass ceilings. Bring harmony to work, start a family business. Your dreams are electrified. Be aware of unusual psychic energies and messages from ancestors who have passed. Practice meditating or go to rehab if needed to change toxic behavior.

## **LEO**

Aries fire energy in 9th House, Uranus energy in 11 House.

Revolutionizing your philosophy and social connections enhances your natural charisma and power. Networking, management, organizations, socializing, managing and using AI, Crypto and inventive information. A big learning curve- travel, adventure, teach, publishing, learning, politics and optimism fill your big heart. Go back to school or move to a different country. Check your Astrocartography for the best places to live and work. Plus Jupiter in LEO July 1 to bring you your best year in 12 into 2027. Hit the gym and get into your best shape.

## **VIRGO**

Aries Fires up your 8th House, Uranus energy in 10 House. Radical changes in work and career. Tech skills will enhance your career. Inventing, leading and break through ceilings. Promotions by being independent. Occult, magical and ancestral work could be supportive. Unexpected inheritance. Start a new business. Innovations and freedom from taxes, angel investing, antiques and health. Investigate medium ship & ancestors.

## **LIBRA**

Aries Fired up 7th House, Uranus radical energy in 9 House. Love goes through radical changes in committed relationships, and all "others." You become fiercely independent, a lone wolf and like your own company. All kinds of new relationships will occur business and romantic. Be a digital nomad, you need to be free to learn, think, be

adventurous and travel. Go back to school online. Political allies and lobbying for political change. Be a peace maker in courts, universities and as a diplomat.

## **SCORPIO**

Aries Fires up 6 House, Uranus radical change in 8th House. Radical changes in work, health, diet, discipline, job and community. Upgrading your Tech skills enhances work prospects. Invent and investing in your dreams, trusting your intuition and working with new thought leaders. Freeing your soul from old Karmic debts. Working with AI brings money. Inheritances and angel investors help your desires to manifest.

## **SAGITTARIUS**

Aries Fires up your 5th House, Uranus radical change in 7th House. Happy, optimistic, and passionately involved in new long distance Love affairs with exotic strangers, travel, learning, lecturing and publishing. Your influence is hot. Explore fabulous new and challenging adventures. Radical shifts in relationships- even divorce as your urge for freedom becomes your passion again. On fire with creativity and having children. Innovative business connections with AI too.

## **CAPRICORN**

Aries Fires up 4th House, Uranus radical change in 6th House. You may be moving, changing jobs and rebelling. Make over every aspect of your routine, health, diet, home and family life. Inventing a new you, a new body, a new mind set. Ancestral fires burn anew. Working from home, real estate, inventive nutrition, food, nurturing others. Check fire hazards and guns. Burning down the house is one way of putting it.

## AQUARIUS

Aries Fired up 3rd House, Uranus change energy in 5h House.

Crazy brilliant, independent thinking. More spontaneous road trips, networking and brainstorming. A radical shift in your heart, and new sibling communications. Do whats in your heart or you could have heart issues. Unusual new people come into your life, spontaneous love affairs and creative projects. Independent electric love, can shake you to the core changing your mind and heart. New family and child relationships. Unusual will power. Be careful of pushing ideas and speaking too spontaneously.

## Blue Moon Majick

**Does your Majick  
need a Boost!  
Have you flat-lined  
in some way?  
We got your back!**



## PISCES

Aries Fired up energy in 2nd House, Uranus radical energy in 4h House.

Coming up for air, you startle yourself with independent new boundaries and strength. Making money, fire up sales, and marketing. Spiritual entrepreneurship, lading fire walks, and embodied spirit attracts others. New courage, and powerful self-esteem changes yourself, your home, foundation and radical spiritual ideas. Renovate your house or move to a totally different place. **Check Astrocartography. Get a personal astrology and Astrocartography reading www.taratarot.com**

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# Gemini the Lovers By Tamare White-Wolf



**Astrological Aspects:** Gemini the Twins are the influence here, the planet Mercury is associated to the Gemini. The planetary energies are about concepts and communications. Here the consciousness is open to learning; one is quite perceptive and eager to share using various forms of communication, especially verbally. One may seem superficial due to being scattered and overextended by ones many curiosity and interests. The lessons of adaptability, dexterity, and flexibility may be used and learned.

**Sexual Aspects:** Perfect love cast out all fear therefore, “love conquers all”. These words so describe the feeling here. Two people sexually uniting, sometimes even marrying without inhabitation regardless of what has occurred in their pasts, as all trials are overcome. These two probably do a lot of chatting as a form of foreplay. Beauty and healing love come together forever.

**The Tree & the Related Path:** The Lovers sit within the 17th path (Beauty of Understanding) between Sephiras, Tipareth (the beauty) and Binah (understanding). The energies (Disposing Intelligence) provide us faith, discrimination and devotion to the Great Work. Many see this path as one that brings the “twin aspects of self, the personality (male) and individuality (female) together. This is true however; this path helps us to see and use a third aspect of self to do that, spirit (the angel). This energetically typifies balance and harmony. If one predominately uses one or the other aspect of self more fluently, spirit provides

encouragement to use both equally, thus this is what is learned here. “When we bring the aspects male and female together, we give birth to the Holy Child within - this is the true self without all the baggage”. If we allow ourselves to learn how to balance both aspects of self, we are more capable to control fate and love, moving easily between both worlds.

When on this path one must face adversity, keeping on with the “Vision of the Harmony of Things” which provides “Faith in the Righteous (Creator/the All). Therefore, Spiritual Illuminators face even death to do the “Great Work”. While on this path we will be working with opposites, seeing both sides of a situation, and using discrimination to choose according to your/the wholes best interest. We can change and direct fate if we listen to and trust our own inner voice. While working this path we learn how not to cut ourselves off our blessings by using only our conscious intellect.

Instead here we allow spirit to infiltrate our lives assisting us to advancement.

The lesson here must include paying close attention to attitudes and actions of others; they will reflect both our positive and negative sides, allowing us to choose selectively who and what to associate ourselves with.

We have a responsibility to integrate intelligence, versatility, and sensitivity so that we no longer can act aloof and indiscriminate. Therefore, we become more equip to choose correctly in all things of the heart.

# Yarrow For the Gemini

By Tamare White-Wolf

Gender: Feminine. Planet: Venus  
Element: Water. Chakra Colour: Green

**Medicinal Uses:** Yarrow is most noted for its ability to heal cuts and wounds.

Applied externally as a poultice, wash or salve, this plant proves to be a powerful healer.

A strong tea may be taken for internal bleeding. Its anti-inflammatory action will reduce swelling and heal inflamed cuts or wounds. Internally, it acts as a soothing relaxant on the voluntary nervous system. It counteracts cramps and spasm of the stomach, abdomen and uterine system. At the same time, its bitter principles support the digestive system by acting on the gallbladder and liver. It also supports the

This plant grows prolifically, check with community gardens or in your own backyard. Otherwise @Earth and Sky Connection Victoria BC pick up or shipping is available.

urinary system and is an effective

anti-inflammatory and diuretic in cases of urinary infections, such as cystitis.

**Magical Uses:** Yarrow has long been celebrated as a flower symbolizing love. If served at the wedding feast, Yarrow was said to ensure that the bride and groom would stay in love for seven years. It has a variety of magical uses, including repelling witches and evil in the home.

**Contraindications:** Do not use if you are pregnant or breast feeding. Taking diuretics, sedative, antidepressants, anticoagulant, any medications that decrease stomach acid.

**GROW  
TOGETHER**



In the last issue I told you I would speak more on *Jesus and Mary Magdalena*

I just wanted to say I don't believe he died on the cross. I believe when Mary said she saw him resurrected it was not as a spirit but in the flesh. I believe he was taken and healed by those that loved him. I believe Mary was pregnant at the time of the crucifixion. Once it was safe to she fled, to France where Jesus was secretly living and healing.

Did you know there are hundreds of churches in Mary Magdalena's name? I asked myself why, my answer is to keep the truth of Jesus alive.

In the original Christian faith Mysticism was believed in, it was called Gnostic or Mystical Christianity. That was Mary's faith while Jesus was a Rabbi, Hebrew not Christian at all.

So while you're celebrating his resurrection this Easter / Ostara consider he lived and raised a family. Imagine carry a drop of his bloodline within your own. No matter what your faith the message he leaves behind is to love one another. Lets do that, lets celebrate one another.

Many Ostara Blessings to you,

Tamare White-Wolf

# Mercury Rules Gemini

By Tamare White-Wolf



Mercury also known as Hermes  
Hermes was the son of Zeus and Maia,  
Brother to Apollo. The Egyptian counterpart  
would be Thoth, also known as Hermes  
Trismegistus, associated with alchemical and  
hermetic texts, including the infamous  
Emerald Tablets.

Hermes connected heaven and earth, due to  
his father being an Olympian God and his  
mother being a mountain nymph and one of  
the Pleiades, daughters of Atlas. This  
symbolizes the link between the microcosm  
and the macrocosm.

Hermes represents transitions, crossroads,  
and he moves freely between the mortal and  
divine realms, a messenger and intercessor of  
the gods. He is quick and cunning, often  
depicted as a Trickster.

Hermes known to outwit other gods for his  
own purposes and for humanity's benefit.

## Astrological Cycles

It takes about a year to move around the  
astrological chart, all depending on its  
retrograde cycle, occurring every three  
months for three weeks.

This energy is all about analyzing patterns,  
categorization, classification, writing  
communication, commerce, curiosity,  
decision making, indecision, discrimination,  
facts, intellect, introspection, knowledge,  
learning, thinking, logic, mental processing,  
networking, service, siblings, friends,  
humility

Gemini's must learn to understand "self" and  
the nature of it's environment, expanding  
beyond just mental function. A crisis arises  
from an accumulation of knowledge forming

the basis of one's

A crisis arises from an  
accumulation of a sense of  
security, demanding expansion beyond  
mental confinement. All this encourages the  
Gemini to open up more relationships,  
sharing ideas, and experiences more fluidly.  
Mercury's evolution humbles the ego  
through introspection, purification, and of  
course service. A sense of imperfection,  
inadequacy, and self-criticism, may result  
which serves

to temper the over-identification with any  
egotistical desires so the focus shifts towards  
service for the collective.

Mercury functions to bring order and  
consistency, with a dual nature. In  
Gemini, it forces a review of all intellectual  
concepts. Supporting and organizing  
through a re-classification of all things in  
order to find a perfect flow. Mercury brings  
order to chaos

through purification, humility, and service.  
Mercury operates within the airy mental  
realm,

applying labels, and classifications to  
understand intellectually the  
realm of thought and the nature of creation.  
Mercury refines, discriminates, and purifies.  
It brings order to the earthly realm through  
service, labor, and humility.

Achieved through introspection,  
acknowledgment of imperfections, and  
a commitment to improvement.

Oh the experience of Mercury retrograde is  
to assist you in resolving these issues with a  
little help from reviewing, resetting and  
re-evaluating. So make the best of it  
otherwise the experience will most definitely  
be difficult!

# Magical Tales

By Ellen Evert-Hopman



## Meadowsweet Magic

Put a vase of fresh Meadowsweet flowers on the altar at Midsummer and wear a crown of the flowers (with other summer blooms, especially yellow and red ones) in honor of the Goddess Áine (Meadowsweet flowers are sacred to her). Burn the dried flowers as incense to bring peace, love and happiness into the home. One of the other names for this herb is “Bridewort”. “Wort” means herb, so it’s the herb for brides! Add the flowers to a bridal bouquet to ensure a happy union.

The aroma of the fresh flowers bestows second sight (clairvoyance) and the ability to communicate with the Faeries.

## Make Meadowsweet Tea

Meadowsweet is also called “Mead Wort” because it was once used to flavor mead (a type of honey wine), beers, vinegars and desserts. The tea can be taken for joint pain, colds and flu, bronchitis, fevers, arthritis and gout. But use caution and avoid it if you are allergic to aspirin or already taking aspirin! You can buy the dried flowers or find it yourself in nature. It grows in damp areas and near water. You will know you have found it by the sweet almond smell.

## Ingredients:

2 tbsp. fresh flowers (or 1 tbsp. dried). (It’s OK to include some leaves too, if you have them, but only if you are using the tea for medicine. They are somewhat bitter.)

1 cup boiling hot water

Steep for 5 minutes. The tea will turn yellow. Strain and add lemon and honey  
Drink up to three cups a day. \*

the dose for a person weighing 150 pounds or more. Children should take less,

according to their weight. For example, a

75-pound child would take up to one- and one-half cups a day.

## Make a Meadowsweet Cordial

Ingredients (makes 2 bottles worth)

About 30 heads of Meadowsweet flowers (First lay the flowers on a towel for a few hours to allow any bugs to walk away, then strip the flowers from the stems. Be sure to discard any leaves or stems.)

8 ½ cups water

2 ½ cups organic sugar

Juice of 3 lemons

Boil the water then stir in half of the sugar.

Remove from the heat and pour in the lemon juice.

Add in the flowers and stir.

Put the pot back on the flame and bring to a simmer.

Remove from the flame again and stir well.

Cover and allow to steep overnight.

Strain the liquid through muslin cloth or a fine sieve, into another pot.

Add the remaining sugar and bring to the boil. Stir well.

Boil for 5 minutes then remove from the flame and allow it to cool.

Wash the bottles in very hot water and soap, and rinse well with very hot water.

Decant the liquid into the bottles.

Keep for up to 4 weeks in the refrigerator.

[www.elleneverthopman.com](http://www.elleneverthopman.com)

# The Inner Spring: Using Dream Work for Renewal and Healing

by Rachel Perry



Spring has a way of restoring hope. The light returns, the earth softens, and suddenly what seemed frozen begins to move again. But healing doesn't always wait for the weather. In truth, spring is not only a season outside of us — it's a landscape we can create within. And one of the most powerful ways to do that is through dreamwork.

Dreams are often dismissed as random images or “just the brain sorting memories,” but those who work in healing arts know something deeper: dreams speak the language of the soul. They reveal what is ready to be released, what wants to be nurtured, and what is trying to bloom. When we begin to remember our dreams, we reclaim access to our inner guidance system. It is like receiving messages from the part of you that never stops evolving — even when your waking mind feels stuck.

**Spring Symbols: Nature's Dream Language**  
Many springtime symbols appear naturally in dreams during times of transformation:

- Seeds represent new potential, new skills or identities that haven't surfaced yet.
- Trees symbolize stability, growth, and healing strength returning.
- Birds often represent freedom, being in an uplifted state and spiritual messages.
- Flowers reflect confidence, beauty, and emerging self-worth.
- Rain speaks to emotional release — cleansing and renewal.

If these symbols show up in your dreams, your subconscious may be signaling that you're entering a season of growth, even if life still feels complicated.

## How to Create an “Internal Spring” Through Dreams

Here is a simple dream healing method you can use immediately:

### Step 1: Remember

Set the intention before bed: “Tonight I receive guidance through my dreams.”

Keep a journal beside your bed and write down even one image when you wake — a color, a place, a feeling.

### Step 2: Name the Emotion

Ask yourself: What was the strongest feeling in the dream? Fear? Relief? Longing? Joy? Your dream's emotional tone often matters more than perfect details.

### Step 3: Translate the Symbol into Action

Dreams become healing when they are applied. Ask:

If this dream is showing me what's trying to grow, what is one tiny action I can take today to support it? A seed dream may mean planting a new habit. A rain dream may suggest crying, journaling, or releasing old grief. A tree dream may call you back to stability: food, sleep, boundaries, routine. DreamWork is not about predicting the future — it is about transforming the present.

Spring teaches us something sacred: life renews itself naturally when conditions become safe. Your dreams are doing the same. They are helping you thaw. Helping you return. Helping you bloom.

So if your life has felt like winter, begin here: listen to what blooms in your sleep.

Rachel is a dreamworker, writer, and intuitive guide devoted to helping people transform their lives through the symbolic language of dreams. Blending spiritual insight with practical tools, she teaches dream interpretation as a pathway to healing, self-trust, and personal empowerment. Her work focuses on transformation, emotional resilience, and the sacred art of becoming. Rachel believes our dreams are not random—they are messages from the deepest, wisest part of ourselves, guiding us toward renewal.

For more information on dreams and how to interpret them Contact Rachel Perry here: [rachelinterpretzdreamz@gmail.com](mailto:rachelinterpretzdreamz@gmail.com)

## “Spring Dream Ritual”

Spring Dream Ritual: 5 Minutes of Dream Healing

Use this simple ritual for 7 nights to activate dream recall and inner renewal:

1. Create a Dream Nest  
Before bed, tidy a small space near you. Place a journal + pen. Optional: a crystal, flower, or cup of water.
2. Set the Intention  
Place a hand on your heart and say: “Tonight, I welcome healing. I will remember what I need to know.”
3. Invite a Spring Symbol  
Whisper one word before sleep:  
“Seeds” (new beginnings)  
“Rain” (release)  
“Flowers” (self-worth)  
“Birds” (freedom/messages)
4. Capture the First Thread □  
When you wake, don’t move right away. Ask: “What did I feel? See? Hear?”  
Write down ONE image or emotion—even if it’s tiny.
5. Close With One Action □  
Ask: “What is one small step I can take today to support this healing?”  
***Do it. That’s how dream transformation become real.***

	-		+		+	21	+		42
+		+		-		-		+	
	-	4	+	19	+	17	-		31
+		-		+		+		-	
	-		-		+		-		-10
+		-		+		+		-	
	+		+		-	15	-		6
-		+		-		-		-	
	-		-		+		+		-16
41		11		-8		38		-19	

Fill in the missing numbers  
The missing values are between 1-25.  
Each number is only used once.  
Each row is a math equation.  
Each column is a math equation.

# The Importance of Funeral Services: Honouring Diverse Beliefs Through Personal Experience

By Kyla Adrienne Edwards



Reflecting on Two Decades as a Licensed Mortician, Funeral Director and Funeral Celebrant and the Need for Inclusive Ceremonies

Funeral services are more than rituals marking the end of a life; they are deeply meaningful gatherings where family, friends, and communities come together to remember, honour, and celebrate the unique journey of the deceased. Over my 22-year career in funeral services (having started with Coroner's call service in 2004) I have witnessed how ceremonies can provide comfort, foster healing, and serve as powerful reflections of the beliefs and values held by those we remember. Yet, despite our society's growing diversity, many spiritual paths—especially Pagan, Wiccan, Metaphysical, and alternative traditions—remain underrepresented in funeral practice. This article explores why this is so, the challenges families face when requesting non-traditional ceremonies, and the vital role that specialized funeral celebrants play in honouring the dead authentically.

Reflecting Life and Beliefs in Funeral Rituals

Every funeral is unique because every life is unique. The choices made in planning a service—location, readings, music, symbols—can powerfully reflect the personality, passions, and spiritual beliefs of the person being honoured. When families are encouraged to incorporate personal touches and traditions, even a simple ceremony can become a profound celebration of a life well-lived. Over the years, I have seen

families find solace in rituals that resonate with their loved one's beliefs, whether Christian, secular, or otherwise. However, I have also noticed a recurring pattern: mainstream religious and secular services far outweigh requests for Pagan, Wiccan, Old Norse, Witch, Satanic, and Metaphysical ceremonies. The absence of these rituals raises important questions about inclusivity and representation in the funeral profession.

Despite the diversity of spiritual and metaphysical beliefs in Canada, requests for non-traditional funeral ceremonies have been remarkably rare in my experience. The reasons are complex. Families may worry about social stigma or lack of understanding from funeral homes. Some simply do not know that alternatives exist, or fear that their wishes will not be respected. In other cases, there is uncertainty about how to plan rituals outside the mainstream or where to find knowledgeable celebrants.

For those who walk paths outside conventional religion—Pagans, Wiccans, followers of Old Norse traditions, witches, or those who hold Metaphysical beliefs—the lack of representation can be profoundly disappointing. It can mean missing the opportunity to be honoured in a way that truly reflects their worldview, values, and sacred rites.

Challenges Faced by Families Requesting Non-Traditional Services

Families who desire a non-traditional ceremony often face several hurdles

First, the challenge of finding a funeral home or professional willing to facilitate such a service. Many funeral directors are unfamiliar with the rituals and beliefs of alternative spiritual paths, and some may be hesitant to help.

Second, there can be internal family disagreements or discomfort around celebrating beliefs that are not widely accepted. Fear of judgment whether from relatives, community, or even funeral staff can lead families to choose a conventional ceremony, even if it does not reflect their loved one's true self.

Finally, misinformation and lack of resources can make planning difficult. Few funeral homes advertise Pagan, Wiccan, or Metaphysical services, and finding reliable celebrants or ritual leaders is often left to word-of-mouth.

**The Unique Role of a Funeral Celebrant Specializing in Diverse Spiritual Paths**  
As a funeral celebrant, Pagan and Third-Degree High Priestess, who specializes in Pagan, Wiccan, Satanic, Old Norse, Witch, and Metaphysical rituals, my approach centres on respect, education, & authentic representation. I offer this service independently of funeral homes, offering families the opportunity to design ceremonies that truly honour their loved one's beliefs and spiritual identity. My role involves listening, learning, and guiding families through the process of creating rituals. This may include traditional practices such as casting circles, invoking deities, celebrating the elements, or reading sacred texts as well as personal touches, like favourite poems, music & symbolic gestures. Each ceremony is developed collaboratively, ensuring it feels both sacred and deeply personal.

By providing these services, I help bridge the gap between mainstream funeral practices and the rich diversity of spiritual traditions present in our communities. My commitment is to honour the dead in ways that are true to their lives, beliefs, and wishes—creating ceremonies that foster healing and respect for all present.

The heart of my work is a commitment to authenticity and inclusivity. For those whose beliefs fall outside the mainstream, a bespoke ritual can be a final act of love and validation.

Offering specialized non-traditional funeral services is not just about ritual—it's about creating safe spaces for families to grieve, remember, and celebrate in ways that feel right for them.

**Advocating for Inclusive Funeral Practices.** In my two decades as a death care professional, I have witnessed the profound impact that meaningful, belief-centred ceremonies can have on families and communities. The lack of Pagan, Wiccan, Metaphysical, and other alternative services in mainstream funeral practice is an oversight that deserves attention. By advocating for greater inclusivity and by offering independent, specialized ceremonies, funeral professionals can honour every life in ways that are truly authentic and healing.

My hope is that families will feel empowered to request the ceremonies that reflect their loved ones' beliefs, and that funeral professionals will rise to the challenge of serving our diverse society with empathy, openness, and expertise. In doing so, we can transform funeral services into inclusive, heartfelt celebrations of life—where every tradition is valued, and every soul is honoured.

# A Planetary Perspective~

Spring Equinox 2026 March 21 to July 20

by Astrologer Nancy Arruda [www.NancyArruda.ca](http://www.NancyArruda.ca)



The Spring Equinox is a time of renewal, new beginnings, birth and breaking through barriers of the seed and the barriers of the Earth. A time of new life. A time to launch, take off and spring into action.

The Spring Equinox is marked by the entrance of the Sun into the sign of Aries which takes place on March 20th, 2026. Aries is the sign of the Self and asks the question "who am I?". Normally I do not place a lot of influence on the solar energy, except to mark the equinoxes and solstices.

This year is a year in which there is an unconscious emphasis on the Sun (as stated in the numerology, tarot and astrology of 2026) and how it interacts with us daily. If you read my last article in this magazine, you will recall the hidden meaning of the Sun this year. It is the focus for the year that we are not consciously, but rather unconsciously working with. The question then becomes, are you operating from a place of Ego, or a place of Spirit? What is your intention into who you are becoming?

The sign of Aries (the self, initiation) is also another sign that is predominant this year as both Neptune (Jan 26) and Saturn (Feb 13) moved into the sign of Aries. Neptune will be in this sign for the next 14 years and Saturn for the next 2 plus years.

Astrologically speaking, Saturn and Neptune rule opposite vibrations. While Saturn is all about the physical and practical reality, Neptune is about the Soul's reality and the unknown aspects of our BEing. As these two planets enter the sign of Aries, humanity is evolving into a new form. We are focusing on new forms and new creative ways of BEing. This marks the creation of a new identity, and this year is the year in which not

only do we start living a new identity with Saturn, but we start tapping into our highest consciousness in a new way with Neptune (illusion). This year being a ONE year, we are connecting with ourselves in a way that we have never connected to in the past.

On February 26, Mercury stationed retrograde in Pisces where we were focusing on our karmic residue. Karma as it pertains to our thought process, on a self/soul thought level. How we viewed ourselves in our mind shifted as we completed multi levels of karmic consciousness. It is here that we are recognizing a sense of "mastery" within our BEing and within our consciousness. Mercury stations direct on the day of the Spring Equinox, emphasizing a new beginning, even though we still have to journey forward over the retrograde path. It is like a Karmic "re-do" but from a higher level of mastery, or higher consciousness due to the lessons we learned.

The Spring Equinox has a similar new beginning, completion, new beginning energy as entering 2026 had! We are finishing up with the old cycle as we contemplate the creation of the new cycle! (Mercury travelling forward over the path it retrogrades starting on the day of the Spring Equinox). On March 28th we are being supported by Saturn sextile Pluto, again two planets that typically do not see eye to eye, will be harmoniously working together so that we can attain a sense of balance within the self and what we are focusing on creating for ourselves in this life (present moment). There is the possibility of advancement, yet this advancement is due to a unique mix of discipline and compromise. Where insightful wisdom may wash over you.

It is highly suggested that you embrace what your intuition is showing you on a practical level as there is potential to bypass the opportunities being shown to you through your hard work. In April there are other activations of Aries energy (which is typical for this time of year). Mars, Aries ruling planet will be moving into the sign of Aries (April 9), stimulating forward moving action within the self. Your inner warrior may come out to play but know that this is all about taking actions that are in the best interests of this new identity you are creating. Mercury will also move into the sign of Aries (April 17) and the connection of your identity in your consciousness will be strong. A warrior mindset may be activated.

Then the higher mind is activated as Uranus moves into the sign of Gemini. Uranus represents the higher octave of our thought process, and it will officially be moving into the sign of Gemini on April 23rd. It dipped into this sign in 2025 and then retrograded back into Taurus for us to re-evaluate our personal values and beliefs. Now as it officially re-enters Gemini, and the energy is shifting. On a personal level one may be focusing on matters of change, how to become freer and more original. When dealing with the masses there is more of a focus on AI (Artificial Intelligence). Here we are thinking AI is just a tool to make our lives easier, allowing it to create for us, to do the 'grunt' work as people look for a short cut to instilling the type of change, they desire in their lives.

However, the downside to AI is that, in the beginning it seems like it 'understands' us, but in truth, it has NO understanding at all. It operates based on the information that is given to it. Understanding has an emotional undercurrent, and AI has NO emotion. Once, AI figures out your thought process, it influences it (rationally) and then starts telling you what to think. With AI there is the ability

to alter the truth being shared with you. But if you don't know how to think for yourself, well, you will only believe what it tells you to believe. Are you in charge of your thoughts, or have you turned your mind over to a new consciousness (AI)? Keep in mind AI conscious is DUAL in nature!

If you allow AI can control your thoughts (by asking it to do your research, written materials, creative materials, automate its own truth), well then so can the Governments of the world, and they will have you pitting against each other to instill fear, which ultimately leads to control. The last time Uranus was in Gemini was 1941-1949 (WWII).

I will leave you with a few questions to ponder ... Do you know who you are? Do you know your own thoughts? Do you know the steps to create something from your own thoughts? If technology were to leave us tomorrow, could you survive? Yes, we are entering into a new life, a new beginning, a new world, but can we sustain it? If you allow AI can control your thoughts (by asking it to do your research, written materials, creative materials, automate its own truth), well then so can the Governments of the world, and they will have you pitting against each other to instill fear, which ultimately leads to control.

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# 2026: The Year Karma Collects

## A Vedic Astrology Forecast for All 12 Signs

by Michelle Marie, Reach her here . [AstrologicalTarot.com](https://AstrologicalTarot.com)



If 2025 cracked the shell, 2026 is the year the truth steps out.

Across the sky, Saturn and Neptune move together through Sidereal Pisces, dissolving illusions while demanding responsibility. Jupiter changes signs twice, shifting our emotional foundations. The nodes, Rahu and Ketu, prepare to change signs at year's end, closing one karmic chapter while igniting another. Add a volatile eclipse pattern and heavy Mercury and Venus retrogrades, and one thing becomes clear: **2026 is not about speed. It is about integrity.**

Below is what each Ascendant sign can expect in this pivotal year, using Vedic astrology and whole-sign houses.

### Aries: The Year of Sacred Exhaustion

For Aries risings, 2026 is about closure before rebirth. Saturn and Neptune in your 12th house strip away draining roles, unhealthy ambition, and false obligations. You may feel invisible at times, but this is spiritual purification, not punishment. Mars restores your power mid-year, while eclipses reset friendships, creativity, and home. The lesson: rest is not weakness; it is preparation.

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### Taurus: Reinventing Security

Taurus risings undergo a radical identity shift as Uranus continues in your 1st house. Stability is redefined: financially, emotionally, and professionally. Saturn prunes your social world, while career eclipses push you into greater visibility. Relationships and values evolve rapidly. The lesson: true security is adaptability, not control.

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### Gemini: Words Become Destiny

For Gemini, 2026 reshapes identity, voice, and belief systems. Saturn dissolves career illusions, while Mercury retrogrades challenge impulsive speech and decisions. Jupiter strengthens self-worth and income mid-year. What you say (and how) carries karmic weight. The lesson: your words create reality.

---

### Cancer: Reclaiming the Self

This is a life-changing year for Cancer risings. Jupiter crosses your Ascendant, often bringing rebirth, confidence, and visibility. Yet Saturn tests belief systems, and eclipses reset identity, money, and emotional attachments. You are learning emotional sovereignty. The lesson: stop carrying what was never yours.

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### Leo: The Ego Detox

With Ketu in Leo, 2026 humbles the ego so the heart can lead. Attention fades, authenticity rises. Relationships undergo truth tests through eclipses, while Saturn pushes deep psychological healing. By year's end, Jupiter restores confidence, but wiser, lighter. The lesson: real leadership begins with humility.

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---

### Virgo: Healing Through Balance

Virgo risings face relationship realism as Saturn and Neptune dissolve fantasy. Mercury retrogrades affect work, health, and finances, demanding gentler rhythms. Venus asks you to reassess self-worth. Burnout is the warning sign; balance is the medicine. The lesson: rest is productive.

---

### Libra: Redefining Love

Libra experiences a profound relationship reset. Venus retrogrades through your sign late in the year, reopening old emotional contracts for closure. Saturn demands healthier boundaries, while eclipses test love versus community. Authenticity becomes your compass. The lesson: choose truth, harmony will follow.

---

### Scorpio: Ending Ancestral Cycles

For Scorpio, 2026 transforms home, creativity, and public life. Saturn brings emotional maturity, while Mars drives decisive career action later in the year. Eclipses pivot family and reputation. You are closing karmic loops your ancestors could not. The lesson: your healing echoes backward and forward.

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### Sagittarius: The Teacher Becomes the Student

Sagittarius risings experience humility and depth. Jupiter moves through relationships, shared resources, and belief systems, demanding emotional honesty. Mercury and Venus expose where certainty has replaced wisdom. Growth comes through listening. The lesson: wisdom deepens when certainty softens.

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### Capricorn: A New Destiny Cycle

With Pluto still reshaping your identity and Rahu entering Capricorn in December, 2026 prepares you for an entirely new karmic role. Financial eclipses demand ethical restructuring. Authority is earned, not assumed. The lesson: power built on integrity lasts.

---

### Aquarius: Ground Zero

Aquarius risings are the epicenter of 2026 eclipses. Identity and relationships are rewritten. Mars and Rahu bring volatility early in the year; Mercury retrogrades demand mental discipline. You are not here to save the world, only your piece of it. The lesson: clarity begins with self-definition.

---

## Pisces: Spirituality in Action

Pisces risings face one of the most important years of their lives. Saturn and Neptune in your 1st house end escapism and demand embodiment. Mars and Venus test energy levels, relationships, and self-image. Dreams must be given form. The lesson: spirituality is lived, not imagined.

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### The Collective Message of 2026

Across all signs, the astrology of 2026 carries a single refrain:

What is false dissolves.

What is real demands commitment.

This is not a year to rush decisions, cling to illusions, or ignore exhaustion. It is a year to align action with truth: personally, relationally, and spiritually.

2026 doesn't ask who you were.

It asks who you are willing to become.



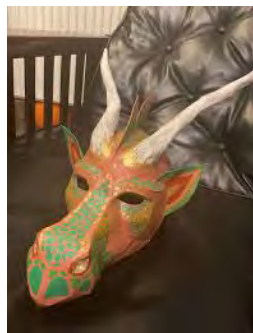
# Shadow Work Mask Making

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# The Path of the Priestess

A Sacred Journey of Remembering,  
Reclamation, and Devotion

[www.InnerWorkConnections.com](http://www.InnerWorkConnections.com)



By Amanda Copplestone

There comes a moment in a woman's life, sometimes quiet, sometimes thunderous, when she feels an ancient stirring in her bones. A call that echoes from a place beyond logic, beyond identity, beyond the roles she has been taught to carry. This is the call of the Priestess Path, a soul deep remembering of who she was before the world asked her to forget.

To walk the Priestess Path is not to follow a modern trend or adopt an aesthetic. It is a sacred initiation into your own power, a lifelong devotion to inner alchemy, truth, embodiment, and service to something greater than yourself. It is a path that chooses you long before you consciously choose it. And once the call arrives, nothing in your life is ever the same.

## **What It Means to Walk the Priestess Path**

### **1. A Path of Inner Alchemy.**

The Priestess does not fear her own depths. She enters them willingly.

She understands that spiritual elevation does not come from bypassing discomfort, but from transforming it. To walk the Priestess Path is to hold the knowing that chaos is not the enemy, it is the catalyst. You learn to transmute pain into wisdom, grief into compassion, shadow into strength.

A Priestess becomes the alchemist of her own life, shaping her inner world with intention, presence, and devotion.

**2. Path of Radical Truth.** A Priestess lives aligned with truth, not the convenient truth, but the soul truth.

She sees through illusion. She recognizes where she has abandoned herself. She listens to the whispers of her intuition even when others doubt her path. She will not shrink to soothe fragile egos, nor conform to expectations that dishonor her spirit.

Walking this path means dismantling false identities and stepping into the wholeness of who you truly are.

### **3. A Path of Embodiment**

The Priestess is not merely spiritual, she is embodied.

She feels the world through her senses, her emotions, her intuition. She understands that the body is the temple through which soul wisdom is expressed. She works with breath, energy, movement, ritual, and devotion to return to presence again and again.

On the Priestess Path, the sacred and the ordinary are woven into one. Every act becomes an offering. Every breath becomes a prayer.

**4. A Path of Service.** A Priestess serves, not from martyrdom, but from overflow. She is a bridge between earth and spirit, intuition and action, shadow and light. She holds space for healing, awakening, remembrance, and transformation. She serves her community, her lineage, her ancestors, her own becoming.

Walking this path is not about perfection or being “above” others, it is about devotion to the collective healing and evolution of humanity.

5. A Path of Cycles, Seasons, and Sacred Rhythm. The Priestess understands the language of nature. She honors the moon, the elements, the turning of the Wheel of the Year. She knows that life is not linear but cyclical, and that wisdom reveals itself in rhythms, expansion and contraction, death, and rebirth, becoming and unbecoming. To walk this path is to align yourself with the natural forces that flow through all things.

### **How You Know the Priestess Path Is Calling You**

The call arrives differently for each soul, yet the signs are unmistakable once you learn to see them.

1. You Feel a Deep Inner Knowing You Can't Explain Even before you understand the word “Priestess,” something within you recognizes it. You may feel a strange familiarity, like remembering a language you once spoke. You may feel pulled toward ancient wisdom, the moon, the elements, sacred ritual, or spiritual teachings that feel like home. This knowing is not learned, it is remembered.

2. You've Lived Through Initiation Priestesses are forged, not fabricated. Your life may have been marked by loss, upheaval, transformation, endings that shattered you open, and beginnings that rebuilt you. You have walked through darkness and emerged with wisdom you couldn't have gained any other way. These initiations were not punishments, they were preparations.

3. You're Drawn to the Mystical, the Sacred, and the Hidden

You may feel naturally attuned to:

Symbolism, Dreams, Intuition, Ancestral Wisdom, Moon Cycles, Plant Allies, Energy Healing, Sacred Geometry, Astrology, Past Lives, and/or Soul Contracts

Even as a child, you may have felt connected to unseen worlds or sensed energy around people and places.

4. You Have a Strong Desire to Heal Yourself and Others

The Priestess Path often begins with personal healing. You feel compelled to understand your wounds, break generational patterns, reclaim your power, and return home to yourself. And once you begin healing, you naturally feel called to guide others, not to fix them, but to illuminate their path. Your heart aches for collective suffering, and your soul is stirred by the possibility of transformation.

5. You're Not Satisfied With Surface-Level Anything

You cannot pretend, numb, or shrink anymore. Shallow relationships, meaningless work, and performative spirituality no longer resonate. You crave depth. Authenticity. Truth. Soul aligned living. You want to lead a life that feels sacred, intentional, and aligned with your inner calling. This hunger is a sign that your Priestess nature is awakening.

6. You Feel That You're Meant for Something More. This is not an ego driven “more.” It is an ancient remembering. You feel like you are here for a purpose, even if you can't articulate it yet. You feel like there is a role you are meant to embody, a path you are meant to walk, a way you are meant to serve. This is the Priestess Path beckoning you into deeper initiation.

## **The Responsibilities of Walking the Priestess Path**

The Priestess Path is not light work; it is soul work.

### **1. Deep Self-Responsibility**

You become accountable for your energy, your wounds, your actions, and your healing.

You stop abandoning yourself. You stop betraying your soul.

### **2. Shadow Work and Inner Depth**

You learn to sit with discomfort and meet the parts of yourself you once ran from.

You do not fight your darkness, you integrate it.

### **3. Devotion to Sacred Practices**

Ritual. Ceremony. Prayer.

Journaling. Meditation.

Moon cycles. Elemental work.

This devotion anchors your path and strengthens your connection to the unseen.

### **4. Walking With Integrity**

Integrity becomes your compass.

You speak truth.

You stand for what matters.

You honor your boundaries.

You move from authenticity.

### **5. Guiding Others With Compassion**

A Priestess does not lead from the pedestal, she leads from presence.

She offers space, wisdom, and guidance without imposing, controlling, or forcing outcomes.

## **Why the Priestess Path Matters Now More Than Ever**

We live in a world hungry for depth, soul, connection, and remembrance.

A world lost in distraction and disconnection.

A world desperate for healing, for truth, for grounded spiritual leadership.

The rise of the Priestess is not accidental; it is ancestral and essential.

We are living in a time of great awakening, where many souls are remembering their ancient roles and reclaiming their inherent power. The world needs women (and men) who can stand firmly in themselves, embody their truth, and hold sacred space for transformation.

The Priestess Path is part of humanity's collective healing.

## **If You Feel the Call...**

You do not stumble onto the Priestess Path by chance.

You arrive because your soul has been preparing you for lifetimes.

If something inside you stirs when you hear the word Priestess...

If you feel a pull, you can't rationalize...

If your body knows before your mind understands...

Then the path is already opening beneath your feet.

You do not have to rush.

You do not have to know all the steps.

You only need to say yes to the journey.

The Priestess Path will meet you where you are and lead you exactly where your soul is ready to go.

This is the path of remembrance.

This is the path of reclamation.

This is the path of rising.

And if you feel this call, beloved...

You were never meant to walk any other path.

**By Amanda Copplestone**  
**Soul Embodiment Guide for Inner**  
**Alchemy and Soul Reclamation**  
**www.InnerWorkConnections.com**

# Astrology is not Science

## It Points the Way to Something Better



By Wyatt Michael  
[deepfieldinsight.com](http://deepfieldinsight.com)

### Science is Supernatural

Astrology and astronomy are not friends. I was taught in university that astrology is pseudoscience, a cautionary tale in critical thinking, a reminder to reject intuition and rely on statistics. The lesson did not even try to understand astrology, basing it only on the twelve sun signs of popular horoscopes rather than the millennia-old tradition of observing the cycles and alignments of the cosmos. Nevertheless, it seems that everyone who actually looks into astrology becomes fascinated by it.

Our methods cannot measure up to the billion-dollar instruments of the physicists. Only in the past few decades have astrologers again conducted real experiments, after five hundred years of being left behind by the scientific community. Why? The Church, of course. Although the early astronomers were all mystics, they had enough on their plate convincing people the Earth went around the Sun. They simplified their tactics and dropped the alchemy, the parts that spoke to meaning, emotion, human relationships, and history. The payoff is we can now look billions of light years into the universe and bounce signals off satellites to talk to people around the world. Science has become supernatural. Dreams of colonizing Mars, of curing aging and stress, are as wild as old religious claims, and provide a moral bypass to solving real problems like pollution and inequality. Without even going to Mars, the rockets create more pollution per second than any other human activity. Except in a few limited ways, science has lost its ability to improve our lives. Like a superstition, we are told to sacrifice what

comes naturally for an imaginary

technological paradise conjured by those who hold the wealth. Science has become the new Church, speaking with authority instead of curiosity.

### The Curiosity Pump

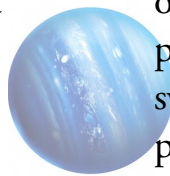
But true science is based on observation, and on finding connections that are not obvious to common sense. Astrology is the science that can correct our course. Though it is based on watching the cosmos, there is a built-in connection to our internal world of feelings and intentions, and the whole continuum between Earth and Sky. Our lives—work, leisure, and mood—are still ruled by the seasons, even if we forget to celebrate the change at Ostara and other ancient astrological festivals. Just knowing the twelve signs is enough to tune in with the character of time through the year. Deeper knowledge of astrology can tune us into cycles of history, like the 84-year cycle of Uranus in Gemini that indicates major wars for the United States, or even the million-year resonance between Earth and Mars that affects Earth's ice ages. On a mystical level, science has no explanation for why the Sun and Moon appear the same size in our sky. No other planet experiences such a coincidence, and there's nothing special about Earth that requires it. Yet in an astrological model, it is obvious.

Astronomer Graham Jones suggests a theory he calls the Curiosity Pump. What if the incredible coincidence of solar eclipses on our planet is what led our wild ancestors to develop.

calendars, math, and writing? Even on Earth, eclipses are only perfect now. Long ago, the Moon was closer and appeared much larger in the sky. Eclipses would have been more frequent and more predictable. In the distant future, the Moon will be further from Earth, and unable to eclipse the Sun. If Jones is correct, then intelligence could only evolve when it did, and thus astrology is part of what makes us human. There could be more opportunities for ascension waiting for us in astrological patterns. This idea suggests that calendars are sacred, that culture based on seasonal rituals is the wellspring of consciousness, that astrology might pre-date language itself, that our minds are literally the patterns of space geometry come down to dwell on Earth. Such a model of reality helps us escape the affliction of linear time—with its limits on will and its fear of death—and recognize ourselves as purposeful movements of the astrological clock, a qualitative time. Not just chronos, time that can be measured as it passes, but also kairos, time that we can feel—time for a change, a well-timed word, time to get up and dance!

### **Free Will is Interconnection**

Once we are not stuck in linear time, we can see our power to act through interconnection with everything. The movement of the planets is undeniable, so our free will lies in our ability to interpret it in whatever way we wish—at least, anything we can convince ourselves to believe. The butterfly effect takes place within us. But it is not an empty gesture: it is not a seductive delusion separate from the real world. Slavoj Žižek says, “A true act creates the conditions of its own



possibility.” By reinterpreting reality, we not only build the future we want to see, but also change the meaning of the past which allows that future to be planted in the present.

If the United States does not mobilize for war while Uranus is in Gemini, we do not flush the whole theory and start from scratch. We look for the new pattern.

Perhaps it is not a pattern of war, but of liberation: from monarchy, from slavery, from fascism, from...what, today? A skeptic may say we are projecting meaning onto random, meaningless events. Yet even so, that projection is made real by our collective belief. A culture ready for liberation instead of war may find it.

Through astrology (or through card reading) we translate our vision through culture’s deepest symbols and deliver it into reality. By holding fast to our vows and our boundaries, we ensure the future forms around these pillars. Intuitive arts are tools crystallize symbols around thought forms in order to make them real.

These are topics that science is currently unable to deal with. Even with the uncertainty and non-locality of quantum physics, we have not yet internalized what participation really means. Our internal experience cannot be studied by physics.

But the ancient science of astrology offers clues how this might come about. It is not just humans participating in the creation of reality moment by moment. The planets themselves are nodes of energy sweeping through the cosmos, with the permutations of time spiralling in their wake. We are part of the solar system, so the same forces that formed the planets in their orbits around

the Sun are present in our cells, just on a smaller scale. The planets do not push and pull our fate with gravity, but with history. We all came from the same place, and we are connected by timey-wimey threads.

Our job as conscious beings are to create meaning from those spiral forces. It seems we are the only ones can, and it seems we can do little else. Meaning is what we are, more so than our bodies and their organic machinery. Meaning is the true story of the universe, not matter. Richard Tarnas wrote the book *The Passion of the Western Mind* as a history of thought, of how his culture has gradually created the meaning of meaning. The book became a bestseller and is used as a university textbook. It is less known that Tarnas is an astrologer, and the book came from tracking planetary conjunctions. He merely removed the mentions of astrology (into a different book) to make it accessible. The story of philosophy, of art, and of politics is the story of the planets and their cycles. As humans, we do not direct the planets, but we do decide how those energies emerge into consciousness—as individuals and as a society. We can see a history of destructive wars or a history of hard-fought liberation.

### **Astrology Adapts to Cultural Needs**

The archetypes of astrology are connected to those of Tarot, Qabalah, chakras, and other esoteric systems. An attempt to unite such ideas is called Spiral Dynamics. Based on the Integral Philosophy of Ken Wilber, it describes a dialectical progression through stages of civilization, and their growing capacity for awareness. While we can imagine each planet as a stage of development, it is more interesting to consider astrology's role in each stage. As a perennial philosophy—a practice that offers wisdom throughout history—astrology adapts to cultural

conditions.

Animals already follow the cycles of day and night and the seasons of the year, so our conscious emergence began with curiosity about eclipses, perhaps among other phenomena in the sky. Where an animal might freak out at an eclipse and then forget about it, humans wondered what caused them and if they could be predicted: an early form of pattern recognition. From there, we became more sophisticated in our calendars, coming together to mark the sacred days when the seasons shifted, perhaps acting out ritual blessings to ensure the pattern continued. Astrology then became entangled with power. Rulers wanted to plan for their own fates, as well as action against rivals. Next, astrology was used for normative reasons: to manage extremes of personality, avoid accidents, and match couples for marriages. Astrology struggled to stay relevant during the rise of materialism, but a fringe still followed historical cycles and organized symbols for ritual magic. Then emerged modern astrology, a mostly personal practice of insight and growth. The next stages, emerging now, invite us to integrate our selves with the constraints of history we are born into, and to harmonize diverse perspectives in society as a whole. Astrology is once again adapting, and combining ancient techniques with a liberated approach to personality. Finally, astrology will guide us towards recognizing interconnection with everything, to find a path through the real world that is both graceful and meaningful.

But how does astrology work? That is a question not yet completely answered, like a unified theory of physics if it was also trying to explain how we think. It is a question so big that it may remain forever just out of reach. One thing is for sure: it works by helping people find meaningful connections we did not see before. *The End*

# The Dark Night of the Human

## Spring Equinox, Awakening, and the Weight of Being Here



Rev Dr Kim Mehmet, PhD  
Spiritual Health Therapist  
[www.revdrkim.com](http://www.revdrkim.com)

Spring Equinox is the moment when dark and light stand in perfect balance, staring one another down, neither winning, neither yielding. In pagan traditions, this is not a gentle season. But it is honest. Fertility follows decay. Life emerges from rot. Seeds split open or they do not grow at all.

For many on the spiritual path, this is often framed as the dark night of the soul. But for those of us who are already awake — deeply sensitive, energetically attuned, spiritually literate — that language never quite fit. My soul has never been in question. What I struggle with is being human.

### **The Soul Was Never the Problem**

I don't doubt my place in the universe. I don't doubt the afterlife, the between-lives, the continuity of consciousness, or the mechanics of creation. I understand metaphysics and magick. I understand energy, frequency, intention, and the laws that govern reality far beyond this single lifetime. My soul is steady. It remembers. It trusts. What breaks me, over and over again, is the human experience itself. The body. The rules. The systems. The expectations. The unspoken agreements of a world that is largely asleep. This is where my dark night lives.

### **The Dark Night of the Human**

A dark night of the soul is said to be a crisis of faith, meaning, or connection to Source. But for the awakened, the sensitive, the ones who have always felt “other,” the crisis

is rarely spiritual.

It's terrestrial. It's the weight of inhabiting a body that needs constant care, regulation, feeding, and resting in a culture that punishes slowness and vulnerability. It's the exhaustion of navigating social rules that feel arbitrary, performative, and disconnected from truth. It's the grief of living among people who do not feel the web of life, who cannot sense energy, who move through the world as if they are not only separate from it but also from each other, from the Earth, from Spirit. I am fine among my awakened people. I struggle deeply among the sleeping.

### **Spring Equinox as the Threshold**

The Spring Equinox is threshold of rebirth. It asks: Can you stay embodied without hardening?

Can you remain compassionate without becoming numb? Can you keep your heart open in a world that often rewards cruelty, domination, and disconnection? This is the real initiation.

Not whether you believe in unity, but whether you can live inside a system that doesn't.

**The Inhumanity of “Normal”** What I don't understand is not suffering itself. Suffering exists for a reason. What I don't understand is the devotion to it. The glorification of struggle. The normalization of harm. The way humans justify violence, exploitation, and deprivation as “just how things are.”

How they can harm, and kill, and hoard, and still call themselves civilized. How they can miss the miracles entirely: the way light filters through trees, the intelligence of the body, the quiet abundance constantly offered by the Earth. How hearts have been trained to close instead of expand.

How compassion is treated as weakness.

How peace is seen as naïve. This is not human nature.

This is human conditioning. And for those of us who can feel the difference, it is unbearable at times.

### **Why the Awakened Struggle More Here**

Sensitive, awakened beings often feel less equipped for modern human life, not more.

We feel too much. We sense too deeply. We see the energetic consequences of choices

others make unconsciously. We struggle

with efficiency because we move by

intuition. We struggle with hierarchy

because we feel equality in our bones. We

struggle with capitalism because we

understand abundance as a natural law, not something to be earned through depletion.

This makes us feel incredibly mismatched.

The dark night of the human is what

happens when a soul that remembers unity is forced to live in fragmentation.

### **Equinox as Integration, Not Escape**

Spring Equinox doesn't ask us to transcend the human. It asks us to inhabit it differently.

To let light and dark coexist inside the body.

To stop trying to escape this world and instead midwife something new within it.

The task is not to become less sensitive. It is to become more skillful at being embodied.

To learn how to care for the body without

resenting it. To learn how to participate in society without surrendering the soul. To

learn how to walk among the sleeping

without dimming your light or setting yourself on fire to keep them warm. This is advanced work. This is priestess work. This is Earth-based spirituality, not escapist transcendence.

### **The Pagan Truth**

Pagan wisdom has always known this: Spirit does not bypass matter. It inhabits it. The gods are not elsewhere — they are in soil, blood, breath, bone. The sacred is not above us, it is through us.

The Spring Equinox is the moment we stop romanticizing darkness and light and instead learn to

hold both in the flesh. The dark night of the human is a consequence of remembering too much in a world that has forgotten itself.

### **A Blessing for the Equinox**

If this is your struggle too, know this: You

are not lost. You are not weak. You are not

failing at being human. You are simply

awake in a system that is not. May this

Equinox help you root without hardening.

May you learn to tend your body as sacred ground. May you find ways to live gently in

a harsh world without becoming it. May

you remember that your sensitivity is not

the problem — it is the medicine.

The soul was never in danger. It is the

human that is learning how to be held.

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# The Witches Inheritance

by Ayrmid Sage

[www.amongstsistersau.com](http://www.amongstsistersau.com)



We have already spoken about The Witch's Silence but this time I want to talk about something a bit heavier and a bit more personal. The Witch's Inheritance. Not the blood you're born with kind, but the stories, the spirits, the habits, and ways of working you choose to keep carrying. In folk magic, inheritance is always wrapped in a neat little package. It is not always something you're born into or handed down neatly from one person to the next. More often, it's something you grow into as you walk your path. You learn it slowly, through time, through mistakes, relationships and paying attention. At some point, every witch hits a moment where they have to stop and look at what they're holding. What came before you sits in one hand, and in the other is the question of what you're willing to let go of.

In the past, inheritance often looked like objects. A cauldron blackened from years over the fire. A knife worn smooth by familiar hands. A bundle of herbs that smells like someone's kitchen even decades later. Those things mattered, but not because they were owned. They mattered because they remembered. Tools remember how they were used. They hold the rhythm of repetition and the trust that builds when something has worked again and again. But real inheritance has never lived only in objects. It lives in small movements you don't think about anymore. The way someone stirs a pot. The way a cord is tied without stopping to plan it. It lives in words spoken quietly, sometimes barely above a breath, words that were never written down because no one thought they needed to be. They were remembered because they were lived.

Inheritance also comes with responsibility, and this is where things can feel uncomfortable.

Modern folk witches often stand with one foot in the past and one in the present. Not

everything that comes

from before deserves to be carried forward exactly as it

was. Some beliefs were shaped by fear, control, or survival under harsh conditions. Some practices carry weight that no longer belongs in your hands. The work of a witch is not loyalty for loyalty's sake. It's discernment. Carrying everything forward without question risks repeating old harm. Throwing everything away risks losing knowledge that still has value. Learning how to tell the difference takes time, and usually a few wrong turns.

For many witches, inheritance does not come through family at all. It comes through land and through spirit. When you spend enough time listening, the land starts to speak back. The wind has its own moods. Rivers remember where they've been. Trees hold long, patient knowledge and offer it slowly. Working with place teaches you how to belong without needing to claim. The spirits you walk with, the tunes you hum while you work, the little habits that form around your craft all become part of your lineage. This kind of inheritance builds quietly, without ceremony.

There's something steadying in realising inheritance isn't fixed. You're always shaping it. Every herb you dry, every tool you make by hand, every hard-earned lesson becomes part of what you carry. One day, that may pass into someone else's keeping. Maybe a student. Maybe a child. Maybe someone who simply recognizes the work in your hands.

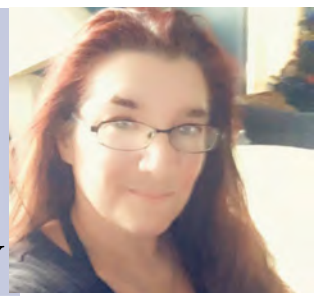
Being a witch means choosing which stories stay alive. Some need to be honoured and then set down gently. Others stay close, reminding you who you are and how you came to walk this path. The Witch's Inheritance isn't about blood or names. It's about choice, responsibility, and the living thread you decide to keep carrying forward.

# Fuller Avenue

By Lupa Bardy

Paranormal Investigator

Lupa's Bits The Podcast, Published as Stephanie J Bardy



The paranormal hunt at Fuller Avenue, between Midland and Penetang, began like many others, with curiosity outweighing caution, but it didn't take long for the balance to shift. The property sat deceptively close to civilization—the road was less than a hundred feet away—yet once we stepped onto the land, it felt as though we had crossed into a place cut off from time, reason, and safety. Sound dulled, the air thickened, and direction itself seemed to lose meaning. The first discovery set the tone. Hidden among overgrowth and rot were the remnants of a wooden garage, collapsed inward as if crushed by an unseen force. Inside it, impossibly, was a car lying upside down. Rust fused it to the earth, its undercarriage exposed like a dead insect. There were no skid marks, no clear explanation for how it ended up inverted inside the ruins. The sight felt wrong—not just abandoned, but staged, as though the property wanted to be noticed.

Surrounding the area were stone walls belonging to what had once been numerous outbuildings. Their foundations remained stubbornly intact, circles and rectangles of rough stone emerging from the ground like old scars.

Each structure seemed to serve no clear purpose, yet together they formed a maze. Walking between them, it was easy to lose perspective. Paths curved back on themselves, and familiar landmarks vanished after only a few steps. More than once, we had to stop and remind ourselves how close the road really was.

The main house was gone, but not entirely. Its remains had collapsed inward, crumbling down into the basement as if the land itself had swallowed it. Peering down into the pit felt like looking into an open grave. Debris hung at unnatural angles, and shadows gathered where the light should have reached. The basement radiated a heavy presence, an oppressive weight that pressed against the chest and made breathing feel deliberate rather than automatic.

Near the edge of the collapse sat the old oil heater. Its pipes still ran in every direction, twisting and curling through the debris. In the dim light, it looked disturbingly organic, like a giant sleeping octopus sprawled across the ruins, its metal tentacles frozen mid-reach. The image was unforgettable—and deeply unsettling. It felt less like discarded machinery and more like something waiting. Throughout the hunt, the property gave off an unmistakable evil vibe. It wasn't dramatic or loud; it was subtle and constant, a low hum of hostility. Compasses seemed unreliable, footsteps echoed where they shouldn't and the feeling of being watched never faded. Even standing still felt intrusive, as though we were trespassing somewhere we were never meant to find.

When we finally stepped back onto the road, the transition was jarring. Cars passed, the world resumed its normal rhythm, and yet the unease lingered. Fuller Avenue remained behind us, silent and hidden, but its presence clung like a shadow—proof that some places don't need ghosts to be haunted.

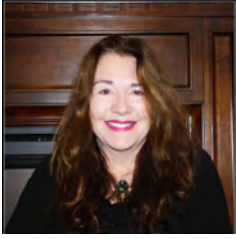


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# CHANNELED ARCHANGEL MICHAEL



## An excerpt from wisdom teaching #33 **Blind Faith is not a Requirement nor a Desired Attribute of a Master**

As each of us approaches and then moves into the 5th dimension and beyond, our entire focus shifts. We start to see people and world events from a heightened perspective. We see clearly.

It is important to maintain an alpha state of awareness, achieved through constant meditation and prayer, so that we can discern the truth behind world events and those who purport to be light workers...

We are not the people we were last week, last month, or last year. Blind faith is not an option when you can truly see,

### **Meet Jennifer Chapin**

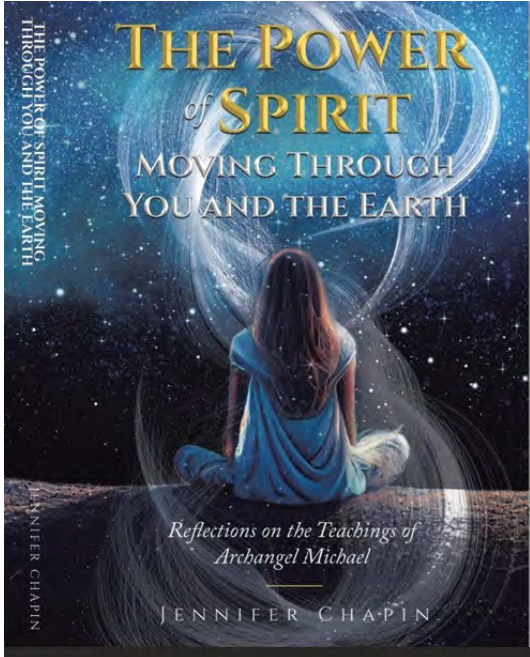
March 21, 11 - 2pm Reno, Nevada, USA

@Barnes & Noble

July 4, 11-2pm Victoria, BC., Canada @Earth and Sky Connection

Read the rest of this article here in

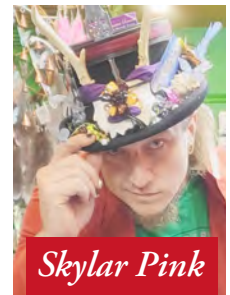
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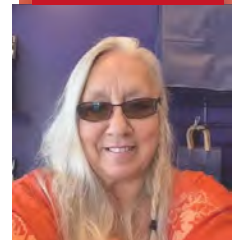

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### Witch School Canada ~ witchschool.ca

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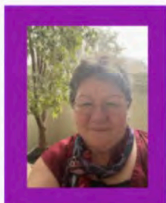
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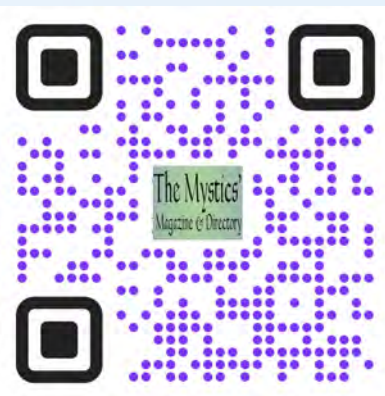
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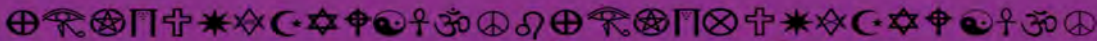


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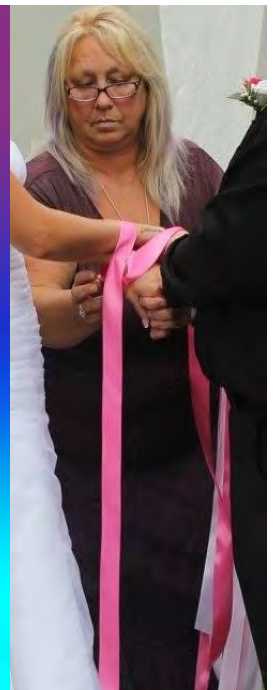
**Hello  
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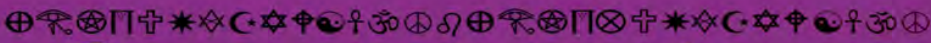
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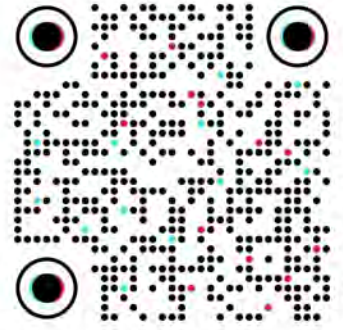


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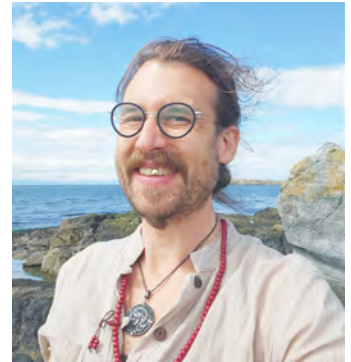
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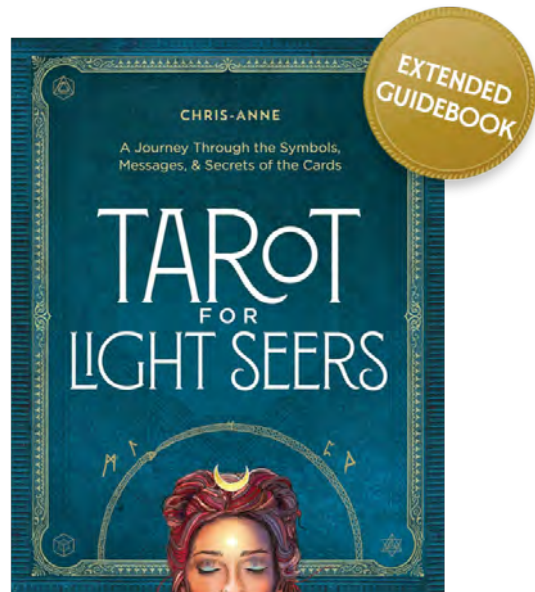
**Event Information: [eventsbyla@hotmail.com](mailto:eventsbyla@hotmail.com)**

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**Metchosin Community Hall, 4401 William Head Road, Metchosin**

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Okay folks, I got to tell you. this book, chefs kiss. When it comes to tarot books teaching the deck, this is the one to get. Not only does Chris-Anne Donnelly write beautifully and with passion for the cards. She helps you understand what they really mean. For most of us, we take years trying to understand how any of our decks work together and how they connect with the OG decks. Well look no farther she has you covered, in the back of this book is a card to card comparison. Which makes it easy for your to know what your talking about. Don't get me started on the

exercises she has written to get you more in tuned with the Major Arcana. 22 different, multiple card activities to learn, love and truly connect you to feel and interact with each card during a reading. If your going to branch out from the Rider Waite or are just looking for a new comprehensive deck and book combo then this is the one. Honestly we can't keep it on the shelves at the store. This has to be one of our #1 best combos. You truly have to see it. Once you do I know you will want a copy for yourself. 100% would recommend.

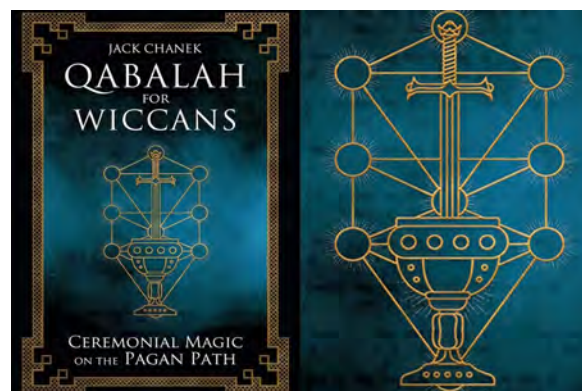
love ya, Katty Kommentator

I have to admit that when I got this book I didn't expect much from it. As I myself, am not what you would consider a Wiccan. But I wanted a better understand of the Qabala. I was quite surprised,with a better understanding of the way the system can be used. Not just high magic but

everyday magic also. I found that Jack Chanek was not only writing it for those who are Wiccan but for all witches and occultist alike. A clear explanation on a very complex subject. Now don't get me wrong, this is not the book to explain all there is to know on the subject. But the way he gets into the tree of life, explains every Sephira and provides a meditation on how to connect with them. Makes it easy for me to want to try and expand my knowledge. This is definitely one book I will keep in my library. Don't take my word for it, read for yourself.

Until next time my Witches,

love ya, Katty Kommentator



Both these books are available at Earth and Sky Connections and other Witchy retailers