

# *The Mystics' Magazine & Directory*

Renowned World Famous Amy Zerner and Monte Faber added one of their  
Watermelon delights From Their Book Signs & Seasons  
A History of Witchcraft  
The High Priestess: A Favorite Path



*Vancouver Island  
Beautiful BC Canada*

Summer Solstice June 20th, 2025 ~  
1st Edition, Series 1

# WELCOME

## To our first edition

# The Mystics'

## Magazine &

# Directory

A Word From Our Publisher & Chief Editor  
Tamare White-Wolf

It is with great pleasure we offer you this magazine in honor of a dream started many moons ago. Our team spent endless hours putting this awesome idea into a reality!

This quarterly Magazine offers varied relevant Metaphysical, Paranormal & Astrology News.

To all the Visionary's in this Spiritual and Mystical Community we hope you join in with your own story, article or suggestions. We encourage you to submit articles according to the seasons to our editor for selection and consideration.

If you want to advertise or submit an article in The Mystic, contact us here @ [TheMystics@tamarewhitewolf.com](mailto:TheMystics@tamarewhitewolf.com)

We waive the advertisement fee when you write and edit your own article.

We welcome you to participate.  
Blessed Be Tamare White-Wolf.



### About Tamare White-Wolf

The founder of Earth and Sky Connection Shoppes. A Psychic, Ordained Minister, Esoteric Teacher, Shaman Spiritualist Healer, Death Doula & Strega/Witch

In 1989, she began to practice and shared all she learned about Shamanism and Paganism, Medicine Way and Mystical lessons of Mary Magdalena, found in the Journey of the Tarot!

She believes her destiny is to share the ancient knowledge with the many wonderful people she meets along the way.

The creation of this mystical magazine and pagan festivals are some of the ways she delivers!

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Design Editor,  
Writer & Our  
Katty  
Kommentator

Kat is our talented writer and has an eye for the perfect set up on how things should look. As a Capricorn she can zero in on the details to turn the basic into the wonderful.



Research &  
Photographer

Tye the  
Paranormal

Guy is the man we go to when we need something found. He puts his heart and soul into whatever he is looking for, like a dog with a bone. But if that wasn't enough he is a talented photographer. Most of the picture in here are his.



Editor

The Wonderful  
Wordsmith we  
have is

Maggie. Her talent for history and Writing has been gifted to us. She is the reason all of this is worded properly and makes sense for all to read and understand

# Current Events

*Come find all the fun spirited & witchy things to do*

## June

Summer Solstice June 21st

Check your Local Groups for Events

Drum Journey June 21st

2:45-4:45 @Earth and Sky Connection

#62 560 Johnson St. Victoria

14th Osis Tournament

(Dagger Deep) June 21st All Day

1350 Tzouhalem Rd Duncan BC

Esbats Moon Teachings ~Mon 5-6:30pm

@Earth and Sky Connection

#62 560 Johnson St. Victoria

## July

Health, Light & Love Spiritual

Wellness Fair July 5th & 6th 10 - 4

2165 S Island Hwy, Campbell River

Metchosin Summer Witches

Market July 19th & 20th 10 - 4

4401 William Head Rd, Victoria

Summer Witches Market

July 26th & 27th 10 - 4

2388 Cedar Rd, Nanaimo

Esbats Moon Teachings ~Mon 5-6:30pm

@Earth and Sky Connection

#62 560 Johnson St. Victoria

Victoria Rock & Gem Show

July 24th-27th 10am-8pm

Eagle Ridge Centre Langford BC

## August

Vancouver Island Pagan Pride

Day August 9th 11 - 4

BC-19A, Campbell River

Esbats Moon Teachings ~Mon 5-6:30pm

@Earth and Sky Connection

#62 560 Johnson St. Victoria

## September

Spell Craft Fall Witches Market

Sept. 20th & 21st 10 - 4

4401 William Head Rd, Victoria

Alchemy of Gathering

Sept. 20th 10:30 - 6

360 Cliffe Ave, Courtenay

Nanaimo Wellness & Spirit Fair Sept 13

Cavallotti Hall 2060E. Wellington rd



**QUESTION:**

What does it mean when you see triple numbers, like 111 or 888, Or sequences 1234, I see them all the time?

**ANSWER:**

Many call these numbers Angel Numbers. It is believed to have great significance because they are considered direct messages from the universe or maybe even your own higher self.

It is thought that they come to you when you really need support during times of transformation or personal growth.

These sequences of numbers each have their own specific meaning for which if you paid attention to would help you by giving direction and confirmation.

Now for those seeing 1234 or maybe even your birthday like Oct 17 which is 1017 its a tad more complicated but generally it is like a clap on the back from the universe at what a good job you are doing staying true to yourself and your path! Theres a chart below to give you a hand-up

Blessed Be Mama Wolf

Send your QUESTIONS HERE:

[TheMystics@TamareWhiteWolf.com](mailto:TheMystics@TamareWhiteWolf.com)

**QUESTION:**

How do I find out what my personal number is and what can I do with it once I know it?

**ANSWER:**

It's easy take your birthday, say is (Oct) 10, 17, 1971

First turn each compound number into a single key.  $1+0=1$ .  $1+7=8$ .

$1+9+7+1=18 > 1+8=9$  ok now take all those single key numbers

$1+8+9=18 > 1+8=9$  Your single key number would be 9

I like the tarot card association so in this case the Hermit. This would be your life-path. Knowing it can help to keep you on track.

Below is a simple reflection of each number. Enjoy hope this helps!

Understanding  
Numberology

1 PRIMAL FORCE	2 ALL KNOWING	3 CREATIVE CHILD
4 SALT OF THE EARTH	5 DYNAMIC FORCE	6 THE CARETAKER
7 THE SEEKER	8 BALANCE AND POWER	9 THE CARETAKER
11 THE INTUITIVE	22 MASTER BUILDER	33 MASTER TEACHER

What's Your Number?

LISAVITTA.COM

000 <i>Opportunity</i>	111 <i>Intuition</i>	222 <i>Alignment</i>	333 <i>Support</i>	444 <i>Protection</i>
555 <i>Change</i>	666 <i>Reflection</i>	777 <i>Luck</i>	888 <i>Infinity</i>	999 <i>Release</i>



## *The Gods Caught a Big Fish*

*By Skylar Pink*

During Covid we sold our Ontario Earth and Sky Connection, open since 1997, to our dear friends and decided it was best that we move from Ontario to Nanaimo, British Columbia. Once we settled into our new home, we created a small shop in one of our buildings on the property. Things are going good at this little shop, but we wanted to be where the energy is bustling. As fate would have it we connected and collaborated with one of the metaphysical shops in Nanaimo and for about 9 months, it was good, until it wasn't! This experience spurred us on to bigger ventures and so we started looking for other locations. This brought us to Victoria BC and while we were just perusing empty buildings, we came across an event an called ReLove Vintage Clothing in the lower courtyard. Because of this event, we were able to see many empty stores for lease.

This was in mid September 2023. One of these stores really caught our eye as both sides store were filled with built-in shelving and cabinets, against the wall, so it was almost turned key. We connected with the landlord to get access to see the inside of these empty units. While we waited we met one of

the vendors nearby.

We started talking and she told us that the location we were looking at used to be a well-known metaphysical store. In fact, the store had been there for 40 years and closed a year and a half ago during them middle of Covid it was called Avalon we couldn't believe our good fortune. We had been attracted to this store not knowing anything about it. It makes me laugh to this day. As I imagine the gods and goddesses fishing and us being baited to bite. We were delighted with our good fortune and knew without a shadow of a doubt. This would be our new location for our main shoppe.

We began the negotiation with the landlord and without too many hurdles, we signed a lease and have never looked back.

We think it's amazing how Spirit works and how one gets put in the right place at the right time & sometimes negative energies push us to positive energies making everything so magical, so worthy and so very inspiring and perfect!

# Tamare & Skylar Mom n Son



Behind the scenes...  
the backbone of  
Earth and Sky Connection

We found our new home here in Victoria & it's heavily guarded by some interesting ghosts (I'm grateful they like us) as it used to be an Opium Den a very, very long time ago!

Come visit our beloved Earth and Sky Connection "The Metaphysical Shoppe" operated by a mother and son team!

People have shared with us that we have one of the largest selections of Books and Tarot Cards as well found we are inclusive spiritually and have representation of most pagan genres providing all needed resources!

We offer a non-biased and safe space for all to enjoy while safely investigating your spiritual path as it evolves and develops! Come feel the gentle vibes and meet the Spirit Team for yourself!



Proof that when you follow spirit and go with the flow, that's when dreams come true!  
So get out of your own way & believe in yourself!





## Canada & USA Relations

Dear USA Citizens: We have been good neighbors, friends and family, too. Our ties are deep and lives interwoven in so many areas. Many Canadians feel as if our parents broke up, moved into separate houses with new partners and now we are subject to how they feel, instead of how we feel.

Make no mistake, together we will overcome this and re-rejuvenate our relationships. For now we send our love and support. As Canada watches the USA revolt against its own administration, we stand with you the people.

We too will be found in synchronized marches and protests in honor of many of your causes! #elbowsup

One can hope the term of administration in the USA will be short and sweet. Here in Canada we face a change in leadership too. Many here feel that person is right for the job under the present circumstances of Canada's economy. Others feel the absolute opposite! The best we all can do is find a way to get along even when we find ourselves at opposite ends, we are people, we need to coexist!

### *Protest Check List*

Backpack

Eye wear

Hoodie

Spray Bottle

Skater shoes

Mask

Water Bottle

Over Mitts

We might have a little bit of help though as the planets themselves change leadership. Gratefully a much more optimistic vibration is coming for all of us mid June for a full year!

These great energies will affect your family, your home, and Realestate!

I think those people in the United States, who can, will buy property in Canada and make this a vacation place as they invest here! Canada's future is brighter than we think!

We shall see!

The Opinionated!

## Around the World

Extra, Extra, the new Pope dislikes Trump as many of the world does. Haha, well maybe not but he has said some controversial things about him, that is for sure.

If you don't know yet, after the passing of Pope Francis in April of this year, Pope Leo the 14th, from Chicago has been chosen. This Chi-town man seems to be just what the world needed, so far but, only time will tell.

One can't help but wonder if he is the last pope from *The Prophecy of the Popes*. I don't want to call him that, but with everything else going on you have to ask yourself, are we headed for the end of days as the bible has predicted?

Or are we all just seeing what we fear or want to happen? Either way we need to figure it out before the whole world blows up, metaphorically of course.

If you ask me, it is all to soon to tell but I sure don't want to be caught in the middle.

Until next time my friends. Stay safe.

Katty Kommentator



# June

June is a month of fun in the sun. Many will be sharing time with family and friends BBQs and Beaches. We wish you the blessings of Jupiter the greatest of all gifts. It shares both Gemini and Cancer vibes. Look here in this section for the magic associations.

Summer Solstice is on the eve of the 20th 7:41pm PT, the longest day of the year, Enjoy it, may the balance you need in your life be created with each step you walk on our blessed mother earth! Blessings ~ The Mystics' Team

# Goddess of the Month

*By Tamare White-Wolf*



## June's Goddess Juno & Hera



The month of June was named for the queen of the Roman Goddess, Juno. She was also known as Hera, in Greek mythology. They are the Goddess of marriage and childbirth, although ironically both had marriages plagued with many affairs by their partners Jupiter & Zeus.

One of her Priestesses was found with her partner which prompted her into a great rage, this forced her partner to transformed the woman into a white cow, in order to defeat the jealous rage of Juno/Hera, however that did not stop her from finding her. When she did, the priestess was fastened to an olive-tree in the grove.

Argus Panoptes was the man who helped her, he had a hundred eyes, he never closed more than two at a time so kept continuous guard of the priestess Io.

However, by the command of Jupiter/Zeus, Mercury succeeded in putting all his eyes to sleep with the sound of his magic lyre, ending his

life. In honor of the services Argus had rendered her, she placed his eyes on the tail of a peacock, as a lasting memorial of her gratitude towards him. Both goddesses are represented by peacocks and cows.

Women to this day hold Juno/Hera in deep respect especially during pregnancy and birth as she protects all mothers. for those having difficulty getting pregnant she is most definitely the one to invoke for added support and success. She might even be a good source of support in order in order to help you catch any woman messing with your partner. If you need a altar statue, we encourage you to please visit Earth and Sky Connection they have an extensive statuary selection. The picture above is Hera in all her beauty.

# Moonstone

*By Tamare White-Wolf*



Moon worship has been apart of history for many centuries, the triple moon goddess is known for all stages of womanhood, fertility, life, death like the cycle of the moon we go through the stages of life as maiden (waxing), mother (full moon) and crone (waning or new moon)

The Waxing moon cycle is just before the Full Moon. The Waning moon the moment after!

Wearing the right crystal can connect you to the energy of the moon during rituals

Rainbow Moonstone represents the Full Moon Energy, calling upon new beginnings, passions joy, light, fertility, creation, exploring future opportunities, balance, recharge your spirit and find clarity

Moonstone also connects to Cancer and the High Priestess Card in the Tarot.

The High Priestess is an beautiful representation not only the divine power of the cycles of the moon,

birth, death and rebirth symbolizing feminine power, duality in yin and yang, masculine and feminine, light and dark.

Physical issues: arthritis, circulation, headaches, insomnia, obesity, water retention

Emotional issues: anger, controlling, moodiness

Spiritual issues: Activating ancient wisdom, clairvoyance, energy work, dreaming, intuition and psychic protection

Primary Chakra: Sacral

Astrological Sign: Cancer, Libra, Scorpio

**Issues and Ailments (Physical):**

Arthritis      Water retention

Circulation      Obesity

Headaches      Insomnia

**Issues and Ailments**

**(Emotional):**

Anger Hope Positive Energy

Letting go of Control, Mood

Swings Emotional Balance

**Issues and Ailments (Spiritual):**

Access Ancient Wisdom

Clairvoyance      Dreaming Psychic

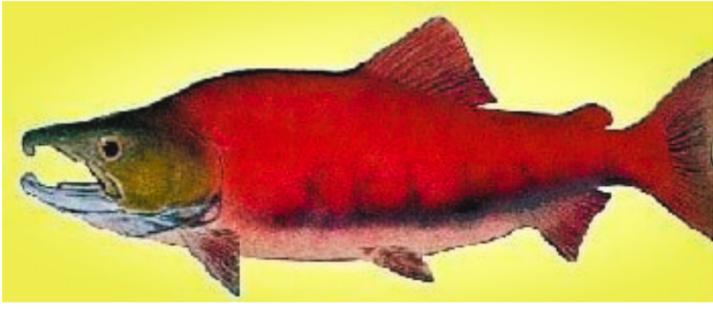
Protection      Energy Work

More about gemstones or to buy these pieces visit below website  
Blog

@EarthAndSkyConnection.com

# Animal Spirit ~ Salmon

*By Tamare White-Wolf*



Salmon has been associated to the Leo through native astrology! It is a creature that is not afraid of deep currents and pressure as it always returns making a full circle after its journeys around the universe, to wherever it was born. The process of going upstream as they do strengthens them before they give birth.

These beings are sacred wisdom keepers, deeply knowing of self and creation. One could learn a lot from them. Those were salmon medicine, honour all beings, and all experiences. They learn that even when the flow of life seems to push back at them they should connect with their inner being and Spirit. They know the journey won't be easy, but will be a worthy one.

Always a reminder to be conscious of those around you who may have hidden agendas or being manipulative. Be reflective if salmon comes into your life. You may have to trace your footsteps in

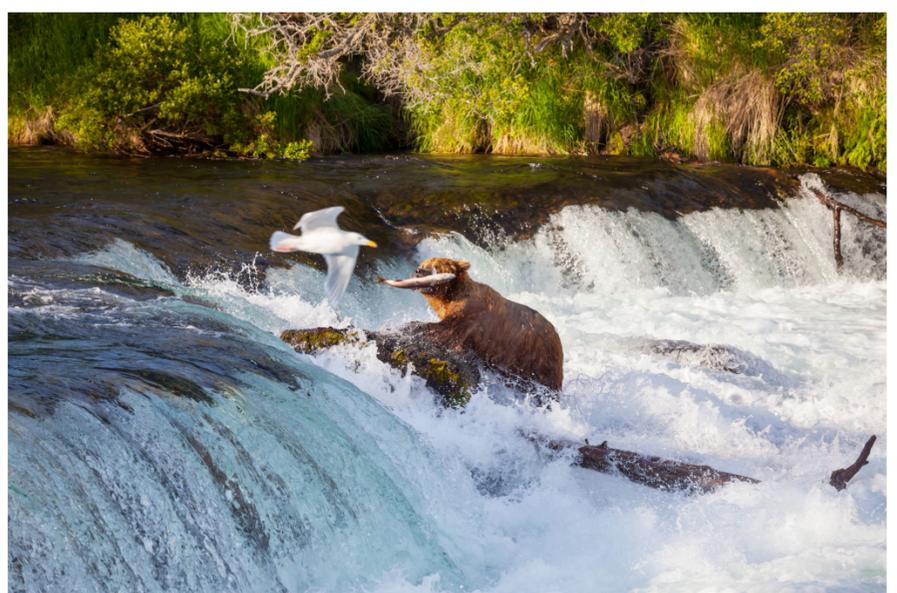
order to figure it out. Be willing to take a moment. There are many lessons when salmon comes into your life, be open to listen then be mindful of what isn't said just as much as what has been said.

Salmon is considered an honorable fish so it reminds us to stay authentic to self, swim with integrity, determination, and profound truth! Know that all difficulties are truly opportunities of growth. Applying truth to all situations will help you see hidden benefits to elevate yourself.

If ever you're feeling reckless and unable to achieve a goal ask yourself if you're ignoring the wisdom offered by Spirit.

Remember to listen to your inner knowing, the quiet voice and sit still, when in doubt sit it out. Once you have regained your centre and feel able to lead yourself instead of following others you'll know you're in the right place again so reclaim your own authority and get out of your own way and don't be surprised if you find yourself back at the beginning in order to try again, you got this!

Consider a Totem Animal Reading with Tamare White-Wolf - Online or In-Person



# *Sweetgrass a Medicine for the Soul*

*By Tamare White-Wolf*



Sweetgrass (*Hierochloa odorata*) is the sweetest smelling herb both fresh and when burned for smudging.

Common names for Sweetgrass are Holy Grass, Mary's Grass, Vanilla Grass & Buffalo Grass. Sweetgrass rhizomes and roots form a dense mat beneath the soil surface and spreads rapidly in the right landscape.

Sweetgrass can be found growing wild in wet meadows, low prairies, marshes, bogs, shaded streambanks, lakeshores and cool mountain canyons.

Sweetgrass usually grows among other grasses and shrubs; it is seldom found in pure stands. Sweetgrass flowers from June through August and is easily identified by the sweet vanilla-like fragrance of its leaves. Sweetgrass is traditionally harvested in late June or early July.

Sweetgrass harvested after exposure to frost has little sent. Care should be taken to cut Sweetgrass leaves and not to pull the grass up by its roots so it can grow again the next year. Weeding Sweetgrass areas lessens competition from other plants.

Sweetgrass burning

Use Sweetgrass in Medicine & Smudging Ceremonies Many Native tribes in North America use

sweetgrass in prayer, smudging or purifying ceremonies and consider it the most sacred of all the plants.

Sweetgrass braids smolder and doesn't produce an open flame when burned. Just as the sweet scent of this natural grass is attractive and pleasing to people, so is it attractive to good spirits.

Sweetgrass is often burned at the beginning of a prayer, blessing or ceremony to attract positive energies. Individuals smudge themselves with the smoke, washing over the eyes, ears, heart and body. Sweetgrass is one of the four medicines which comprise a group of healing plants used by the people in Anishinabe, Bode'wad mi and Odawa societies. The other three sacred herbs are tobacco, cedar and sage sweetgrass.

Sweetgrass can be used in pipe-smoking mixtures along with red willow and bearberry, when it is burned, prayers, thoughts and wishes rise up with the smoke to creator.



# *Sweetgrass a Medicine for the Soul*

## *cont.*

Medicine people keep sweet grass in the bag with their medicinal roots and herbs”.

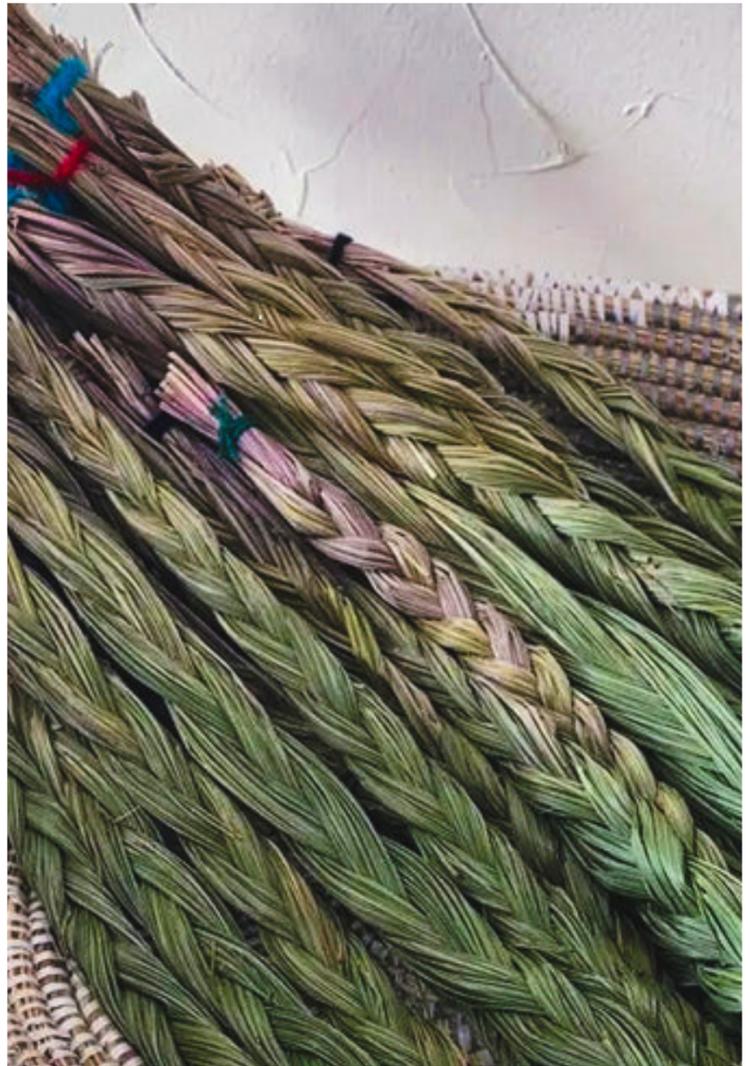
A tea is brewed for coughs, sore throats, chafing and venereal infections. It is also used by women to stop vaginal bleeding and to expel afterbirth.

Sweetgrass offer us their life so that we can use them for prayers, medicine and cleansing. The aroma produced by these herbs will help us place ourselves in an altered state of mind, bringing us into a deeper part of ourselves. When we are still and in prayer, the scent will inspire memories, awaken the soul and give a sense of knowing in order for one to find the direction needed to stay on the good red road.

Sweetgrass is burned during rituals, both for purification and to symbolize the prayers of the Medicine person, which are then carried to the Creator along the smoke. In ancient Greece, smudging formed part of the rituals to contact those that have passed over, following long periods of fasting and silence. This herb is used to part the veil between the worlds of the living and form a spiritual bridge to the other world.

Besides producing visions, smudging is used to purify tools and people before an important spiritual

ceremony. It is also used to clear sacred space and open the soul before calling upon the Spirits and their healing powers. The Elders say that the Spirits like the aroma produced when we burn sacred medicines and will look upon you with respect and honour! It is always recommended to smudge a room or oneself after heavy healing work or any kind of conflict. This is to remove any negative energy that may persist just like disinfecting a place full of germs.



Sweet afternoon treat!  
Steep a teaspoon of Sweetgrass for tea add some maple and relax under the sky.

# Moon Water

By Kat McAllister

## Moon Water Magic

I wanted the first ritual in this section to be something simple and easy, but also essential to a witch's practice. It doesn't get much simpler than moon water. Although there have been many rules that people have put on this magical water, the fact is that it takes nothing more than a container of whatever water you have and a full or new moon (depending on the intention).

For myself I like to use the water from my fridge system. I do small batches monthly. When I do a large batch I take a big bowl or 2 liter pop bottle, cleaned out and that is good enough for me. Now, moon water is used for many things, from mixing with oils (add emulsifier for stabilizing the blending) or rose water etc (add rose petals) to just drinking it and absorbing the energy into yourself (only drink safe consumable water before you add things to it).



## Moon Water

Tools:

- Container of Your Choice
- Water
- Full or New Moon

Directions:

- Put your water outside, in a window or anywhere it can be seen by the moon.
- Speak your intentions over the water; either for releasing on the full moon or setting new goals for the new moon.
- Make sure to set a timer so you can bring it in before sunrise. (If you don't like to get up too early try doing this in winter when the nights are longer).

That is it, nothing more, nothing less. You have moon water for all your magical needs.

I like to use moon water when I make protection sprays, intentional cleaners for my altar and doorways etc. I use this around my house so I can clean with the power of the moon. Whatever the reason you use it, it is one of the most versatile items a witch can have in their tool kit.

Remember you have at least 24 chances to make this yearly, and each moon will have different energies depending on the astrology of that moon! Play with it and have fun!

By Kat McAllister



# the Mundane Away) 2025

Thurs. 5	Fri. 6	Sat. 7
Listen to witchy music on the ride to and from work.	Use color magic - wear colors to match your intention.	Set up your summer solstice altar.
12	13	14
Carry stone or crystals in your pocket.	Pull an oracle or tarot card for yourself.	Plan you next Sabbath: a simple ritual or tradition.
19	20	21
Pick up litter to help clean up our natural environment.	Adult fun time magic.	Find a local Summer Solstice event.
26	27	28
Light a candle for your ancestors.	Night out with witchy friends.	Go for a hike in the mountains or forest.



# July

As we settle into the heat of the season many have been in vacation mode. Keep smelling the roses, scoop a small flower for tea & honey while you do! Pluck a few weeds as you go too! Soon will be the first true harvest. Good time to get the herb drying area ready too. Its the last breathe of quiet really isn't it?  
Blessed from The Mystics' Team

# Freya ~ Goddess of the Month

*By Tamare White-Wolf*



Are you a little Norse? Freya a Norse goddess of love, fertility, birth and crops. If having a child is your desire, Freya is one of the goddess one might request counsel with as she has the power to bring that wish into being.

She has been known to protect and provide her followers the strength to overcome adversaries in war or conflict. If you are in a difficult situation with those at work or close to your heart she may bring ease in conversation stirring conflict resolution once and for all! Or even more importantly have others eating out of your hand adoring you without question.

One may see her in their dreamtime on her chariot pulled by large cats! Her instincts and intuition are matched with her beloved felines! She can also be very supportive for those ensuing a development of their psychic abilities, offering a bright light of knowing to those focused on these skills.

Her love for nature gives her dominance over gardens and she will watch over the growth, working with

the elements to bring enough rain and persuade animals to stay clear! Call upon her for the most voluptuous witchy gardens!

She is the most beautiful, sensual and propitious of all the goddess and is most helpful on all matters pertaining to love! So if you are seeking a loyal kind passionate lover she may guide the encounter, or assist in ensuring the partner you have is indeed aligned and worthy. Her positivity can also support those that are pessimistic helping them to release stinky thinking behaviour in order to reach goals that may have seemed out of reach!

She loves music and flowers and is loved deeply by the faery folk. So sing her a song petitioning her to join you, place wild flowers on an altar of moss as an exchange in honour of her attention to your wishes!



# July's Crystal ~ Garnet



*By Tamare White-Wolf*

Garnet can cleanse the chakras of negative energies and re-energize them. Use it to balance the Sacral Chakra and sex drive, and to aid in the controlled rise of Kundalini energy. Garnet inspires love and passion, devotion and loyalty. A stone of commitment, Garnet encourages personal relationships of all kinds and is a useful relationship tool both personal and business. There are many beliefs in the power garnet has over the not just physical, but mental health as well. Garnet's virtues have been long believed to include passion, true friendship, fidelity, success, self-esteem, loyalty, devotion, energy, faith, consistency, and truth. The stone also sharpens your perception of yourself and other people.

Long ago, garnets were claimed to help the wearer resist melancholy and fend off evil spirits, especially spirits of the night, which were referred to as demons and night phantoms. Today we might interpret this as a stone that can ward off nightmares. Garnet is also said to inspire contemplation and truthfulness and offer its wearer the power to protect their standing and possessions. The Garnet is also an ancient symbol of friendship. In the past, garnets have been exchanged between parting friends to symbolize their affection and to ensure that they meet again. In some circles of belief, it is said that a garnet's magic cannot be

accessed unless the stone has been cut and polished.

The flash and fire of Garnet inspires a sense of lightness and brightness, illuminating dark places and dark souls. Garnet is a good stone for depression, bringing joy and hope to its user, and helps lessen anger, especially towards oneself. Garnet's fire stimulates the survival instincts, bringing willpower and courage to a situation. Garnet will quickly "light a fire" under you, bringing those internalized ideas and feelings you have to the surface to be acted upon and carried out.



Primary Chakra: Root

Astrological Sign: Leo, Virgo

Issues & Ailments (physical):

Anemia, Arthritis, Detoxing, Colic Circulation, Fatigue, Hyperactivity, Intestines, Kidneys, Stomach, Thyroid, Low Blood Pressure, Vitality Sex Drive.

Issues & Ailments (emotional):

Compassion, Dignity, Honesty Relationships, Self Confidence, Willpower.

Issues & Ailments (spiritual): Aids in Manifestation, Prosperity, Transformation & Unity.

# Animal Spirit ~ Lion

Cancer & Leo are represented here in our Native Astrology!

*Written By Tamare White-Wolf*



## Lion Medicine

Imagine Lion cubs' awe... So sweet when you are adoring them! Lion Medicine is all about being fierce and fearless, leadership and pride, comfort and enjoyment, relaxation and recharging, honour and loyalty, royalty and humility. It's a great medicine to carry however not always easy to balance!

how many of you love a Leo, how many don't get them? How many respect and secretly wish they were more like a Leo? Often lion medicine will force you to really look at yourself, (if you let it) to take a stand, to be all you can be without reservation! As well the big cat is very intuitive and uses their instincts to better their life, not a good idea to lie to a lion... They seldom tell you they know what your up to but will help you corner yourself into your own den, in order to teach you a lesson! Best not mess with one with lion medicine as you don't want to end up their dinner

Want more or to find out your animal totem contact Tamare White-Wolf @ Earth & Sky Connection for your full totem reading and learn about your person 9 animal spirit helpers!



# The Ever Cleansing Sage

*Written By Tamare White-Wolf*

Sage is the plant associated to the western direction in the native medicine wheel. In July most Sage will be ready for harvest it is one of the most beautiful with varied colours, flowers and aromas. Our native elders say there are over 1000 variations. Some although considered a sage are of the wormwood/artemisia variety. Most are used in sacred ways as the smoke carries the spiritual medicine to the people! It obviously is most commonly used in culinary dishes, like Turkey stuffing!

**Medicinal Uses:** Sage has a wide range of medicinal properties. Like all odoriferous sages, the leaves are powerful antiseptics, used for abrasions and a spectrum of skin inflammations, staph infections, and sore throats, colds, and lung infections. Drink it hot, as an infusion of the leaves it will stimulate perspiration, thus lowering fevers. Inhaling the steamed leaves break up chest congestion. Drink it cold, and all bodily secretions are inhibited, which gives rise to the herb's use in weaning babies from the breast. The mother would drink the cold tea and moisten her breasts with it. Many sages, because of their antimicrobial properties, are used in over-the-counter preparations. It can be used to make tea, which is a refreshing drink. Gargling with common sage (*Salvia Officinalis*) tea, helped strengthen gums and keep teeth white and was also a well-known, sometimes very effective laryngitis and sore throat cure. The tea can also be used to relieve



the discomfort of measles, dizziness, colds, fever, and headaches. This herb has been taken for everything from stomach and digestive complaints to a rinse for bleeding gums. It has been used to treat a variety of illnesses including hemorrhoids, and in homeopathy it is apparently a remedy for excessive breast milk flow. Externally, it can be used to treat mild skin injuries inflammation.

**Magical Uses:** This herb is commonly used as incense, for smudging, or for purification. When used in smudging, sage is believed to neutralize negative energies. It is also used in spells and rituals seeking protection, prosperity, healing, business, fertility, longevity, money drawing, banishing, and consecration. It is said that if you eat it, you will become wiser and immortal. To reverse a spell, light a dried sage leaf on fire, blow out the flame, leaving the ember. Make large counter-clockwise circles in the air with the smoke, while chanting to undo the previous spell. To make a wish, write a wish on a leaf and hide it under your pillow. Sleep upon it for three nights. If you dream about what you wished for, it will materialize.

Gender: Masculine

Planet: Jupiter

Element: Air

Chakra Colour: Red





# Handfasting a Sacred Wedding

*By Tamare White-Wolf*

An Ordained Minister of the metaphysical denomination has the greatest pleasure of performing ancient Handfasting Ceremonies!

What does that mean? Will my marriage be legal? Can we have a customized ceremony? These are just some of the questions that might be asked. Let me try and answer them for you.

We are legally ordained to provide spiritual ceremonies many unique and varied. Unlike Christian ceremonies most weddings are outside under the Skies! We do traditional ceremonies too but then again what is traditional?

Did you know "jumping the broom" is an old African tradition and the Scottish did it too. The reason this method was used was because there was a lot of poverty and enslavement. This type of ceremony was a reminder that the next part of your life would not be alone and to leave the old life behind.

"Tying the knot" phrase is connected to handfasting that Celts and Norse did as far back as 7000 BC. It was considered a declaration of love, like an engagement ring and began a trial period before a final Wedding ceremony.

A favorite wedding ceremony now is handfasting becomes more popular, I often direct the couples to make themselves their own Broom/Besom. Taking a walk into a field, woods or

forest to find what you need. The man chooses the stick, the women the bristles of the broom. Remember to leave a prayer or offering to the earth. I leave a pinch of tobacco. Once you found the perfect pieces, go assemble it together with hemp of something significant to you.

Pay attention to the energy during the process of this sacred broom as it may have a message! You could buy one too if you'd rather. Personally I'd go with the experience making it with you loved one. Later when you look upon it displayed in you home those memories will be priceless. Remembering the love shared the day it was created, when you "Jumped the Broom" and Tied the Knot".

Handfasting cords/ribbons are very important and can be cut from clothing, first blouse you wore when you met, grandfather's shirt or dear friend, who couldn't make it to the wedding.

You can tie those ribbons around you broom handle. Oh there's so much to learn, let us help you realize your own idea of a perfect ceremony.

This picture is with me , at the altar, at one of our Paganfests where, three couples united one another in a Handfasting ceremony. It was such a sacred time, making memories with old friends, at a very sacred spot, on a beautiful piece of earth.



# Create Protection Wards

*By Kat Your Friendly Wicked Witch*

Some may ask, "what is a ward?", a guardian either assigned the job, like a plant or statue from negative energy that can redirect it away from you and your space. Some ways we can do this are sprinkling Salt around the area needing protection, placing appropriate crystals in the space, smoke cleansing with specific herbs, using sigils, cleaning your home with protective oils and moon water cleaners that you have made.

So here is a simple spray and black salt recipe I like to use when I cleanse my house or when holding a circle, meeting or ritual.

I use a New Moon Ritual to charge what I make, and also to refresh the wards around my house and around myself. Never underestimate the power of the new moon. In this case I think it's much better than the full moon energy for this task!

Truth is that all the moons have their own qualities. Either way the new moon holds the power of intention, so it makes for a good time to redo or refresh your spell work and protection wards. It's a good habit to get into, no need to do this monthly however I try.

Fun fact; the new moon is considered the first of the month, as the lunar cycle goes from new moon, to full moon and circling round to new moon again, completing a 29.5 day cycle.

## Rosemary Mint Spray:

Ingredients:

3-4 sprigs of rosemary  
a handful of mint leaves (your choice in type) and 3 cups of water

Directions:

Put rosemary, mint and water in the pot and bring to a boil. reduce heat and simmer for 20 minutes. wait to cool before use. Spray on yourself, your wall or use to cleanse a space



## Homemade black salt:

Ingredients:

Salt of your choice,  
Cleaned, heated (disinfect) egg shells,  
ash collected from your incense,  
smudge or sacred fire, black pepper,  
rosemary or other herbs of protection.

Directions:

Crush the eggshells as finely as you can, mix with the salt, ash and black pepper. Crush, chop or grind the other herbs, mix everything together until fully incorporated and then let it be blessed by the new moon energy.

This doesn't need to be all night, remember to speak your intentions while mixing and when you let it sit in the moon's energy.

And that's it 2 great ways to protect your home and yourself.



# July (Magic Everyday Keeps

Sun.	Mon.	Tue. 1	Wed. 2
		Blow cinnamon through you front door to welcome good fortune this month.	Ground yourself in nature.
6	7	8	9
Light a candle and write in a shadow work journal.	Honor your deities with an offering.	Check the moon phases.	Learn something new about your spiritual path.
13	14	15	16
Add something to or start a book of shadows.	Go for a walk and look for signs of fairies.	Garden in your yard or on your patio/ tend to your plants.	Meditate for at least 15 minutes.
20	21	22	23
Start a dream journal.	Listen to a witchy audio book on the way to and from work.	Wear some witchy jewelry.	Make a spell bag for safe travels for your car.
27	28	29	30
Visit your local metaphysical shoppes.	Take a herbalism class.	Write a poem/spell/story.	Spend some time caring for your animals/ looking for your witches companion.

# the Mundane Away) 2025

<b>Thurs.</b> <b>3</b>  Make a witches ball or spell jar.	<b>Fri.</b> <b>4</b>  Go home early from work and go antiquing.	<b>Sat.</b> <b>5</b>  Swim in a local body of water.
<b>10</b>  Make moon water.	<b>11</b>  Go on a ghost walk in your home town.	<b>12</b>  Take a energy cleansing shower.
<b>17</b>  Reflect on your week so far.	<b>18</b>  Cook a magical feast with intention for friends and family.	<b>19</b>  Make some God/Goddess candles.
<b>24</b>  Set you next months intentions.	<b>25</b>  Treat yourself to a magical spa night at home.	<b>26</b>  Do a deep cleansing clean of the doorways in your house to get out old energy.
<b>31</b>  Write a magical letter to your future self to look at how far you have come in the future.		



# August

We kick this month off with blessings of Lughnasadh blessings for the first harvest. May yours be abundant and complete. Enjoy the last days of summer, be sure to get out there for a nice picking of blackberries, make something yummy with them too.

Our wish to you is, you feel the warmth of the season deep within your soul and it carries you for many months to come, giving you strength and endurance all the coming months! .

Blessings The Mystics' Team

# Lugh ~ God of the Month

*By Tamare White-Wolf*



## A Celtic Sun God

Celebrated August 1st Lughnasadh

This Celtic God of the Sun and light is a powerful warrior full of wisdom and might. A god of justice, sometimes a tricker. He is a multifaceted as he is a carpenter, a physician, a musician.

He is strong and intelligent, brings confidence, leadership and skills to many arts. Many see him as their hero. Lugh is associated to the Sabbath Lughnasadh celebrated on August 1st fire festival.

### *Homage to Lugh*

There's an ancient story about a good name, Lugh was strong and fearless. There was nothing he couldn't do. He raised his brow and what was sowed, grew and grew. Until the middle harvest when the sun dried up the dew. It's a time for laughter and dance while we cut through the grain. A time to work and play in warm summer rain. When the sickle is sharpened and swung down each lane Gathering the ripen, the ready, no more famine or pain.

Bake, boil and bottle, bell, beans and berries. The spiral dance begins, raising our spirits to joy and marry.

Make light and gentle as we play with gnomes, nips and faeries. Remember harm none so they can be naughty and contray.

Lift higher, your knee, then crunch down to the mother Honor leaf and stem, walk softly on her ground cover. Seek the gifts of the firey sun God and his luscious true lover. As the light of day wanes, bringing long summer night to discover.

Today we honor the Irish God Lugh and his step mama Tailtiu. We celebrate them at the balefires, under a new moon. Show and share your muse, craft and psychic healing gifts too. Tie your cords and jump the hands fast besom on sun rays of Lugh.

Dance with the father Tuatha De Dannon and the true mom Ethliu. They form a distraction to veil Lugh from the grandfather! The fire bequeaths a King but turns proudly into a Sage! A Kingslayer, strong and beautiful, a god of grace and balance.



# August Gemstone Fluorite

*By Tamare White-Wolf*

Fluorite heightens mental abilities, assisting in rapid organization and processing of information and can bring mental clarity and stability to an otherwise chaotic situation. It absorbs negative energies from the environment and is effective at cleaning the Aura and Chakras. It can also shield the user from psychic manipulation. Due to its powerful ability to absorb negative energies, this crystal should be cleared often.

Physically, it is known to strengthen bones and teeth, and ameliorate the pain associated with arthritis. It is also used to enhance mental functions by balancing the chemistry in the brain.

This crystal is a highly protective and stabilizing stone, useful for grounding and harmonizing spiritual energy. When working with the upper Chakras, it increases intuitive abilities, links the human mind to universal consciousness, and develops connection to Spirit. It further anchors intuitive insights into the physical plane, allowing mental and physical coordination. A popular stone among energy healers, it can also clear the aura of mucky energies.

In addition to the general metaphysical uses of this crystal, there are unique properties associated with the different colors of it. Rainbow Fluorite exhibits a combination of these properties.

Use Clear, with the Crown Chakra to bring about a merging of personal and

spiritual energies. It aligns all of the Chakras, and helps you see what is holding you back in your spiritual evolution.

Yellow brings understanding and manifestation to intuitions. A stone of unity, it harmonizes group energy and enhances creativity. Excellent detox stone!

Blue brings spiritual awaking and clear communication between the physical and spiritual planes when used with the Third Eye Chakra. Used with the Throat Chakra, it aids in orderly communication of intuitive insights. The calm, serene energy of this crystal brings inner peace.

Green aids access to intuition. It can ground and absorb excess energy, including environmental energies. Use it to cleanse and renew the chakras. Wonderful healing piece!

Purple stimulates the Third Eye Chakra and brings some common sense to psychic intuitions. Use it when you want to really focus on the expression of Spirit, and communicate precisely its messages.



Primary Chakra: Varies by colour

Astrological Sign: Capricorn, Pisces

Issues and Ailments (Physical):

Arthritis, Bones, Bulimia, Concentration, Dental, Fractures, Gallbladder, Herpes, Kidneys, Memory, Pneumonia, Spleen, Viruses, Paine, Physical coordination

Issues and Ailments (Emotional):

Eating disorders, Denial, Emotional balance, Honesty, Negativity

Issues and Ailments (Spiritual):

Grounding, Healing, Intuition, Manifestation

# Animal Spirit ~ Black Bear

*By Tamare White - Wolf*

## Bear Medicine

Bears are more relaxed than you might think, introspective dreamers, curious, resourceful, playful, strong, prefer peaceful surroundings, protective and territorial!



Often those connected spiritually to them are healers, nurses, doctors, police, security officers, even artists will carry this majestic creature within! Those that have small families and are very protective of them in general carry the bear! If this sounds like you guess what, you carry Bear Medicine! If the bear has revealed itself to you over the years than it is trying to tell you something. if you don't know what it is go into the dreamtime with that question! Dream workers and those that enjoy meditating are infused with bear medicine, those who love fish, berries and honey carry the bear within! Virgos are often holding the medicine within too, Read Sun Bear who shared his wisdom in *The Medicine Wheel ~ Earth Astrology*

For more on the Bear Medicine or to book a Totem Animal Reading contact Tamare White-Wolf @ Earth & Sky Connection.



# Raspberries, The Perfect Fruit?

*By Tamare White-Wolf*



It was a beautiful August day, and the raspberries were ripe and ready for picking. When you look at the meaning of raspberry on a spiritual level, it's obvious that it represents protection of course those horny little branches, but it is also connected to love, fertility and abundance energy.

These little beauties are often associated to the Leo zodiac sign as one of the medicines our native people assigned them. In fact it is a tradition to chew a few leaves before travel for safety and good luck. I prefer just to eat a quarter of them, but then again, I am Leo!

Raspberry tea is a helpful medicine for those preparing for birth, for after birth and menstruation pain. It helps the uterus relax while the body does its thing try it you'll see it's good for pain. I'll include the recipe for that later, now to my story.

So I got myself a couple of tubs put slits in them and attach them to my waist with a sash, and I went on my journey to my raspberry patch. There were so many raspberries. I looked over the patch and decided where I would start and in my native tradition, I put tobacco down and asked for permission.

I also spoke to the little people on what we call the Fae or faeries and ask

them to help me enter the area without harming anything or any of them.

There were thorns and burrs everywhere so I requested that none of them hurt or scratch me. I promise to be very mindful. I entered the patch while I was in there the most magical thing happened.

It was as if I was taken over by an Irish gnome all of a sudden out of my mouth, came a rhythmic song, poetically, perfect for what I was doing, and I continue to sing it as I picked and filled my buckets. I felt like the faeries were helping me, loving me as I picked and munched along the way. I was in there a good half an hour until I was finished and I stepped back carefully thanking them gracefully for all of what they gave me.

I looked around my body not one burr had attached itself or scratched me in anyway I was in perfect condition without any harm. What a wonderful experience that was I'll never forget however, I do however forget the song but I'll never forget the feeling and the joyful feeling.

There's another story of this too! In the spring afterwards. My son and his friends were cleaning up the land from a long winter. One of them managed to get a hold of chainsaw and in that area where the raspberries grew was a willow tree that had been struck by lightning. We've cleaned it up, but the trunk was left behind, and it had become the most magical area on the land.

We could feel the faeries living inside the trunk, guarding the raspberries, but this young man who had the chainsaw was oblivious to all of that. There was a baby willow tree that grew from the trunk. That a young man decided needed to cut it out and so he did.

I was so upset with him for cutting that baby Willow. Little did I know the damage did not stop there that summer there were no raspberries because there were no bushes around the trunk any longer. I was astounded by it until I realized they had scattered many yards away from the original place, they had grown.

They did not produce much that year as I believe they were frightened from the sound and trying to regroup they focussed on stabilizing in their new location Can you imagine it was early April? They must've just popped up the sound and the energy frighten them so much that they popped back into the ground and took off underground for cover.

Did you know they could do such a thing did you know they had such consciousness? I didn't but it may me realize the magic of the universe is so much more if we pay attention.

I realize then how connected and what a blessing they were to me personally! Do you also have an affinity with them?

# Raspberries cont.



## RASPBERRY TEA

**Fresh Leaves:** Place a tablespoon (about 10 leaves) of fresh raspberry leaves in a teapot or cup and pour boiling water over them.

**Dried Leaves:** Use 1 teaspoon of dried leaves per 8 ounces of water.

**Steep:** Allow the leaves to steep for 5 minutes.

**Strain:** Strain the tea to remove the leaves.

**Adjust:** Add sugar or honey to taste if desired.

**Drink hot or chill both are effective and full of so many nutrients?**

As always check with your medical practitioner to be sure it's a good fit for you!



# August Moon Magic

*By Tamare White-Wolf*

The August moon is the 8th moon. The teaching of this moon is one that inspires us to listen carefully and pay attention to what is stirring our awakening. This moon encourages us to connect with the spirit world reminding us to listen to our guides as they show us a successful way to walk the right path in our lives. This moon promises us to know that we have the ability to attract exactly what we need and be confident as it unfolds. This moon is called The Blackberry Moon. (some call it the Sturgeon Moon) It is said that this moon was when one of the very first plants were created and that it was created during the darkest time, in the most silent universe.

During this time the silence allowed it to learn about itself, to know its full being because it was able to listen to its heart and while reflecting upon that, the whole the earth began to emerge.

New plants n animals were created and as blackberry watched on it saw small creatures learn to swim, plants flower than seed and thunderstorms create the most beautiful rainbows.

The blackberry was still, silent n listened twice as much as it spoke so all the creatures would come to it and sustain themselves. Blackberry would listen and guide all who came with their questions and concerns.

Blackberry noticed many wanted immediate answers to all their worries however they did not even try to see the depth of their issues or even think on what a resolve may look like.

Blackberry would pose questions to each being in order to stimulate them to think on this themselves.

Reminding them that their own spirits and heart had a knowing. Tuning them into their dreams, how the land spoke, how their hearts feel and if they hear any messages from spirit and how to listen to their own intuition.

Those that learned how to go within to listen to their own spirit became calm, confident an sovereign. Discord, competition and conflict settled down making each being aware of their own individual medicine gifts. Reminding them that everyone has their own value, their own leadership, ultimately their own beauty.

Blackberry was honoured when all the plants asked to make “it” the chief of the land. However declined in humility embracing them as a medicine circle stressing that no one leads as each stand beside one another!

When you look at the moon this month remember your worth, remember your connection to spirit and the BlackBerry.

This August the moon falls on the 9th and will be seen in Aquarius truly a fantastic moon to play with as it can help us align with unique outlandish, ideas, projects, and people. This Moon will encourage the most creative part of your soul so if there’s something you’ve been wanting to amplify you want to take advantage of this Moon just previous to its completion in growth. (3:55am EDT). I’ll do my workings on August 8th!

# August Moon Magic

## Magical Application

With many, still completing essays and tests, or for those who are busy writing to government or formulating policy, manuals, stories, or poetry, then this petition and consecration may be your best defense!

It's a simple empowerment of a writing tool such as a pen. Of course this could be altered for other items but here we go.

Choose your favorite writing pen one you intend to use often. One you will use in all your homework or final submissions. Put this pen in the moonlight just previous to the ritual or wash it with the moon water created with the appropriate moon.

If you're looking for money-Taurus, for notoriety-Scorpio, for popularity-Leo, to expand your ideas-Sagittarius, looking to get married-Libra or for higher knowledge-Gemini, for physical healing-Virgo, to elevate spiritually-Pisces, to get that job-Capricorn, to win a contest-Aries, to be heard deeply-Cancer, to have your invention seen-Aquarius, you get the idea!

Confirming this part and the date you want to achieve your petition. Be sure to clear and consecrate your Altar area, all items being used and yourself with all the elements.

### The Spell

Dedicate your pen to one of the relevant deities Mercury/Hermes or Brigid both are wordsmiths.

On paper (parchment if possible) write what magic you want to happen. Something like " whenever I use this pen, I will remember all that I've studied all that I've learned all that I know, and be able to reiterate that in a concise clear, unique way. All that read my workings will be impressed and give me the recognition I deserve."

If there is an important date add that to your petition.

Now take the paper and wrap it around your pen, rolling it towards you saying aloud what it is you want. A rhyme might help here too something with the word success in it.

Put the pen down on your altar and put your two hands above asking your deity of choice to monitor and ensure your success!

Raise your hands to the skies and show you appreciation, gratitude, and respect as if it is already happened!

And so it is... maybe be how you end, unless you have cast a circle than you must close it!

Look forward in confidence now!

# August (Magic Everyday Keeps)

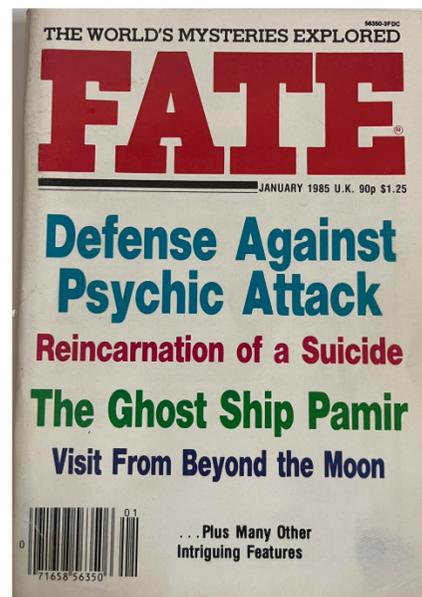
Sun.	Mon.	Tue.	Wed.
3 Work with the spirits in your house and the spirit of the house.	4 Hang Witches bells.	5 Leave a sweet treat for the fairies in the garden.	6 Walk barefoot on some grass.
10 Make and hang wind chimes at your home.	11 Refresh/start your money bowl.	12 Start a gratitude journal.	13 Make a simmer pot.
17 Take a class and make a dream catcher.	18 Name your car and treat them like family so they will always provide safe passage.	19 Draw sigils in your morning coffee/tea.	20 Go for a nature walk to collect stuff for making a wand.
24 Check out an open circle in your area. 31 Make a spellbox.	25 Make the wand you collected stuff for last week.	26 Embroider a Rune into you jacket.	27 Give a witchy gift to a friend.

# the Mundane Away) 2025

Thurs.	Fri. 1	Sat. 2
	Blow cinnamon through you front door to welcome good fortune this month.	Plant a tree.
7	8	9
Hang a humming bird feeder.	For your house fairies to stay warm in when it starts to cool.	Do a release ritual to get ride of what no longer serves you.
14	15	16
Visit a cemetery and leave flowers on a loved ones grave.	Go shopping for witchy clothes (remember to shop local).	Sweep away the negative energy in your home with a besom.
21	22	23
Learn to make black salt and make some.	Lay/refresh magical protection wards in your home.	Go camping and connect with nature either in your back yard or a campground.
28	29	30
Sew a healing or nurturing poppet.	Make a dream pillow with herbs and stones.	Gather flowers and make a flower crown.

# Articles Of Old

Featured from *The World's Mysteries Explored* FATE Jan 1985 U.K. Vol, 38 No. 1 Issue 418



UFOs—Still Unexplained:

## INTRUDERS IN THE

Expert witnesses and sophisticated instruments track the passage of mysterious aerial objects through earth's atmosphere.

By Bruce Maccabee

**A**PRIL 24, 1949: Arrey, N. Mex.  
Classification: PEI.\*

On May 20, 1949, the commander of the navy's Special Devices Center sent a memorandum to the Chief of Naval Operations and the Office of Naval Intelligence via the Chief of Naval Research. The message read:

(1) Encl. (A) is a statement submitted to this activity by Mr. C. B. Moore (General Mills Aeronautical Research) who sighted and tracked an unidentified object on 24 April 1949 while engaged on Special Devices Center Project 9-U-J-1 in the vicinity of White Sands Proving Ground.

(2) Mr. Moore's statement is forwarded as significant because of the detailed theodolite\*\* tracking data it contains and because the object's variation of azimuth\*\*\*

\*Probable Evidence of Intelligence. Dr. Maccabee classifies UFO reports as follows: No Evidence of Intelligence (in which "the report could be explained as an observation of some *unintelligent* natural phenomenon not yet understood by science"); PEI ("reports that might be explained in terms of unknown natural phenomena but which might alternatively be ascribed to some unknown intelligence"); and Definite Evidence of Intelligence (in which "the probability is quite high that an intelligence is involved, for example reports of 'machinelike' objects or of 'occupants' "). For a fuller explanation see Maccabee's "The Muroc Discs," September 1984 FATE, page 80.—  
The Editors.

\*\*A small telescope that pivots in two directions to measure horizontal and vertical angles.

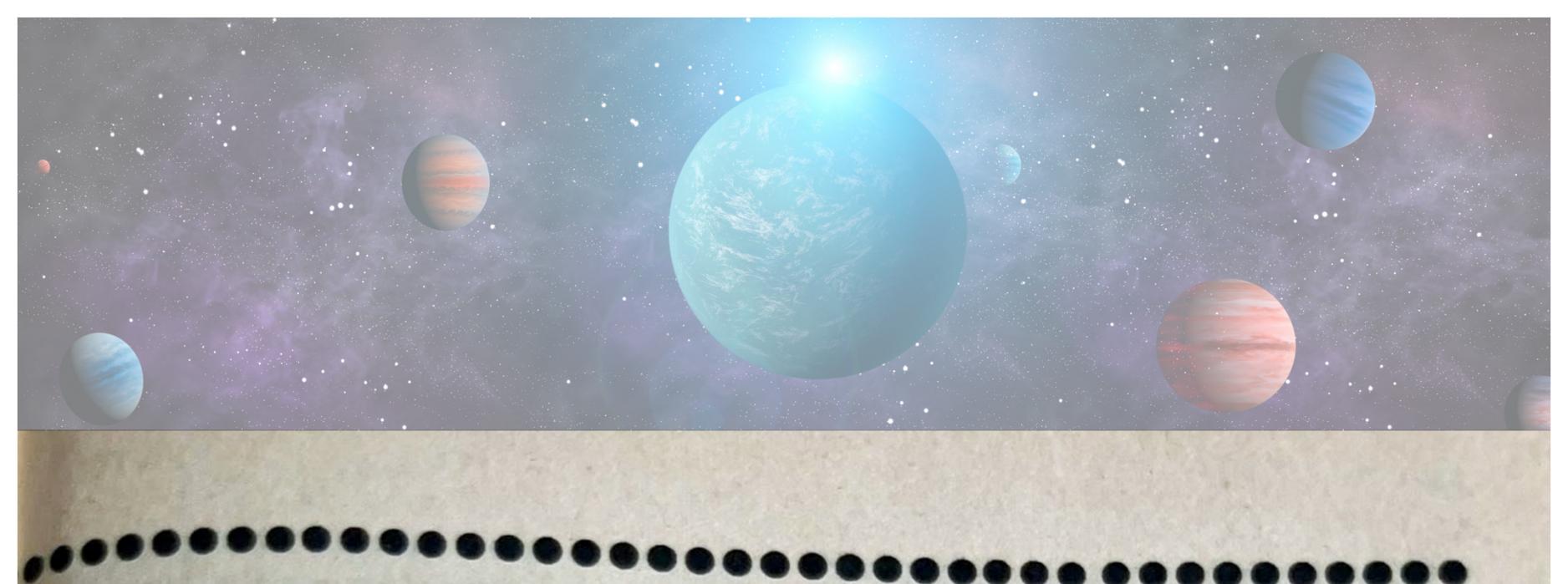
\*\*\*An arc of the horizon measured between a fixed point (usually true north) and the vertical circle passing through the center of an object clockwise from the north point through 360 degrees.

and elevation might indicate some degree of controlled flight.

(3) The observer is known to the Special Devices Center as a graduate mechanical engineer with an Air Force Reserve captaincy in meteorology. Mr. Moore, prior to his employment by General Mills, headed the New York University constant level balloon research program for the Air Force and can be considered to be a competent, mature, and highly experienced observer.

Moore reported that he and four navy enlisted men had sighted a rapidly moving object high in the clear sky while they were tracking a high-altitude research balloon launched about 10 minutes earlier. Moore observed the object through the theodolite while an enlisted man turned the device. According to Moore's report, "The object was an ellipsoid about 2.5:1 slenderness ratio [2½ times as long as it was wide] . . . and white in color, except for a light yellow on one side as though it were in shadow. I could not get a hard focus on the object due to the speed at which the angles changed. Therefore I saw no detail at all."

When Moore first saw this object with the naked eye, he thought he was looking at the balloon. Assuming that the enlisted man who was operating the theodolite had lost track of the balloon, he took over the instrument. When he



# WESTERN SKIES

first looked through the theodolite, he saw that his assistant was indeed tracking the balloon. With the help of one of the men, he turned the theodolite and tracked the unknown object as it moved across the sky until it was lost in the glare of the sun. When it reappeared, it was lower in the sky. Then it climbed straight up and finally faded in the distance.

The sighting had lasted for about 60 seconds. Moore stated that the object was a long distance away and was not a balloon.

A tentative explanation, suggested by Moore's statement that he couldn't get a sharp focus on the object, was that it was a nearby piece of debris, such as paper, blowing in the wind. Since the theodolite was focused on "infinity" (a long distance away), an object within several dozen feet would have been out of focus. A close object could have been a piece of debris blowing past, such as a piece of paper or biological matter. But the focus problem would not have affected the witnesses' eyes, which would have been able to see the object clearly and to determine its real distance from them. Apparently even the air force could not accept this explanation; this case is one of the relatively few it admits it cannot account for.

Moore felt that he did not have the object sharply focused, apparently because the edges seemed fuzzy. Yet the

theodolite had already been focused accurately at a long distance since it was focused on the high-altitude balloon they were tracking. Since the object too was far away, it should have been in focus. Perhaps the fuzziness was a characteristic of the object itself. Such a suggestion might seem ludicrous if this were the only sighting in which an observer reported fuzzy edges—but it isn't the only such report.

This sighting by men who launched and tracked balloons as a profession brings to mind a statement made by the late Dr. Urner Liddell. In the early 1950's he claimed that all credible flying saucer sightings were in fact sightings of high-altitude balloons. Perhaps he didn't know about the sightings by people who actually launched the balloons.

*January 22, 1950: Kodiak, Alaska.  
Classification: DEI.*

The following sightings are described in a U.S. Navy report I found in the FBI "flying disc" file, obtained through a Freedom of Information and Privacy Act (FOIPA) request. By sending a copy of the very poor FBI copy to the navy historian, I was able to obtain a more complete report which included evaluations by two apparently independent navy research offices which no longer exist. Unfortunately the original file was not recovered. The account that follows

is drawn from the "executive summary" of the events.

Between 2:00 and 5:00 A.M. on January 22, navy personnel in patrol aircraft made several sightings of a UFO. The most interesting is a radar-visual sighting.

According to the report, at 4:40 A.M., a Lieutenant Smith while "conducting routine Kodiak security patrol . . . reported a visual sighting of an unidentified airborne object at a radar range of five miles on the starboard bow [straight ahead and to the right of his aircraft] . . . . To Lieutenant Smith and crew it appeared as two orange lights rotating about a common center . . . . It had a wide speed range." The report states that "this object showed indications of great speed on the radarscope. The trailing edge of the blip gave a tail-like indication."

Apparently the object moved so fast that its distance from the plane changed substantially during each sweep of the radar. Smith called the crew's attention to the object. Then, according to the report, "An estimated *10 seconds* later the object was directly overhead, indicating a speed of *1800 mph*. [My emphasis. This is faster than aircraft of the day and much slower than a meteor.] . . . . Lieutenant Smith

climbed to intercept and attempted to circle to keep the object in sight. He was unable to do this, as the object was too highly maneuverable.

"Subsequently the object appeared to be opening range and Smith attempted to close the range. The object was observed to open out somewhat, then to turn to the left and come up on Smith's quarter. Smith considered this to be a highly threatening gesture and Smith turned out all of the lights in his aircraft. Four minutes later the object disappeared from view in a southeasterly direction."

Although the navy special operational group scientists offered tentative explanations for other radar and visual (but not simultaneous radar-visual) sightings that had occurred that night, they did not attempt to account for this one. Kodiak is a very cold place in January. But at least on this one night it was apparently too hot for the navy experts.

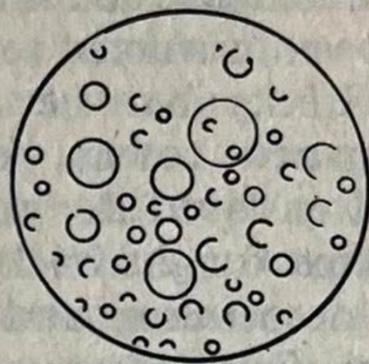
Although the complete report on this case is not available, I have no reason to doubt the accuracy of the information we do have. This information makes it difficult for me to see how this case could be explained in terms of a known phenomenon either now or in the future. Furthermore, the reported flight path of the object makes it likely that intelligence was involved.

Funny how there is always some sort balloon involved when UFO's are mentioned. Even though today people are openly able to admit the existence of other worldly beings, one can wonder why things like this were so controversial. Was it for control? Telling everyone they were right all along about aliens and vindicating tons of people who thought they were crazy. What is the point? Personally, I can't help but wonder what is being hidden to make the government tell us now after denying for decades.

Once we were told to look at the skies, now we need to look all around. The truth is out there, go find it.

Katty Kommentator

# A VISIT FROM BEYOND THE MOON



The greatest distance of all is between life and death but my grandparents traversed it to prove to us that love is eternal.

By Elaine S. Polin

“WOULD YOU ASK me to go to the moon?”

“But, Grandma, be reasonable,” I pleaded. “We’re talking about a trip of 150 miles from Philadelphia to New York, not a voyage to outer space. We can stop and rest on the way and before you know it we’ll be there.”

Grandma’s refusal was sad but final: “Try to understand. You’re asking me to do the impossible. I don’t have the heart to travel so far at my age.”

Neither of us realized how greatly Grandma had underestimated her capabilities, for five years later both she and my grandfather were to travel much farther than 150 miles. The distances they were to span would dwarf the mere 238,000 miles from the earth to the moon and in the process they would demonstrate the ability of the human spirit to triumph over the seemingly impossible.

It was early spring in 1964. My husband Bill and I were visiting my grandmother Carol Gold Gordon who was still mourning the death of my grandfather John Gordon. He had

died scarcely two months before, on February 3, ending a marriage of almost 55 years. We hoped to persuade Grandma to spend a few weeks in our new home, feeling that some time away from her familiar environment might ease her loneliness and grief.

The house I wanted Grandmother to visit was a tiny converted summer cottage located on the south shore of Long Island, New York. It had become ours on February 27, too late for my grandfather to fulfill his promise to attend our housewarming celebration.

Bill and I had moved from Philadelphia to Long Island the previous July after graduating as teachers, he from Temple University and I from the University of Pennsylvania. To city dwellers the dearth of apartments on Long Island was a startling discovery. For eight months we paid exorbitant rent to live in the attic of a private home. When Bill learned that veterans were eligible to purchase a home with no money down, we were elated. In those preinflationary days it would be cheaper for us to live in our own home than in a rented attic!

Although the roof leaked, the window

Another Article From the  
Past to Help You Reach  
for the Stars

frames suffered from dry rot and the minuscule lawn from an abundance of dandelions and crabgrass, we fell in love with the view. The south shore of Long Island is washed by the Great South Bay, a huge body of salt water leading out into the Atlantic Ocean. Our cottage stood less than 200 yards from the mouth of the bay in a lovely hamlet called Copiague, an Indian name one learns to spell and pronounce only after much practice.

On the trip home we spoke of my grandmother's refusal to visit us. "Why wouldn't she come home with us for a few weeks?" I asked Bill.

"She survived the death of two children," he said. "Surely she'll come through this one as well. Don't rush her. She needs time to recover and regain her perspective."

During the next year and a half we shuttled back and forth from Long Island to Philadelphia. On one trip my grandmother spoke to me of their hope for a great-grandchild. "Grandpa prayed to the very end he would live long enough to see his first great-grandchild born," she said. "Now it's my turn to make the same prayer."

"Just a few more years, Grandma," I promised. "Right now it's just impossible."

At 27 years old I did not understand what "a few more years" meant to a lonely grandparent who was losing interest in life.

August 28, 1965, was the beginning of the Labor Day weekend. I called my parents at two o'clock that afternoon to tell them we were leaving immediately, hoping to avoid New York's rush-hour traffic. It was a vain hope. On the last official weekend of summer literally

millions of cars were squeezing their way on and off Long Island. We did not reach the home of my parents Edward and Berte Scott until after seven o'clock that evening.

My father opened the door, his face pale and strained. We followed him the few steps into the living room, where my mother sat sobbing on the familiar sofa. I knew immediately what had happened; all I lacked were the details. While we were fighting the traffic, my grandmother died en route to the hospital. The cause of death had not yet been determined.

That night I lay in my childhood bed for the first time in more than seven years. Beside me was the man for whom I had left home at the age of 19. As I lay silently grieving, feeling like a child again, I remembered the stories Grandma used to tell me so many years ago. Some were from the Old Testament, or the Torah, as she called it. "God's first commandment to the first people was 'Choose life,'" she said. "Life is wonderful and if you're unhappy one day, don't worry—the next day things are sure to be all right again."

Grandma had died at the age of 81. Perhaps she forgot her own advice at the very end but I remembered it and found it good. In my sorrow and in my need to choose and reaffirm life, I turned to Bill, my husband and my friend.

Although my doctor later said that such knowledge is medically impossible, I knew at once and beyond any doubt that a new life had been conceived to replace the one that had been lost.

Our daughter Carol was born on May 22, 1966. During my pregnancy we contracted to raise the roof of the cottage and build a dormer. We built



three rooms forming a U-shape. Our bedroom formed the back of the U, with the two smaller rooms on either side of a short corridor. We placed Carol's crib in the center of her room where I would be able to see her without getting out of bed.

For the first month Carol slept in a portable crib next to me. On June 22, when she was a month old, we introduced her to her own room.

I was nervous and sleepless that first night. Like most new mothers I worried when I heard her breathing and even more when I didn't hear her. As I lay wide awake staring at Carol's motionless figure and wondering if she were still alive, the room seemed to grow gradually brighter. My grandparents were standing side by side at the crib looking as they did before my grandfather became ill. Their hands on the crib's raised railing, they leaned forward in a single motion as if to get a better look at their great-grandchild. They were both smiling. The light grew dimmer, as in a movie theater when the film is about to begin, and they were gone.

I fell asleep shortly afterwards, no longer worried about my child's survival.

The next morning I called my parents to tell them of the event. My father claimed I was suffering from postpartum craziness. My mother, a believer in psychic phenomena, accepted my account calmly. Bill insisted I was hallucinating because of lack of sleep and offered to take over the 2:00 A.M. feeding. There was no way I could prove I had seen my grandparents and as time passed I came to believe I had dreamed their visit.

In the summer of 1969 Bill received a National Defense Education Act grant to study for six weeks in Arcachon, a town on the Atlantic coast of France about 50 miles south of the city of Bordeaux. Because there were no accommodations for families, we decided that Carol and I would spend the first two weeks of July in Zurich, Switzerland, getting acquainted with my brother's new in-laws Martin and Jeannette Diamant. On July 21 we would join Bill in Arcachon, where he would find a room for us in a pension.

On July 20 Carol and I watched the crew of the Apollo 11 make the first successful landing on the moon. We heard Comdr. Neil Armstrong's famous words, "That's one small step for man, one giant leap for mankind." As he spoke to the hundreds of millions of watchers all over the world, I spoke to Grandma: "See, Grandma, nothing's impossible. Not when you want it badly enough."

"I talk to Grandma too," my three-year-old piped up.

"Of course you do, honey," I assured her. "You talk to both your grandmothers."

"I don't mean them," my precocious child answered. "I mean the grandma who visits me in the night. She comes with Grandpa."

Because I was so engrossed in the moon landing, I spoke without thinking: "Don't be silly. Nobody visits you in the night except Mommy and Daddy."

"They do too visit me!" my daughter exclaimed, insulted. By then I had realized my mistake but try as I might after that, to Carol the subject was closed.

We flew home from Arcachon on July 31. Bill was not due back until August 13. Desperate for something to do one rainy August day, I began to clean out a downstairs closet I hadn't touched since we moved to the house. Carol "helped" me by continually getting underfoot. Annoyed, I handed her a box of old photographs to play with. "Now go up to your room for a little while and look at the pictures," I told her. "Then you can come back down and help Mommy some more."

My perpetually active daughter was quiet for a full 15 minutes—until she let out a piercing scream. "Mommy!" she

shouted. "Come here quick!"

Almost paralyzed with fear, I willed my legs to carry me up the stairs to Carol's room. Carol was sitting on the floor, trembling, tears streaming down her face.

"I told you so," she said through her sobs.

In her hand was an 8 x 10 color photograph. It had been taken on June 1, 1958, at the 50th wedding anniversary party for Grandma and Grandpa Gordon.

"I told you so," my daughter repeated as I held her close and joined my tears to hers.

This was such a heart warming story to read, it was not what I expected. From the way it was titled I thought it may be another UFO article, I was happily wrong! Not only was it about the love and truth behind "The True Sight" of a child, it shows us that we are all born with the psychic skills needed to see beyond the veil. Age and time may put one on us, but even when we think it is gone, our mind finds a way to let us know we still have this ability.

It makes me think 'what happened to us?' Did we just stop believing or was it somehow lost to us over time as we grow. In the days when this article was written it was not so widely accepted to experience these events and most would never talk about it. So I thank this writer for telling us her truth.

Much love & respect from this...

Katty Kommentator

Fate Magazine released it's first issue in the spring of 1948 and was sold for 25 cents, featuring articles on UFO's. Although today it has moved to an online format it is still alive and well.

If you wish to read the full edition that we found these articles in or any other you may find interesting, visit [fatemag.com](http://fatemag.com) and subscribe for full access.

# King Of Wands

This card commonly shows up for Aries, Leo and Sagittarius (Sun, moon, ASC n personality type) this king aligns with sacred masculine energy also often in a female too.

The charismatic King Of Wands is a masculine force to be reckoned with for sure. Strong and self-assured this person will bring art and passion into any arrangement. You will always hope to see this card in an upright position because in reverse they could be a dangerous and cunning adversary.

Otherwise he's definitely an ally on your side. Many other signs will not work as swiftly and as diligently as this fire sign who is always with a plan.

This masculine energy is likely to be a hot, tall dark and handsome type. They will surely woo you into agreeing with all of their spicy and delectable ideas. Commonly this person will be interested in the arts, music, sex and food. They're also the type of person you will see coming from a mile away with all the bells and whistle in tow.

Want to learn more, join Skylar Pink @ Earth and Sky Connection 5-7pm online & in-person!

[www.EarthandSkyConnection.com](http://www.EarthandSkyConnection.com)



*by Skylar Pink*

Rider Waite & Pamela Coleman Smith



# My Paranormal Start



*By Tye the  
Paranormal Guy*

My paranormal interest started when I was 8 years old, but

I didn't know it at the time. I was seeing shadows and people that weren't there, all the while being told that they didn't exist. Probably because my family were very religious. I wasn't even allowed to watch any shows that had that sort of thing in it, for years this happened. The first time seeing these things were at Craigdarroch Castle. I saw shadows, heard music and smelled smoke as if they were sitting in the room with me. This was not widely known however apparently happens in the castle all the time. It wasn't until a family friend started working there that I finally found out I wasn't going crazy.

Everything really started moving for the paranormal investigation when I was 18 and able to drive by myself and explore the island. During these visits I tried to talk to the spirits and help them as much as I could, not knowing what I was doing.

One time at our local golf course I remember this myth that if you rang the bell at the 19th hole the spirit will answer, well let's just say it did and I flew about 30 feet backwards. That only made my need to explore this realm even stronger. My question was how do I start to fully investigate these places? What does one actually do?

Once I got a security license I had

access to these places but still not having the skills to properly communicate with the spirits. Fast forward almost 10 years, I have finally had the chance to get all the tools needed to properly enjoy my passion.

Now with the help of some amazing friends and support of my family, we are able to explore the island, access real evidence to help the spirits realize why they are stuck here and how to move on in order to find peace.

I have had good times and scary times and I'm grateful for this space to be able to share them with you all. In the future I hope to explain the process and maybe even have some of you join my team and I, as we lend a hand to help those who can't find their way home.

Until next time my friends

Stay Spooky.

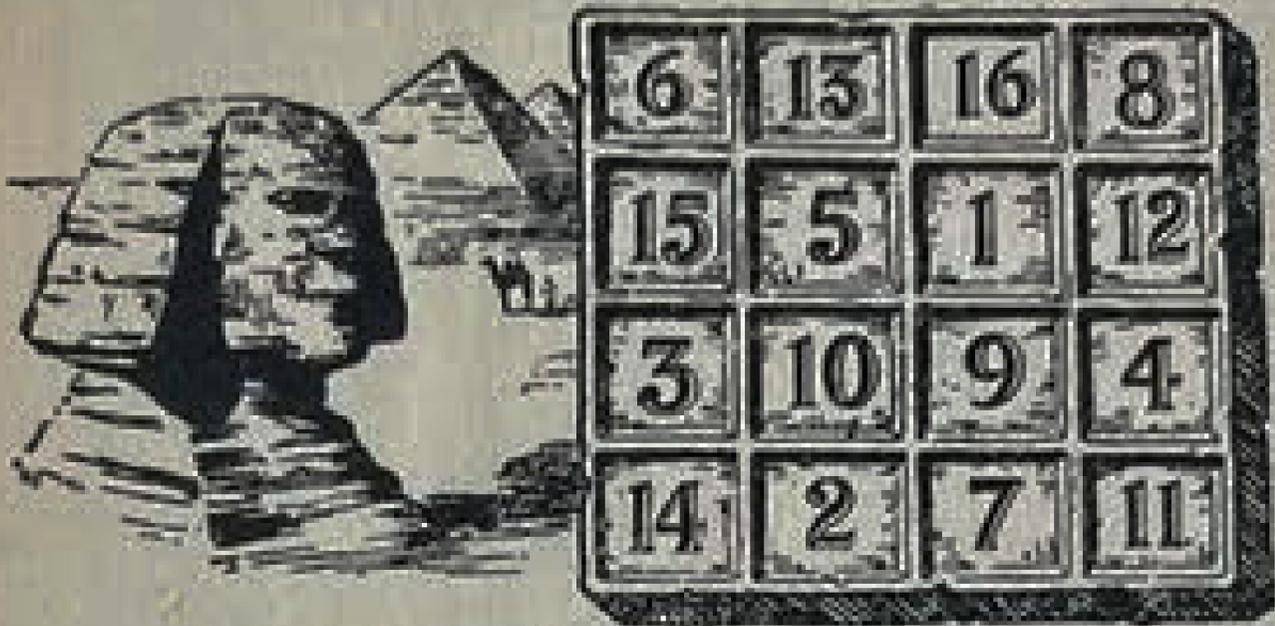


# Wizards, Riddles & Games

This fun little puzzle is another treasure from the past. Can you figure out how it works? Will you be the one to figure out the meaning of the tablet and reveal the secrets of the Sphinx

*Here is a very old form of divination, the illustrations redrawn from a seventeenth century Phap Book.*

## The TABLET of the SPHINX



Will the tablets tell me true to-day?

**HOW TO FIND AN ANSWER TO YOUR QUESTION.** Shut your eyes and turn this book three times, keeping it open at this page. Keep your mind fixed on the question you are going to ask. Then, while still blind, try to touch one of the figures in the tablet with your finger or a pencil or other pointer. If the pointer falls outside the tablet there is no reply to-day. Try again to-morrow. But should the pointer touch one of the figures turn to the answers, and against the corresponding number you will find your reply.

Should the reply be favourable turn to the other tablets which deal with what you have in your mind. Otherwise wait until the Sphinx assures you the time is right.

The tablets should not be consulted more than once a day, nor should the same question be asked by the same person more than once a week.

### THE SPHINX REPLIES

#### *If the Figures are Right Way Up*

1. Put your fate to the test now.
2. To-morrow will be better.
3. Thursday is the day.
4. You are too impatient. Wait.
5. Sunday.
6. Do not delay.
7. The answers are ready.
8. Tuesday.
9. On what day were you born? Try on that.
10. Saturday would be better.
11. There is nothing to be told.
12. Monday will be fortunate.
13. Do not hesitate.
14. Try on Friday.
15. Wednesday.
16. At once.

#### *If the Figures are Reversed*

1. It is not advisable to-day.
2. Yes, at once.
3. Any day but Thursday.
4. Leave it as it is.
5. No, not on Sunday.
6. Wait seven days.
7. Do not try at all.
8. Wait till next week.
9. Before very long if you keep your temper.
10. Not on any Saturday.
11. Secrets wait.
12. Monday is unfortunate in this connection.
13. Make sure of your own mind before you try.
14. Good fortune waits.
15. Certainly not.
16. Not at all.

If a cat always land on it feet, and buttered toast always land butter side down, what happens when you strap a piece of buttered toast to the back of a cat?

# Wander Wordsearch

S M M E R L L T H W E S S B E  
A N F A E E E L I T H E N A S  
K Y O L N A C T E T Y O E L U  
R S O I H I C H U L A N D A D  
S P I T T H F R A R I T R N F  
L Y I N C A I E I R P U A C S  
R L O R S T R S S F G R G E U  
N O A J U A D B O T L E N A M  
M F Q A Z X D K E L R L F S M  
T W L S U N N Y Y L S D H T E  
Z S M Y S T I C S D E T Y Q R  
Z L A U T I R I P S R C I R S  
N Z W C M X J J K I G R C C L  
S Z U Z S G N I S S E L B H E  
V S M C G R I E Q N O E P G O

This puzzle is a word search that has a hidden message in it.

First find all the words in the list. the words go in any direction and share letters as well as cross over each other.

Once you find them all copy the unused letters from the top left corner in the blanks to reveal the hidden message.

BALANCE

BLESSINGS

CELEBRATION

GARDENS

LITHA

MANIFEST

MOON

MYSTICS

RECHARGE

RITUALS

SOLSTICE

SPIRITUAL

SUMMER

SUNNY

WITCHCRAFT

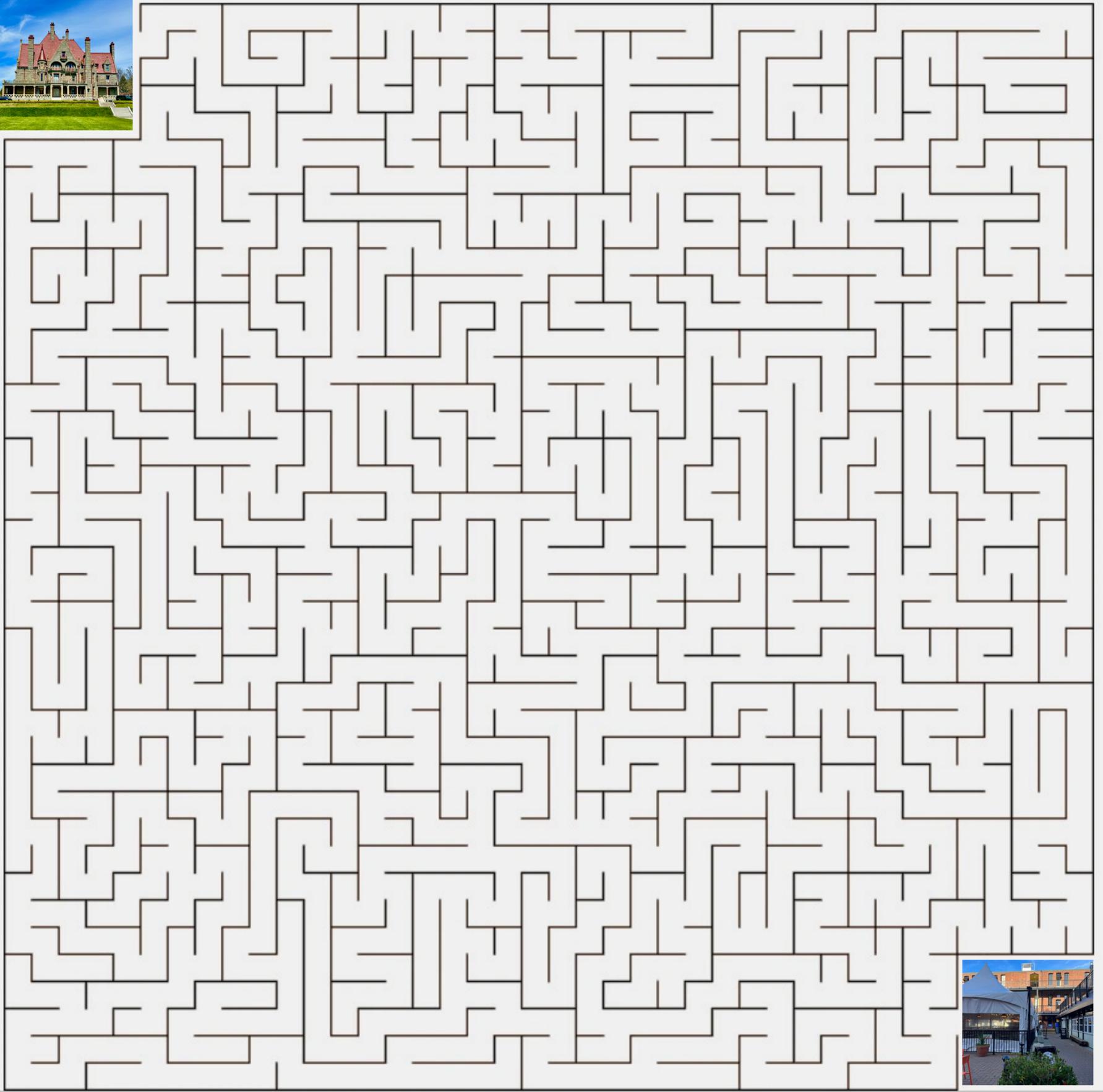
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# Maze Your Way Through Victoria

Imagine yourself walking your way from the beautiful historic Craigdarroch Castle to the legendary Market Square. Can you find your way to one of the best metaphysical shoppes in town? Will you make it through? If you can, maybe take the real trip and come in for a spell or just some fun and good conversation.



*Jupiter, Saturn and Neptune* are entering the stage in the sky, this brings some very inspiring and auspicious vibes. Everyone will be feeling like engaging in community activities, especially spiritual and educational events. New relationships and groups encourage you to get involved in some important way. Read on to see how this individually impacts you. Blessings  
[www.TamareWhiteWolf.com](http://www.TamareWhiteWolf.com)

## *June - Start of September Horoscopes*

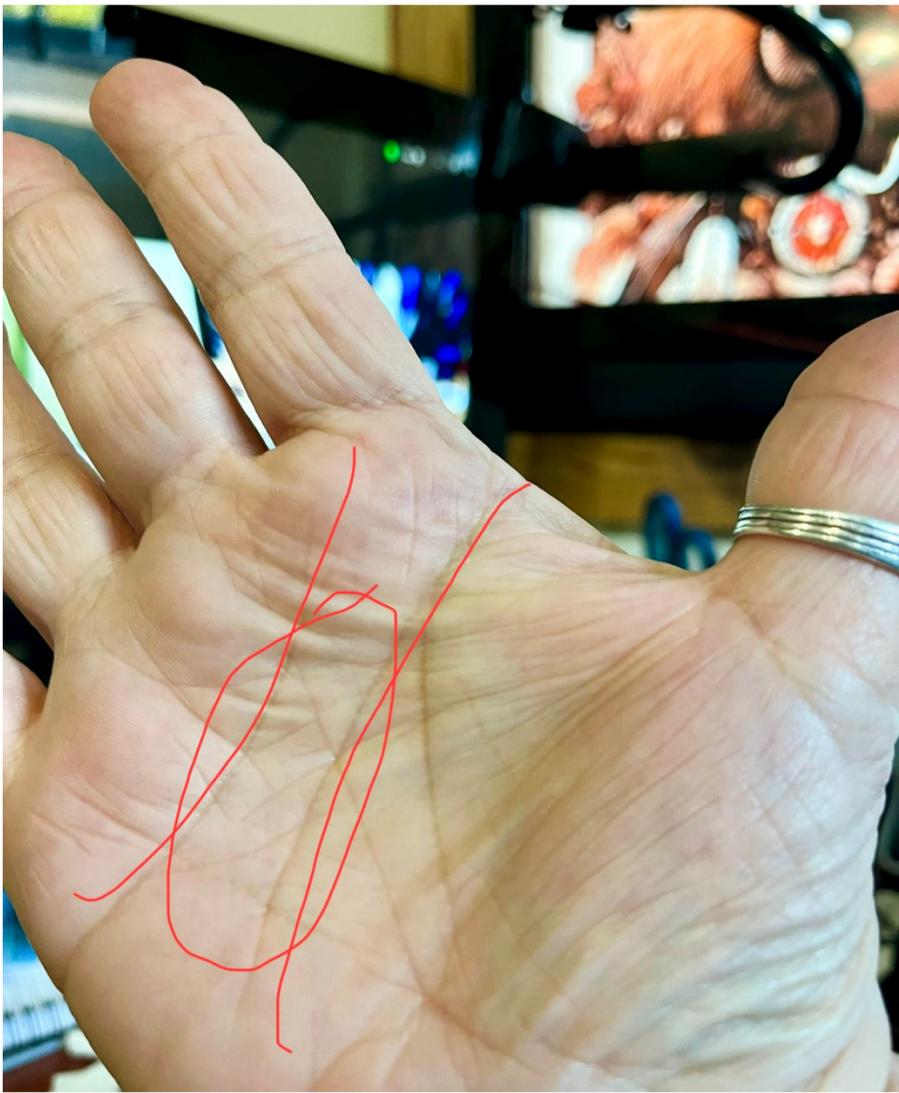
<p><b>Aries Mar 21st - April 20th</b>  A great summer is in store for you as moving or improving your home will make for an uplifting &amp; exciting time.</p>	<p><b>Taurus April 21st - May 21st</b>  Challenges settle down, allowing you to heal and communicate. Finances and life improves &amp; stress is reduced.</p>
<p><b>Gemini May 22nd - June 21st</b>  New Friendships inspire you greatly. Old friendships reconnect with you this brings a whole lot joy &amp; healing</p>	<p><b>Cancer June 22nd - July 23rd</b>  Clearly and recharging your soul improves your self image. Feeling confident, very lucky &amp; beautiful</p>
<p><b>Leo July 24th - Aug 23rd</b>  Folks you normally don't vibe with may align with you now, feeling acknowledged increases your funds</p>	<p><b>Virgo Aug 24th - Sept 23rd</b>  It's best to define shared finances and resources. Boundaries will be huge, review everything to clarity.</p>
<p><b>Libra Sept 24th - Oct 23rd</b>  Your career amps up seeing your value in ways you hoped for. All relationships become paramount.</p>	<p><b>Scorpio Oct 24th - Nov 22nd</b>  Education or religious knowledge will be important. Watch energy levels &amp; pace yourself accordingly</p>
<p><b>Sagittarius Nov 23rd - Dec 21st</b>  Fertility is strong, opportunities are abound. Residential concerns, have you desiring more &amp; shifting fast.</p>	<p><b>Capricorn Dec 22nd - Jan 20th</b>  Clearing any challenges away, this infuses positive energy into your relationships and your home life.</p>
<p><b>Aquarius Jan 21st - Feb 19th</b>  Work is amazing &amp; very successful  You are feeling on top of the world.  Restructure life to suit your needs.</p>	<p><b>Pisces Feb 20th - Mar 20th</b>  Money is the most important issue. Children and/or joyfulness bring life into focus. You got this!</p>

@tamarewhitewolf on tiktok  
@shamanwitch6277 on youtube  
@TamareWhiteWolf on youtube

## *Palmistry* also known as Cyromancy

Does your Palm have many X's between the Head and Heart Lines? Do you have an "M" in your Palm?

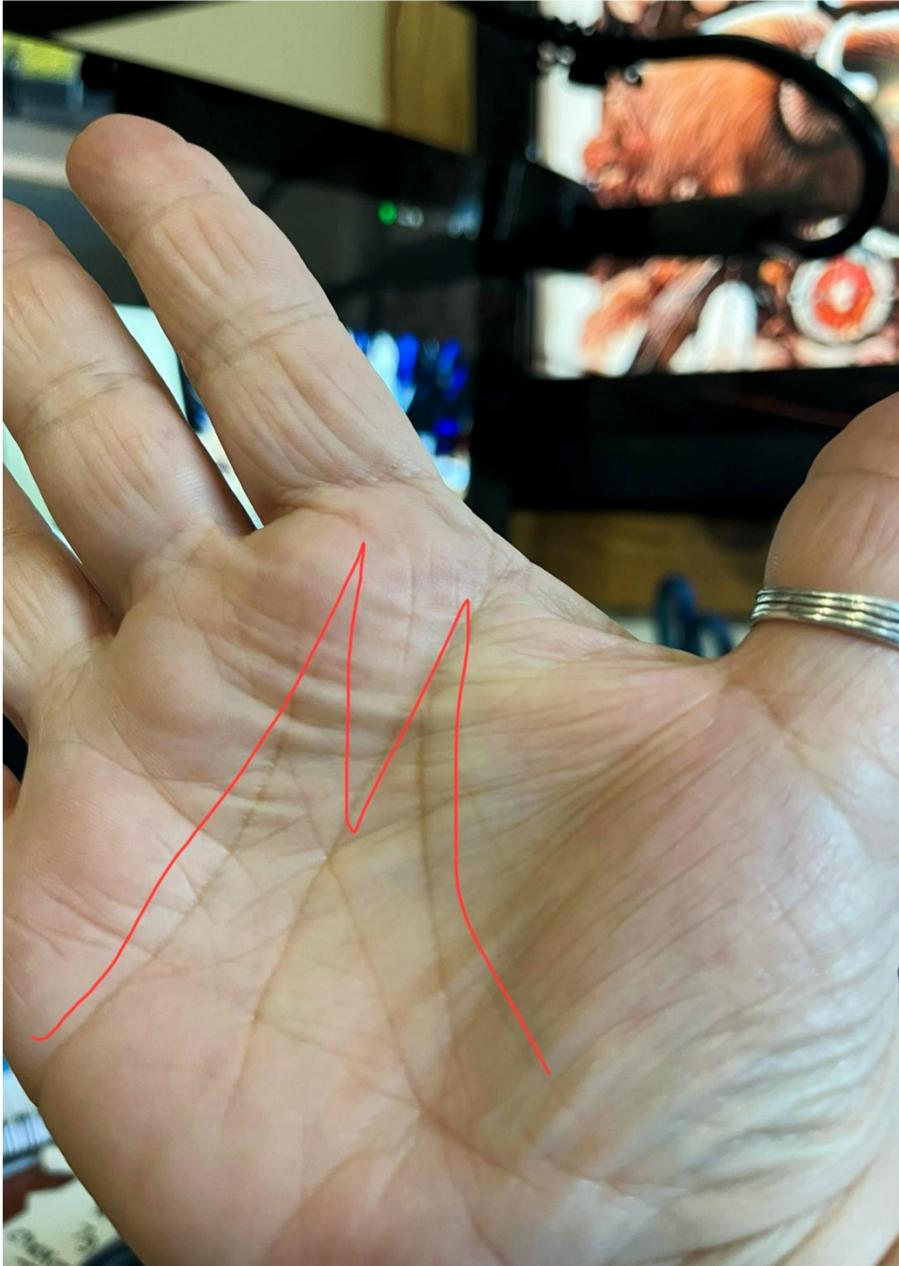
*By Tamare White-Wolf*



A very ancient tradition that many have no idea how accurate it really is. If you have these crosses in between your heart and head lines you would be very intuitive and very action oriented. You value truth and honor in some very serious ways. It would indicate having magical tendencies and maybe even a witch.

Its called the Mystic Cross.

You are definitely a psychic if you have it in both hands, you are very powerful and action oriented, literally getting things done that many are still trying to wrap their head around.



If you have it and it doesn't touch the lines but is in the center of those lines, you are very lucky as it ensures wealth!

If you have a large M in the center of your hand it indicates a very successful career likely in the area of mysticism. Exceptional leadership and ability to overcome challenges because you are very courageous and intuitive. You will also be very creative and resourceful and help others to align with their inner source.

If you have this magical M on both hands you are especially balanced with both male and female energy and possess a lot of empathy or spirituality. You may even be a Star-seed helping all to adjust to evolution and spiritual awakening. Blessings & Thank You

# Summer Quick Dinners

## Chicken Caesar Salad Pasta

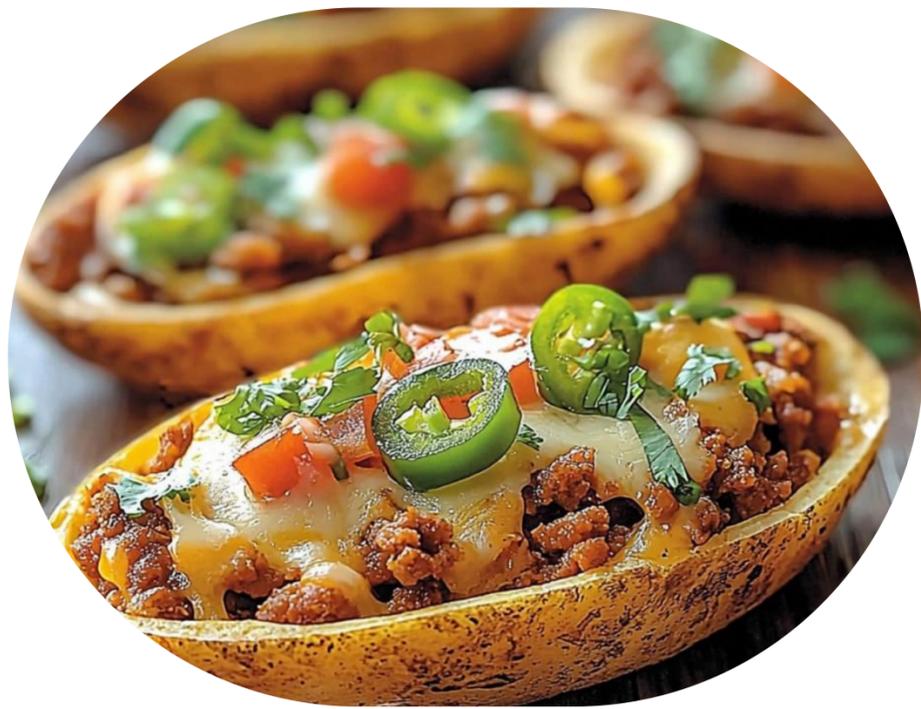
### Ingredients:

Cooked Chicken Breast or  
Roasted Chicken  
1 Box of your Favorite Pasta  
Romane Lettuce  
Caesar Dressing  
Parmesan Cheese  
Cooked Bacon Bite



### Direction:

1. Cook pasta according to the box instructions, drain and set aside.
2. while pasta is cooking cut or shred the chicken, chop and prep all the other salad ingredients, and place in a bowl and set aside.
3. once pasta is cooked and cooled mix into the salad bowl and add you dressing.
4. Once mixed together completely serve and enjoy.



## Taco Potato Skins Delights

### Ingredients:

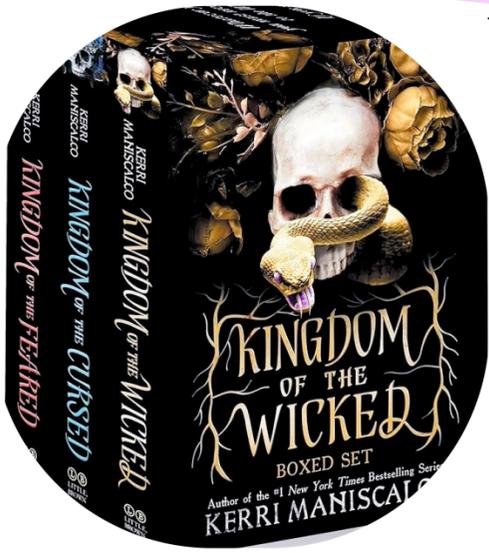
8 Small Russet Potatoes  
Cooking Spray  
1 cup Sour Cream  
1tbsp Taco Seasoning  
2 cups Mexican Cheese  
1lb Ground Protein of your  
choice  
any other toppings you like on  
your tacos

### Direction:

1. prep the potatoes bake or air fry, hollow out and put in a separate bowl then set aside.
2. mix sour cream with the taco seasoning an put in the fridge.
3. cook meat through until brown and season to taste.
4. cool the meat and potatoes filling together
5. fill the potatoes skins with the meat filling mixture.
6. Top with you choice of taco toppings and enjoy.

# The Witches Book Nook

## Witchy Book Reviews By Kat



### KINGDOM OF THE WICKED By Kerri Maniscalco

When I get asked what book has a choke hold on me, the first book that comes to mind is this series.

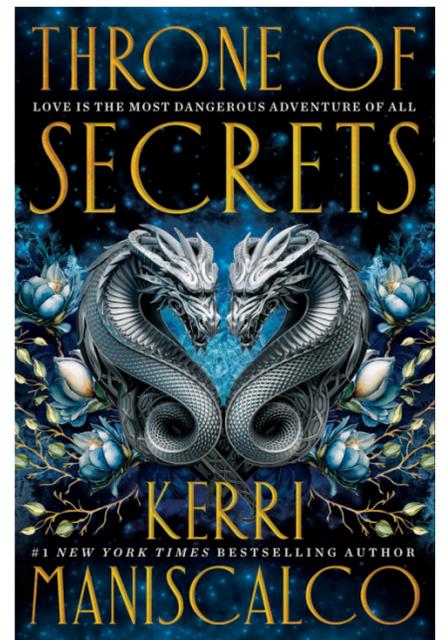
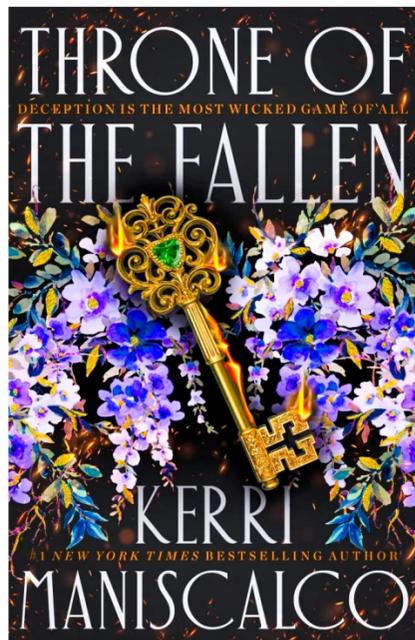
This young adult series has the perfect amount of tension and feistiness. Between the two main characters and the plot I couldn't wait to read the next. It is a great mix of bringing to life the seven deadly sins and the underworld all while discovering the world of Italian witchcraft. I was sold. These books have you going through an assortment of emotions and that is all before they get into bed together. The people you meet, the reasoning behind what they are doing... all just, mmm chiefs kiss. 10 out of 10, would recommend.

The Series follows Emilia who investigates the brutal sacrifice of her twin sister Vittoria. In order to find out who did this she digs into her past and finds some crazy things. She

makes a deal with "The Devil" Also known as Wrath. A bad man you will love to hate. That holds the key to finding out the answers she needs. but she must first use her magic to trap him, literally, in demon trap. without getting caught. Once done, they make a deal, and the hijinks ensue. But Emilia is smart and knows not to trust him even if they are bound by some weird tattoo, mark, thing. So, join Emilia and Wrath as they work their way through Italy and then the underworld to find the truth about what and why this has happened. And who she needs to exact her revenge on, to avenge her twin sister Vittoria.

Find it at [Indigo.ca](http://Indigo.ca) or [Amazon.ca](http://Amazon.ca)

### Also By Kerri Maniscalco



The first in a spin off series about Envy

# History of Witchcraft

*By Kat McAllister*

## Where it Started

The first recorded piece about magic is from early 8000 BCE in Mesopotamia. Now we all know it was around before that, but this was the time they first recorded it. I have read many things about the history of witchcraft from the witch trials to what we have today. But the truth is, that even as we read everything there is on the subject we will never know the whole truth. So, for today I will be telling you what I have found and what I know to be true from my past and what my limited mind of this soul has let me remember.

I remember a time before words and pictures and the only way we knew how to communicate was through grunts and pointing. A time where trial and error helped us find out what would happen to us if we ate something that resulted in death, we knew not to eat it again. A time where all things were magical, scary and untried.

Next, we move forward to a time where we used pictures, as well as language. The magic never changed, it was always there, only now people use it for good and bad. They may take these plants and put them in the food or drink of others in order to heal, harm or even worse take someones life..

Many witches feel a strong connection to herbs and stones alike connection, without certainty or knowing they could understand the



energy. Even if we didn't know, we intuitively did somehow.

## The First Witches

Who were the first Witches?

Well, the answer is we were. The truth is that, yes, there may have been a first witch and rumor has it was Aradia a Strega (Italian witch).

Every culture has a first Witch story from the Italian Strega to the Druids of Scotland and Ireland. The Norse Pagans to the Wiccan Witches, we have today. There is always a story, legend or myth to go with the first Witch. There is a whole book written about the first male witch that lived (cough, cough, the bible.) I encourage you all to look up your favorite ones, all of which are cool in their own right. I personally love the creation story from the Wiccan Path, it is put together beautifully. Apparently it has been re-modeled after indigenous creation stories, not so surprising really.

But here it is...

This may not be for everyone, but it is a beautiful start to magic and witches, nonetheless.

# History of Witchcraft cont.

## When did such a beautiful thing get turned into something so ugly?

The truth is that it has always had it's ugly side. For as long as there has been magic, there have been people who have used it for both good and bad. But let's be honest, even though it was feared, it was also respected.

For the most part until 0 AD we were called sorceresses or healers or cunning folk. Those who were one with nature and the earth. Learning, knowing and then teaching others the healing properties of plants, to read the stars in order to tell us if the crops will be plentiful this harvest. These things were never looked down upon but rather revered and respected. And in some cases, feared, but always used and trusted in its own right.

So, when did it turn into a bad thing that had to be punished?

Even though there were "rules" and "laws" put in place to deal with those who misused magic it wasn't until this phrase, "thou shalt not suffer a witch to live," appeared in the King James version of the bible that it was made evil.

But what about animal sacrifice and the devil worship? This was common in many ancient cultures and was more the era not a witch thing, but all people sacrificed their best livestock to appease

the Gods. Many cultures still do this making the animals life blessed and sacred.. Personally, I think maybe some of the gods are mad we don't do it anymore. Also, there is no devil for most witches, true magic is neither good (white) or bad (black) but neutral (gray). We all live in the in-between gray area. It is how we use and shape our magic that turns it, for lack of better words, good (white) or evil (black). Magic itself in its purest form is just energy, create it with intention. and clarity.

Fun fact, the Bible is the first written record of the word "witch". All cultures had words meaning magic user, but the word Witch itself was not common until this scripture was written.

## Burn the 'Witches'

As time moved on and people seemed to "evolve", and men started to form governments, a turning of the wheel was evident in the way the people who used herbs and understood the universes magic were treated disrespectfully began. If you knew any of the old ways and used them, you were wrongly persecuted, burned, tortured and killed.

In 1517 - when Martin Luther a German Priest mailed 95 protestant reformations to the Archbishops at the Vatican - that information sparked the church to fully declared 'the war' on witches, Still today, but in very different ways we see this prejudice behavior pointed at these nature loving beings. In some backwoods countries they're still being stoned, burned and killed just for knowing the difference between mushrooms you can eat and ones cant.

Even though the Salem Witch Trials of 1692, are the most well known they were far from the bloodiest.

# History of Witchcraft cont.

In 1542 the Witchcraft Act was officially passed in England, starting the burning times as they have been called. Although they did much more than burn women and men for keeping to the 'old' way. Dunking them in water to see if they would live and if they did, they would burn or hang after, because 'they must be a Witch.' Also they were stoned and shamed, forced to walk naked through the town or village for all to see. Heaven help you if you had a mole on your body as this was proof, you were marked by the devil and must be in league with him.

England however allegedly never burned their witches, they hung them and did so proudly, hanging almost 1800 women and men in the 20-year span before the reign of terror started in 1560 where an additional estimated 30,000 were accused and killed for being witches all over the European continent.

For example, a small town in Germany when hit by famine, took 350 people and executed them because they were thought to be the cause. Believed it was caused by the devil, witches were seen as his servants. So, anyone who was thought to be in league with him was sent to death. Which in turn led to land and property seizure. The famine continued, in fact worsened.

Finally in 1736, England repealed the witchcraft act to stop the senseless slaughtering of innocent people.

The level of lunacy from the governing body and its followers of the time was of the greatest ignorance. We haven't come that far spirituality regarding

witchcraft and it seems this tragedy that happened hundreds of years ago seems forgotten.

These type of injustices still prevail, in fact all over Tanzania approximately 3000 people were killed from 2005 – 2011.

Only a matter of 7 years ago in 2018 a child in Africa was "sacrificed" during an 'exorcism' so they could cast out the devil. Where they cut and beat him to death. So, as you can see, they never stopped, they just changed the method.

## After the Witch Trials

After the act was past people still feared death by witchcraft for some time. It took almost 100 years before anyone would feel safe enough to consider coming out of the broom closet. At the end of the 18th century and the beginning of the 19th, we see a surge of people using tools of science to understand paranormal phenomena which used to be associated with witchcraft.

With a renewed interest in tools like Tarot cards and other divination items. This led French Occultist Jean-Baptiste Alliette to popularize and print the first deck of all 78 cards, 22 major arcana and the 56 minor arcana.

From there the belief in the spiritual world was on the rise, bringing to life the invention of things like the Ouija board, pendulums, dowsing rods and more modern things like voice recorders and cameras.



# History of Witchcraft cont.

Jump to 1926 Scotland, where a woman named Helen Duncan claimed that she could contact the dead and that her proof was she could materialize the dead's "Ectoplasm". This proved to be false; and she was later caught as being a fraud for using cheese cloth and egg whites. This led to her being the last person in Britain to get prosecuted under the witchcraft act of 1735, section 4.

The 60's brought a surge of witchcraft due to TV shows like *Bewitched*, which ran for 8 fun-filled seasons. This show created a change of heart for many, now seeing witches, witchcraft and magic in a new more acceptable light. I'm a little jealous that I can't just wiggle my nose and have a cup of tea in my hand first thing in the morning. The 20th century brought things like the Neo-Pagan religion of Wicca, by people like Gerald Gardner and Alex Sanders to bring back the Pre-Christian ways. Later Gardner became a priest in an ancient British Church called "The Church of Antioch" after he joined New Forest coven in 1939. He was friends with the man who created "Thelema".

Speaking of Thelema, what talk about witches history would be complete if we didn't at least mention Allister Crowley. He founded Thelema but inspired other religions and people like Gardner, who eventually created his own coven called The Bricket Wood coven and his brand of witchcraft was called Gardnerian Wicca.

Which brings us to the here and now whether you are Pagan, Wiccan,

Spiritualist or follow any other witchcraft (as there are many flavors). We are freer today than ever to study and follow what we want. Although we may not see it. We can openly talk and practice in Canada, with all the changes in the USA one may need to be mindful of the present Administration. Churches still discriminated, however many people know now that it is a nature loving belief.

Now we have an opportunity to enlighten the rest of the world to the truth of our past. Today we bring peace, healing and comfort using energy healing and herbs. Got to love being the ones to break those generational curses, as we work through the lies that plagued us for years, am I right? We seek to bring the old ways back to life, one person at a time, by learning and educating, healing ourselves and practicing what was once eradicated by people who wanted to control, who wanted our estates and who made our families into slaves. Today many live simple lives aligned with the earth.

So, whatever your path, follow it and teach it to those willing to listen. One day we'll have the life we all deserve. In us is the power to make all of that happen. All we must do is remember.



# Craigdarroch Castle



One of Victoria's most visited places and home to one of our most prominent families, the Dunsmuir Family, is Craigdarroch Castle.

When I was a child one of the reports I did in school was on the castle and its family and I'll share it with you here.

"Robert Dunsmuir was born in 1825 in Ayrshire Scotland. In 1851 he arrived on Vancouver Island to work as a collier (coal master) for the Hudson Bay company. By 1854 his contract was finished, but he decided to stay in Nanaimo and work for himself. In 1869 Robert discovered a rich coal seam near Diver Lake a few miles from Nanaimo. This soon helped him to become a very wealthy man. In 1883 Robert and his partners secured the contract to build the Esquimalt - Nanaimo railway, which was completed ahead of schedule.

In 1882 Robert purchased 5 1/2 acres of land in Victoria to be used for his family castle. That same year he was elected to the legislature of BC as a member for Nanaimo.

In 1884 he purchased 'Fairview' a 12 room mansion in Victoria. this became his family home. in 1887 he began

*By Tye The Paranormal Guy*

construction on the Castle.

Unfortunately Robert died before its completion in 1889."

This brings us to his wife."Joan Olive White was born in Scotland in 1827. She married Robert in 1847 and Four years later came to Canada with him. Together they had 10 children, 8 girl and 2 boys. after the completion of the Castle she moved the family in without her husband. Where she lived the rest of her life with the 3 youngest daughters until her death in 1908.

"The Castle itself was built on a 14 acre piece of land that stretched along the upper part of Fort street in Victoria BC. Robert asked a man named Warren Williams, from Portland, to design the castle in the Scottish Baronial Style.

The exterior was built with sandstone with one inch gapping. while the interior was build with brick that was covered with wood paneling and plaster. with the roof being made of slate that was imported from Vermont. the interior detailing was done in golden oak which was purchased from A.H. Andrews Co. of Chicago, and took 5 railway car to carry and cost between \$30,000 and \$45,000, a hefty some even today while the original stained glass window were from the Povey while the original stained glass window were from the Povey Brothers of Portland. when complete the house held 27 rooms and 17 fireplaces, for a total cost of around \$500,000."

## *Craigdarroch Article cont.*

After the death of Joan the castle changed hands a few times only to end up a military hospital in 1919, for injured soldiers during World War 1.

After the war it changed hands again and became a school house for Victoria college, from 1921 to 1946. Then was used as the school board offices until 1968. After that time was rented to the conservatory of music until 1979. when it finally was left in the Castle Society hands.

Which brings us to today where it is being used as a tourist attraction. Where you can tour it and experience all that it has to offer including the late Robert Dunsmuir and family. Although the workers will never admit it.

I remember I was volunteering in the gift shop having to get stock or going to an office in the basement. I would get this feeling of someone watching me, cold spots surrounding me, even a hard nudge, sometimes causing me to lose balance. And sounds of an older male voice saying 'move.' There were times, when the castle was closed to the public, myself and staff, well a close family friend who was my boss, would be going about our close up procedures and we knew there was no one else in the castle we would hear organ music we would rush to the floor to see if we could see or catch what was causing it to play the music. We never did. The odd thing about this was it did not work, keys were jammed and other issues to prevent it from making sound. I always believed it was there just for show or to fill in an empty spot. You walk by the smoking room or near it and you could smell cigar smoke or

something burning maybe a candle and older men talking and laughing. This is a normal occurrence even during business hours, visitors would always ask us if there was a no smoking policy in the castle because they could smell cigars around the smoking room. The gift shop was at the end of the self guided tours so we would hear all the stories and experiences visitors would have during their visit.

A couple of the experiences I have heard visitors talk about during their tours consisted of billiard balls rolling on the billiard table in the billiard room, a little girl running throughout the castle, some say it is one of Robert Dunsmuir's daughters who died shortly after he passed. There are a couple more experiences I would like to add to what I have experienced, first is the sight of a man or a maid standing in a window when you are looking at the castle from the small grass field. To this day I still regularly visit the grounds at different times of day to take pictures hoping to get footage. Maybe someday you will see me there trying to get this footage. The second I hope to get is a person standing in what I call the tower, yelling. You can enter the tower during visiting hours, if you enter and shut the door, stand in the middle and yell no one can hear you. honestly I find it weird but awesome at the same time.

But just ask anyone who visits, what they have seen, heard or smelled.



Tye @ Craigdarroch 2025

# Jupiter In Cancer

June 2025- June 2026

This year-long transit will focus on the many positive benefits Jupiter Brings for everyone. Things will be extra emotional, moody, focus focused on emotional needs being met, expanding housing, home, higher food costs Family, children, expanding feelings, optimism, faith, fertility, emotional intelligence, ocean travel, floods, optimism and luck/ especially for Cancer, Sagittarius and Pisces

Then Saturn Retrogrades July 13 at 1 degree 56 Aries back to Pisces September 1 and stations Retrograde November 27 at 25 degrees 09 Pisces.

Saturn will return to that infamous anuretic, 29th degree of Pisces two more times. On September 1 synchronistically on Labor Day at 1:07 am PDT, 4:07 am EDT, 8:07 am GMT it remains at 29 Degrees until September 15.

Saturn will re-enter Aries January 26, 2026 and join Neptune in a historic conjunction at also just as important 0 degrees Aries the very first sign of the Zodiac February 20, 2026. Mark that down in your calendars.

This last of the last degrees of the Zodiac times are especially important, and deeply internal, bringing us into deep navel gazing, deep searching for the meaning of it all, for our soul purpose and its very karmic, from September 1st – 15th and then again in January 2026.

Pay up now. karmic debts are due and finishing old spiritual cycles. This is a great time to meditate, to go on a vision quest, to spend time in a Vipassana silent retreat for 10 days and to work with deep dream recall and healing like the ancient did. Pisces rules drugs, an ayahuasca journey in the country where it grows with proper



*By Tara Greene*

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indigenous guides would be appropriate, but no denial and spiritual by passing allowed.

29 Pisces is a huge time for shadow work and the word that comes up is repentance but not in the Catholic style. Stay away from Pisces easy shame and guilt game.

If you have been in a self-sabotaging and co-dependent relationship. This is where you see it, face it, cry through it, witness and honor it and learn to have healthy boundaries and leave toxic relationships.

Be careful of getting addicted again to whatever drug/drink of choice when Saturn moves back into Pisces again. Old patterns may repeat. One maybe tempted to go back into that toxic relationship pattern. but if you do the deep shadow work you will learn to be a new person, have a new rebirth, a new Aion.

Saturn rules Seniors we must respect seniors like our parents and grandparents, even if they have hurt you or you believe they have. What is real and what isn't? Honouring the ancestors is Saturn in Pisces, they are wounded victims. But the sins of the 7 generations stop now. Be careful- because this is a beginning phase and

Saturn in Aries will slow down the knee-jerk reactionary hard reaction phase newbies are in. Saturn rules the knees. The opposite sign of Aries Libra balance of the opposites is Aries shadow side too.

If old karmic or toxic relationships ended during the last 6 weeks since Saturn hit the last 5 degrees of Pisces, that energy lesson, that debt is not completed yet.

As Saturn goes back into Pisces in the fall and into 2026 these issues will need to be worked on into the deeper more unconscious levels and layers. You will see deeper patterns and understand the meaning behind the karmic, akashic records.

While Neptune is in early Aries and Saturn is very close all summer you will notice your dream landscapes change drastically. After 14 years of Neptune being in water signs and in its own rulership Neptune in Aries is a fast moving impulsive illusory energy. Dreams of war, Aries energy, guns, battles, fights, aggression, and competition will show up.

## SATURN AND NEPTUNE IN ARIES

Saturn's co-presence in conjunction with Neptune in early Aries brings new dreams, a chance to put the brakes on, especially for Aries, and dream and imagine a new way of waging unconditional love in the world and in your life. When my son was a little boy, I didn't allow him to have toy guns. When he was three he had his fingers in the shape of a gun. And I asked Eli what are you doing? he said, don't worry Mom, it's a gun that shoots love. He had outsmarted me, and I laughed.

NOTE To parents: be moderate with your kids except for healthy foods and culture. Because I didn't allow my son to play with guns, at 19 he joined the

Canadian Army Reserves and stayed in the Infantry and rose to Sergeant.

Saturn is in detriment in Aries

This means Saturn is weak in the sign it is Exalted in. Its not at full hard strength in fighting Aries which can be a good mitigation. Nightlight Astrology wrote a very good article explaining this.

Saturn is boundaries, maturity, obstacles, testing, father time, endings, career, fathers, the patriarchy.

Saturn conjunct Neptune in Aries will burn the old patriarchy to the ground.

Saturn/Neptune in Aries is dealing squarely with your addictions, denial, illusions, and delusions.

All the fakers will be routed out now as Saturn enters Aries and joins Neptune. older experienced, more traditional professional astrologers and psychics who have serious counselling backgrounds will move to the front.

Gen Z will be experiencing their first Saturn return over the next 2.5 years and Gen X, the Summer of Love hippie generation, Turn on, Tune In, Drop Out, Woodstock, Beatles born generation, will be experiencing their 2nd Saturn return too.

Aries gets the full brunt of Saturn and Neptune in their sign for 2.5 and 14 years.

Libras will get to be much more independent and create new boundary's romantic solid dreams.

Cancer and Capricorn square a 90 degree angle

This puts enormous pressure on the sign of home, cancer, mothers, ancestors, home security, emotions, sentiment, and food, children and foundations and Capricorn work, career, reputation, seniors, hard work, depression, Saturn rules Capricorn too. lease feel into the new energies of Saturn in Aries which hasn't been around in 26-28 years.

# Echoes Between Realms: The Latest From

*By Tammie  
Whalen Buckler*

Have you ever felt a cold touch in an empty room or heard a whisper no one else could hear?

Perhaps you caught a fleeting glimpse of something or someone just beyond the edge of sight. You are invited into a world where reality and the unexplained intertwine. Each story offers a glimpse into the mysterious and beautiful world of spirit through tales of psychic, otherworldly, and paranormal phenomena. These accounts pull back the veil to reveal the hidden forces shaping our lives.

“Echoes Between Realms” is a captivating collection of true stories that will stir your imagination, awaken your curiosity, and make you question the world you think you know.

Whether you’re a believer or a skeptic, these tales will take you on a journey into the mysteries that lie just beyond the senses.

*She now has no qualms quoting a line from the movie The Sixth Sense as she shares, “I See Dead People.” Her book has changed lives, becoming a go-to guide for those seeking validation of their own experiences and confirmation that they are not alone.*



*Tammie Whalen Buckler a Storyteller of the Unseen Her first book, VIBRATIONS—A Psychic Journey, Tammie shared true stories of psychic phenomena and otherworldly events.*



[www.tammiebuckler.com](http://www.tammiebuckler.com)

*Her Books are available here  
Or look her up on Amazon*

# What Would Courage Have You Do?



**Author: Ellen Irvine**  
Ellen Irvine stands at the vanguard of change, a Master Empowerment Coach and Master Life Coach who

*By Ellen Irvine*

founded The Crone's Counsel with a revolutionary zeal. Her work is a clarion call to women over 50, challenging societal norms and inspiring them to reinvent their lives with audacity and purpose. Ellen's approach is unapologetically rebellious—she doesn't just push boundaries, she redefines them. Ellen Irvine is not just a coach; she's a movement, a force of nature, and a guiding light for those ready to challenge the status quo and claim their power.

In the mystical journey of life, the most profound transformations often lie just beyond the boundaries of our comfort zones. I am a Master Empowerment Coach and founder of The Crone's Counsel, and I invite women over 50 to embark on a bold, magical quest of self-discovery and transformation in my latest work, *What Would Courage Have You Do?*

## Embrace the Call to Adventure

The book begins by acknowledging the allure of comfort. While it provides a sense of safety, it can also become a gilded cage. I encourage readers to recognize the limitations of staying in the known and to rekindle their long-buried dreams.

## Mapping Your Magical Path

I introduce the importance of crafting a clear and purposeful path. Using the S.M.A.R.T. framework—Specific, Measurable, Achievable, Realistic, and Time-bound—I guide readers in setting tangible goals. Breaking these goals into smaller, manageable steps helps to maintain focus and momentum.

## Conquering Fear and Transmuting Shadows

Facing fears is a cornerstone of my philosophy. I emphasize that fear is often self-created and can be dissolved through understanding and courage. By reframing failures as lessons and opportunities for growth, readers can turn their shadows into light.

## Nurturing Self-Mastery

Discipline and self-respect are portrayed as vital tools for personal sovereignty. I advise readers to set boundaries, cultivate

positive habits, and hold themselves accountable. Mastery over one's actions and decisions leads to an empowered life.

## Unleashing Inner Fire

Motivation, both intrinsic and extrinsic, is key to maintaining the momentum needed to achieve great things. I encourage the readers to create daily rituals that fuel their inspiration and keep their inner fire burning.

## Taking the Leap

Ultimately, the journey from comfort to fulfillment requires a leap of faith. Believing in oneself, maintaining integrity, and being adaptable are crucial for success. This guide empowers readers to trust themselves and embrace the unknown as a path to their true destiny.

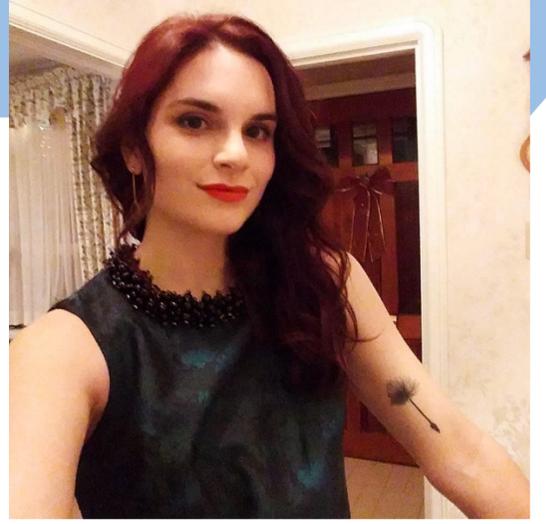
## Ready to Transform Your Life?

If you're inspired to step beyond your comfort zone and embark on a journey of self-discovery and empowerment, grab your copy of *What Would Courage Have You Do?* on Amazon Kindle Books.

Visit [www.thecronescounsel.com](http://www.thecronescounsel.com) to learn more of my products and coaching services. Start your transformative journey today! Don't wait—courage is calling, and your magic awaits!

# The High Priestess - A Favourite Path & Major Arcana Card

*By Gemma Parent*



The High Priestess is associated with the 13th path of the Tree of Life, which is the path between Kether-Tiphareth. This path travels over top of DAATH, also known as the abyss. This is my favourite card in the traditional tarot deck, my favourite archetype and so I wanted to write an homage to this path as a tribute to the High Priestess, and her archetype.

In the Rider-Waite deck which was painted by Pamela Coleman Smith, the High Priestess is depicted with detailed symbolism, some of my favourite aspects are her triple crown. This shows the three major phases of the moon as well as symbolizing the tripple goddess; maiden, mother, crone. All this wisdom over her third eye. The solar cross is over the High Priestess' heart, the crescent moon at her feet. An ornate curtain obscures the scenery behind, and the two pillars at her side represent the Yin and Yang energies in life as well as the pillar of Severity on the left and the pillar of Mercy on the right. The negative in the positive and the positive in the negative.

You may already know that the 13th path is associated with certain learnings; teachings; or experiences. This is especially true for those who take on the tree of life pathworkings.

When we look at the tree of life we can see Kether which is the crown of the tree is connected by the 13th path to Tiphareth which is the beauty and I always see this as the heart of the spread, or the querent. The head to the heart, and in between is the throat/voice. This is the

place where choices are made based off of wisdom and intuition.

Ted Andrews writes in *Pathworking* that the “strengths achieved [are] Faith; removal of barriers between worlds; resourcefulness; self-reliance; wealth of intuition; revelation of hidden” (Andrews 211) He also expresses that among stories like Isis, or Rapunzel, ALL the goddess stories, reflect aspects of the strengths achieve in this pathway teaching, as well as the weaknesses revealed.

This got me thinking of my favourite goddess stories, that I used to pour over when I was young. They are distant and faded in my mind, so I went to my bookshelf to see which ones I have in my home so I could refresh my memory. Of course the stories of Brigid are in my shelves. I found one in particular that is very poignant. The story I found refers to the goddess as Brig (pronounced Breej) and this story is related to all the aspects of this pathway and card, strengths acheived as well as the weaknesses revealed (I will cover those later).

As I have mentioned already this pathway is about crossing the Abyss, and finding our inner light, our inner intuition, building and noticing our unique gifts and abilities and then using them appropriately. Knowing when to push and when to flow. This pathway is about finding the inner strength to overcome the darkest moment in our trials and challenges, the moment when we try something new that we've never done before trusting in ourselves to find our way towards deeper understanding and inner standing, which helps us to become our own light source.

I want to focus on the story of Brig that I recently read in the book *Girls Who Slay Monsters*, by Ellen Ryan. It is helpful to note now that Brig is the goddess of poetry, art and the hearth. In this legend there is a terrible war brewing and her son runs away to battle with the demons of the land, fighting against the gods and most important to the story, against his own grandfather the Dagda who is Brig's father. Brig knowing her son was in grave danger implores her father to protect him, which he does agree to do, despite him being essentially a traitor to the Dagda and all the Gods and Goddesses. Unfortunately in the chaos of the battle, the Dagda loses sight of Brig's son, and he is killed. Brig is looking for her son and finds her father standing over his dead body. Brig is filled with incredible anger at her father, anguish of her son's death and overwhelming rage at all who participated in the fighting and killing. Brig falls to her knees embracing her son and lets out a loud, primal, guttural Keening wail. The sound was a sound which had never

been heard before in the history of man. The sound of her incredible sorrow was a cleansing bell, the sound is so loud and unmistakably sorrowful that all the soldiers hear it and are touched by the vibrations deeply into their aching hearts. Hearts that were filled with anger were so deeply touched they took a pause. This pause allowed the sorrowful wail deeper into their souls and they start to notice the destruction they participated in and they are overwhelmed by the pain and sorrow of it all. All the soldiers on the battle field stop fighting and start to keen for their friends and loved ones. The battling stops and the primordial sorrowful sound of a keening mother, the goddess Brig, washes all their angry hearts with sorrowful sound. Brig is able to forgive her father after she is finished her mournful keen. This is the story of the first keen. This was a song of deepest sorrow, and it transforms the pain into healing.

Often the stories related to the 13th path have themes of death and heartbreak, as well as the learning that to overcome challenges of this journey we must find our flow of gentle allowing and then pushing at the right time.



Chris-Anne Donnelly's Light Seer Deck

Rider Waite & Pamela Coleman Smith



Think of the story of how Hekate was able to help Demeter negotiate with Hades to allow Persephone to visit her mother on earth for half the year, then spending the other half down in the underworld with her husband Hades. Think of the story of Isis going into the underworld to find her husband who had been murdered, or the story of Innana going into the underworld to meet with her sister Ereshkigal. These stories are rich with symbolism and echo similarities with each other. In this legend of Brig, the innate strength of Brig to create art and poetry is expressed even in her most deeply painful and overwhelming moments. She uses her voice in a way she never had and the result is a deep healing. The learning of how to transmute the deep sorrowful destruction into love and creation again. These similarities are what Andrews has elucidated through his breakdown of the strengths achieved and the weaknesses revealed. These stories are the 13th path, the path of The High Priestess.

Portals from metaphorical girl hood, to woman hood. Maiden to mother, maybe it's also the pathway of mother to crone. The threshold we cross in order to understand how time and space and spirit make the existence of pain and pleasure, chaos and order, the dark space of creation inside the womb of the earth and body. This is the magic of life. The

13th path of the high priestess, is the path of initiation into the duality of life, it is a threshold of understanding death and transformation. It comes after the magician and before the empress, this is a sacred dark feminine spiritual mother.

The story about Brig also shows all of the weaknesses revealed that Andrew's writes about. These weaknesses are "self-made obstacles, unbalanced emotions; inability to see purpose; over dependency; conflict of being alone with being lonely; unreliance" (Andrews, 211) In Brig's story here, she transmitted all those negatives into her keening poetry which in turn healed all who heard the vibration. Alchemizing the weaknesses into healing and strength.

This path is about finding our voice and learning when and how to use it. It brings heart and mind together, crosses over the throat and Pluto, which is the abyss's domain.

I hope I have brought light to some of the ways the 13th path is experienced through a story. We each have our strengths and weaknesses our own yin and yang a story and that is what makes this path so beautiful to me.

Chris-Annee Donnelly The Muse Tarot



# A Cautionary Tale

*By Stephanie J Bardy aka Lupa*



Stephanie J Bardy aka Lupa, is an accomplished author, poet and editor. She is currently Editor in Chief for The JayZoMon Dark Myth Company LLC . Her published works are many, you can find

them at [MythMart.com](http://MythMart.com) She has podcasts too, Lupa's Bits The Podcast, and Grindhouse Sleaze..

I sit, watching the sun dance across the lake. Birds are chirping, the breeze is blowing gently, moving the stray strands of hair about my face. I see a hawk diving for their breakfast of fish. It is all so wonderful, so peaceful, so in my control to sit and enjoy. I do not take this personal freedom for granted. I do not squander any moment I have to consciously observe the world around me, knowing that at any given moment, I can stand up and walk through it, be a part of it. For there was a brief moment in my life when I was a mere spectator in my own body. I moved, I spoke, I laughed, but none was within my control. Let me tell you a cautionary tale of a cocky girl. As some of you may know, I am a paranormal investigator. Now, for me, that means more than just stumbling around in supposed haunted locations looking for an EVP or a spectral image caught on tape. It means hours of research, pouring over old books and newspapers. It means reading up on the latest tools and procedures for capturing paranormal phenomena, it means watching shows and making notes of what not to do. It means actually investigating the paranormal in all its facets, not

just investigating locations. I talk to other groups, I exchange information, listen to their experiences, and have always made sure I was protected as I could be when entering a potential location. I have a small but special collection of 'haunted' items that I keep under lock and key, and I do protections around them and my home to keep anything unwanted out. I have held talks at gatherings, and I always stressed the need to be cautious, protected, and not mess around if you don't know what you're messing with. I have investigated native land, owned by a friend, where everyone experienced something paranormal. I have led groups on tours of haunted locations, but I was always careful.

Until I wasn't.

I do odd jobs here and there when my health allows, and this particular fall, I was helping do renovations on an old empty house. It was located on a person's property, and they had hired my friend to do the work. He mentioned to me one day that he felt like he was being watched. That of course peaked my paranormal interest, so one night I went

## A Cautionary Tale cont.

I one night I went out to the empty house, and we did a walk through. I was regaling him with stories of my adventures as an investigator, and the more interest and excitement he showed, the braver I got. I told him that the untrained should never mess with this stuff, as it can be dangerous. explained how you should always protect yourself, regardless of how harmless it may seem. I also bragged about how I knew what I was doing. I was a seasoned professional. Then promptly walked into the house with him and forgot all I had just said.

Immediately I felt a presence. It was angry, but I didn't think much of it, most that I have encountered are angry. From the shadows and in the corners, I could see him. When I looked directly at him, he would vanish. For several nights I would return to this house, attempting to make contact, collecting evidence, and showing off for my friend.

I thought at one point I felt a child, scared and lost, connected to the male energy I was experiencing. I couldn't have been more wrong.

Eventually I began working at the house with my friend doing reno's. I spent a lot of time in the basement, and up in the attic. Not two of the greatest places to be. By this point we were both staying at the house so we could get started early in the morning and work until late at night. So I was fully immersed in what was actually residing on the property.

Now this particular area was known to the Indigenous people. It was full of stories and legends. None of which I bothered to look into. As I said, everything I knew, everything I had been taught, flew right out of my head the minute I stepped into that house.

We were convinced that a father and their child had died on that property. The child in a tragic accident and the father in the fields behind the house. That may have

been true, but it was not the case.

After a while, I began losing time. Just small bits at first. I would find myself in a part of the house and have no idea how I got there. I would wake from horrific dreams and not remember any of it. Then my friend told me I was acting strange. He said one minute I was myself and the next my face would change, my voice would change and my whole personality would change. I would become confrontational, goading, angry, and mean. I would throw things at him, or around the house, I would undo work that I had spent hours doing. I contacted a close friend of mine and asked her for help. I couldn't leave the job as I was now an employee, but I needed protection from what I still thought was a human spirit, or at the very least a negative energy set on doing me harm.

She created an oil that when used properly kept whatever it was dormant. We thought it kept it out, we didn't realize it was already in and had taken root.

Slowly over the course of a few weeks, it let me start to see what was happening. It was the scariest feeling, riding shotgun in your own body. I could see my hands and legs moving, I could feel my mouth talking and eating, but I had no control. I was looking out of eyes that weren't mine.

Then, I began, or it began, attacking my friend. Just little things at first. A slap, a kick. Then one night, he heard strange noises coming from the room I was staying in. The rest is what he and my other friend have told me.

[www.MythMart.com](http://www.MythMart.com)



## A Cautionary Tale cont.

I was crouched low to the ground on all fours in the corner, growling and snarling. He walked in and tried to get me into a standing position, and I leapt on him. I clawed at his face, tried to gouge his eyes. He said it took all he had to get me off of him. He pushed me down and when I tried to get back up he sat on me and held my arms down. I had started to do harm to myself. Back then, I was 175 pounds and 5'3" tall. I was strong for my frame but he was much stronger in general. He worked construction, I had only spent the fall doing it.

From a flat on my back, I raised my arms up, with him pushing all his weight on me, and threw him across the room.

He bolted, locked me in, and called my friend. The two of them, her on the phone and him in person, brought me out of the dark, back to myself or whatever you want to call it. I remember saying goodnight to my boyfriend, and the next thing I hunched over on the floor puking my guts out. There was a space of 4 and a half hours between the two moments.

The next night after we finished work, we took a two hour drive to someone who I knew could help. He did a pretty intensive ritual to cut away what clung to me. He had never seen anything like it. He spoke to the Native tribes in the area, and they spoke of a land spirit, one that sat like a spider over that property. I

was its way out.

I was vigilant for years, but every now and then, I would let my guard slip and I could feel him, it had no real identity, for even the tribes had no name for it, but I felt it was masculine, so I always refer to it as he. I have video of his energy trying to get into my bedroom. I have smelled body odor and rotten meat in places that it couldn't possibly be. I have felt him creeping up and trying to take hold. So in 2024, I went back to the person who helped me the first time, and in front of a whole group of people, as witnesses, he cut the last remaining piece. I finally felt free.

This has been a 5-year journey for me. One of fear, apprehension, caution, and avoidance. I was always afraid he would come back, get back in, I was always looking over my shoulder and took extra caution when talking about the incident or entering areas that could open me back up like that. I avoided ghost hunting and haunted locations because I had a hole. One that he kept a tiny piece of himself in.

Now that is gone, and it is a lesson I have learned and learned well.

I will never be unprotected again. It's not worth it.

Below a picture of the house where it still resides

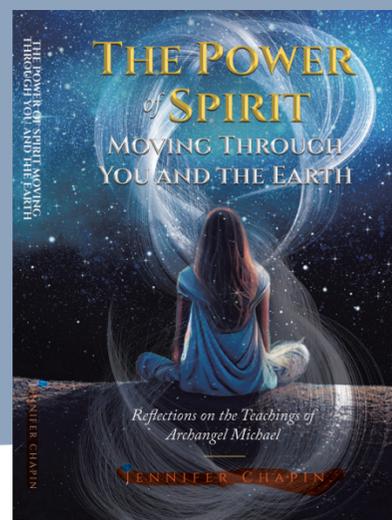


Publishing Consultant & Book Author,  
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# The Power of Spirit

By Jennifer Chaplin



This intriguing book is a compilation of 144 wisdom teachings from Archangel Michael coupled with personal reflections.

“Be aware that the Solar Fire of the Supreme Creator is permeating everything in this Universe. Nothing can escape the radiation and magnetic influence of the rarefied Creator Light that is now permeating this Galaxy, the solar system, the Earth, and humanity. Your Chakras are like electromagnetic batteries (vortexes) within the body.

The language of Light via the pulsation of electromagnetic frequencies activates your multiple levels of consciousness. You must be harmonious with and attuned to the vibrational frequencies in order to access and integrate them. The higher frequencies of Light/thought/sound vibrate through your bloodstream, cells, tissue, organs, bones, muscles, and DNA, enriching your sense of well-being. The lower frequencies of humanity restrict the flow of life-giving energy and increase the

density in your four lower bodily systems. Your blood carries your DNA genetic encodings of your earthly lineage and, more importantly, of your Cosmic lineage.” (Archangel Michael via Ronna Vezane, [StarQuestMastery.com](http://StarQuestMastery.com))

We have been told through these teachings that the advanced souls of the Star Seeds and World Servers are developing and enriching their mental bodies; this is necessary so that we can absorb the increasing power of the incoming Light frequencies. As these Light frequencies increase, we will also experience changes within our physical bodies. Our body mass may not change but our DNA, cells and atoms will certainly vibrate at a much higher level as we enter the cosmic dance of the Higher realms. In this way, we slowly become sentinels of Light that radiate creator energy out to all of humanity and the Earth. We become light transformers, and this is only possible if we have purified our beings and have faced and transmuted all negative energies from within.

# Pagan Pride in Duncan BC Summer of 2024

*By Gemma Parent*

Duncan is a beautiful peaceful town with so many totem poles and crows. One of the first things I noticed that day was the crows. They are one of my favourite animals and they seemed to be everywhere,

so naturally I was saying hello to them and enjoying their company.

I hadn't planned to go to the event. I didn't even know it was a thing. So when I was invited I had no idea what to expect.

I have always had my own pagan beliefs and spiritual practices and only recently became acquainted with a small community of sisters all learning tarot. I had also become more aware of the witchy and pagan communities on Tiktok after I had made an account in 2021.

Pagan Pride was so welcoming and peaceful and calming. It truly was a balm for my soul to spend time in that space with all the beautiful people who were bringing us all together in one place to share knowledge and the craft. The music, booths of art and craft materials and witchy teachings, there was so much to see, and I am usually easily overwhelmed but this space felt safe and welcoming.

I would definitely say that my favourite parts of the festival was the opening circle, where we did a beautiful ritual. I felt so connected to the people and space and so very safe. Then the



closing ritual was a huge circle of people and we all put our blessings and hopes and wishes into a shared bowl of water. Then the priestesses distributed the water to all who wanted some.

These rituals were potent and completely opened my eyes and heart up to what it could be like when people come together with love in their hearts to support each other. There was one crow in particular that I kept seeing (kind of reminded me of myself, she had a couple feathers missing from her wing but she was very curious still... we had a few moments together throughout this mystical summer day.

This peaceful and magical experience will stick with me forever. I am very grateful that I was invited. I didn't know how much I craved to be with people who also are magically inclined.. I didn't know how much I craved creating magic in a group setting. It made me feel at home and actually made me feel connected to community.

I was in that buzzy day dream space, head in the clouds mind frame that is my absolute favourite space to be in. The air was warm, the breeze was calm and peaceful. The magic was potent. The love was palpable. I can't wait to back soon. I recommend you go too and find your tribe!

# Origin Story On How the Australian Wild Witch Path Was Born



*By Ayrmid Sage*

When people ask how I became a witch, I never quite know where to start.

It wasn't a single moment, not a bolt of lightning or a ritual under a full moon. It started before I knew it had. With dandelions. With my Nan telling me to "grab the flowers before your father mows 'em down." With wishes blown on the wind in a backyard that didn't look anything like the Scottish landscapes my ancestors once walked.

I come from a Scottish immigrant family. We brought our craft with us when we moved to Australia not as a religion or a label, but as quiet, practical magic. The kind you learn with your hands, your habits, and your instincts. My Gran taught me most of it. She never called it witchcraft. But now, I know that's exactly what it was.

Over time, I realized the old ways didn't quite match the new land. The plants, the seasons, even the air—they all felt different. I tried to stick to what I'd learned, but it felt forced. Like wearing someone else's skin. The deeper I listened, the more I knew the magic had to change. Or maybe, I had to.

The Wild Witch Path was never something I read in a book. It's something I lived into. It came from walking barefoot through bush scented with eucalyptus, sitting with grief beside a creek, whispering to the plants I'd grown up ignoring. It grew with every conversation shared with First Nations Elders who gently showed me how to listen to Country, not to take, not to mimic, but to hear and respect. That's shaped everything I've done since.

This path isn't Wicca. It's not traditional Scottish witchcraft either. It's not imported

statues, or aesthetic spells. It's raw, land-rooted, and deeply personal. It's a path that honours both my Scottish blood and the Australian land that raised me. A path that avoids cultural appropriation and loud performances, in favour of quiet acts of real connection.

That path eventually led me to build Amongst Sisters, a business born from the belief that real witchcraft should be accessible, ethical, and grounded. I started making spell oils and incense with raw herbs and local ingredients because I couldn't find anything that matched the way I practised. Then came handmade talismans, candles, and scent blends that honoured spirits, seasons, and land, not trends.

As the Wild Witch path kept unfolding, so did the writing. I've since published several books, including *The Wild Witch Compendium*, *The Call of the Cailleach*, *Roots of the Craft* Small Books of Big Wisdom, and *Folk Magic for Little Witches*. Each one is written in everyday language, with no gate keeping, no fluff, and no borrowed traditions. Just honest, lived craft.

This article isn't here to tell you how to be a witch. It's an invitation. To stop looking outside yourself for a step-by-step. To stop copying what doesn't fit. To remember that your magic doesn't need permission. It needs presence.

If your witchcraft feels too polished, too borrowed, or too disconnected—maybe it's time to get your hands dirty.

Welcome to the Wild Witch path  
Get her books, Tarot Cards and  
Witchy Products Here

[www.amongstsistersau.com](http://www.amongstsistersau.com)

# Signs & Seasons: An Astrology Cookbook by Amy Zerner, Monte Farber and John Okas



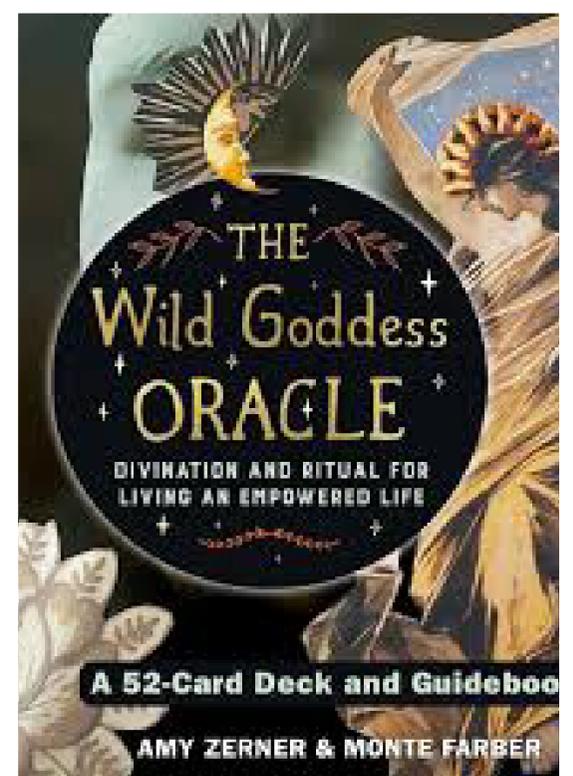
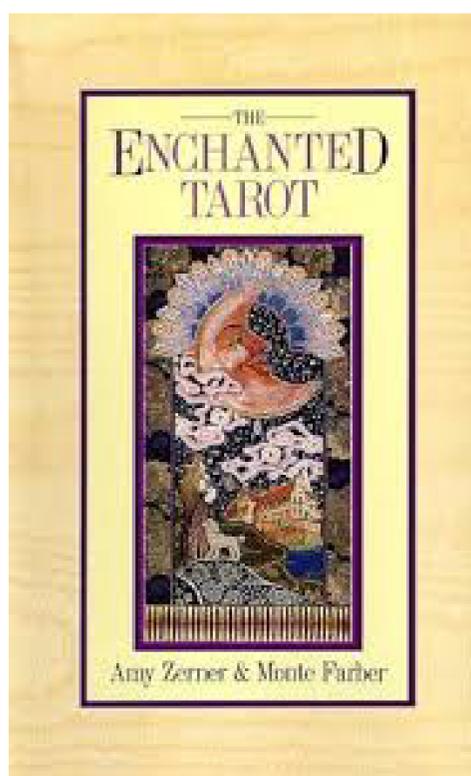
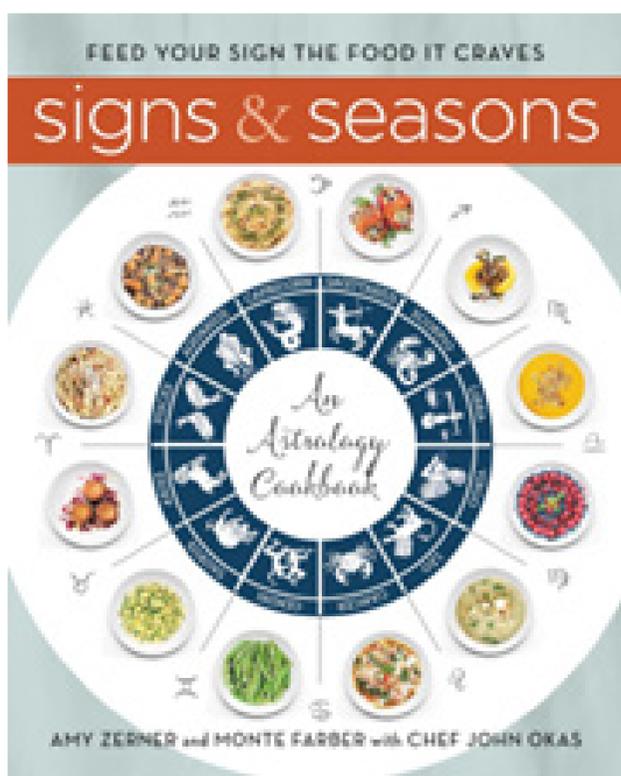
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# WATERMELON GAZPACHO

*By Amy Zerner, Monte Farber and  
John Okas*

It is a chilled soup infused with the sweetness and heat of the sun. A light-filled energy dish that will cool and compliment the season - with watermelon, scallions, tomatoes, garlic, mint, basil, parsley, lemon whips up into a beautiful color!



Recipe From Their Book

Serves 8

For the soup:

4 cups seeded, chopped watermelon

4 large beefsteak tomatoes, peeled and chopped

1 cup chopped scallions

20 basil leaves

1 teaspoon chopped jalapeno pepper

½ cup chopped parsley

2 tablespoons tomato paste

¼ cup lemon juice

½ cup olive oil

1 teaspoon celery salt

1 teaspoon black pepper

for the croutons:

2 cups focaccia bread, cut into ½-inch dice

¼ cup olive oil

2 cloves garlic, minced

½ teaspoon onion salt

pinch of cayenne

For the garnish: mint leaves

Place all the ingredients for the soup in a large blender or food processor and blend smooth. Refrigerate.

Preheat an oven to 400F. In a mixing bowl, toss the bread cubes with the olive oil, garlic, onion salt, and cayenne, distributing ingredients evenly. Turn onto an oven-tray and bake, shaking and repositioning frequently, until crisp and evenly golden brown, about 5 to 7 minutes.

To serve, ladle the soup into individual bowls. Garnish with croutons and mint leaves.

# Authors of the Season

All books can be found on Amazon or the Friesen Press Website.

Kyla can be reached on Facebook or email at [kylaedwards73@gmail.com](mailto:kylaedwards73@gmail.com)



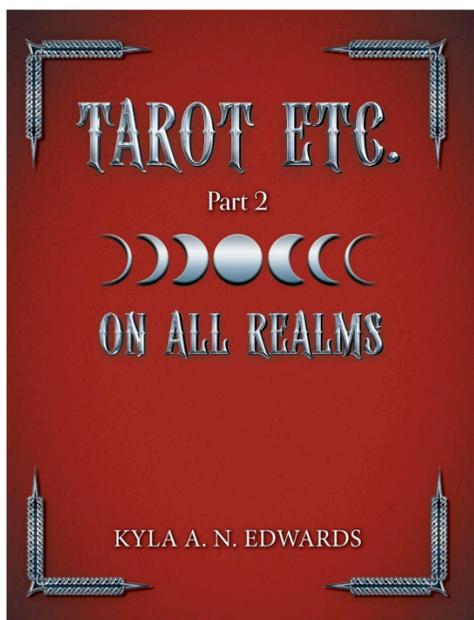
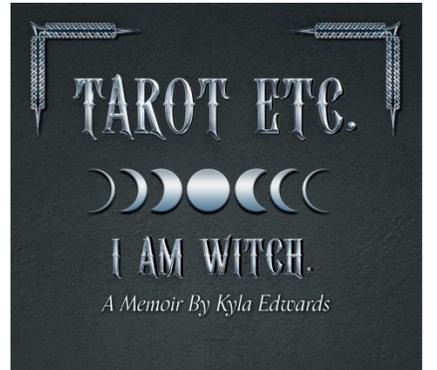
**Kyla Adrienne**

## "Tarot Etc; I Am Witch"

A fascinating memoir about growing up in Vancouver BC with the Occult in one of the biggest cults in North America and it's unique life path leading me to the spiritual purpose of leading others through their own darkness to enlightenment.

This book lightly touches my personal experiences with life, death and the Occult forming me as a lifelong Occultist, Occult teacher,

Parapsychologist and mentor. In this book I touch on the supernatural and paranormal elements of being a licensed Mortician, Funeral Director, Psychic Medium, Paranormal Investigator and ritualistic abuse survivor. My own journey with Psychic mediumship started at birth. My first memories are of robes, the chanting from my parents' coven meetings, and the smell of incense, I remember drawing pentagrams with purpose in crayon. This led me to start reading traditional Tarot at 11 years old when my father gave me my first deck of Tarot cards, making this now over 42 years of reading Tarot to clients across the globe!



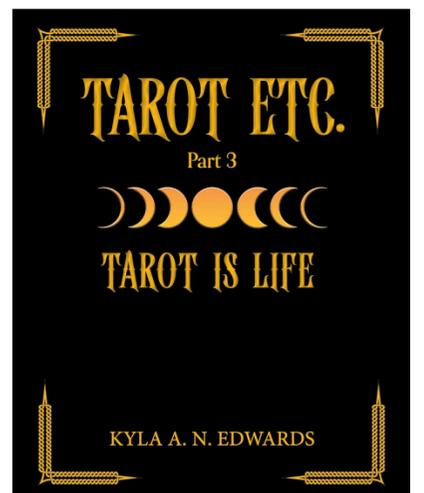
## "Tarot Etc: On All Realms"

A fascinating follow up to the author's first book, "Tarot Etc., I AM WITCH" with in-depth details and stories about the funeral industry as being both a mortician and psychic medium. This book is a personal account of the grim side of corporate mortuary standards and education practices unknown to the public, as well as many personal stories of teaching the occult and of paranormal investigations from my home in Vancouver B.C., & Steveston, B.C., to Northern Canada, and famous haunted locations across the U.S.A. including Salem, New Orleans, The

Overlook/ Stanley Hotel, Croke-Patterson Mansion, Cheeseman Park, New England and more! We also take a journey through the fun filled drama, lessons and conflicts of working with others in these professions concerning life, death and the supernatural.

## "Tarot Etc; Tarot Is Life"

There are countless books on Tarot, and I understand how overwhelming it can be to study let alone practice this ancient art of divination. So how is my book any different than the others? It is different because it is my passion that drives the purpose of this book. Long before I had hundreds of clients and students all over the world, it was my father, an occultist himself, who recognized my natural gift and talent with his own Tarot cards when I started playing with his, and he started to teach me the



sacred secrets of Tarot at the age of five years old, and for my eleventh birthday he gifted me with my own Rider deck and I have been reading for others ever since making that over forty years now of being in service. This book is a testament to the dedication that I hold for my beloved Tarot and is a very real approach and unique perspective for anyone wanting to learn about the ancient art of Tarot. This book comes with my educated background and experience as a lifelong Occultist, Occult Mentor, Master of Tarot, Psychic Medium, Third Degree High Priestess, Professional Paranormal Investigator, a twenty year career as a Funeral Director and Mortician, Certified Master of Pagan Funeral Rites and Ritual, as an Artist and Published Author of my first two books "TAROT ETC; I AM WITCH" and "TAROT ETC; ON ALL REALMS" showcasing amazing stories that is my life.

# Unity Circle

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**Compassion**~ hold space for others and help whenever and wherever is needed.

**Respect**~ others journey and the physical space the circle/event is held.

**Integrity**~ show up by contributing with the spirit to learn and share.

**Confidentiality**~ with all, leaving what has been shared with in the circle and spirit.

**Creativity**~ have fun and align with joy.

**Unity**~ alignment with your inner being, kindred souls, always holding sacred space.



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We meet the 2nd & 4th Sunday of the month from 5pm - 7pm in the back room at Earth and Sky Connections in Market Square on Johnson St. unit 62. We would love to welcome all interested to join in our open meetings. Where we discuss all things Spiritual and Esoteric.

# Get involved in the community!

## Classes and Workshops

Beginner Tarot - Thursdays 5-7 @ Earth & Sky Connection  
#62 - 560 Johnson St. Market Square, Chinatown

Master The Tarot - Thursdays 5-7 online  
@www.earthandskyconnection.com

Esbat Moon Magic - Mondays 5-630pm @Earth and Sky Connection

Silversmith Workshop - Saturdays & Sundays @ West Coast Creative Spirits  
#106 688 Granderson Rd Langford

HCC Victoria Sword Training Tuesdays and Thursdays 8-10pm  
3909 St. George Ln (st George Anglican church)  
drop in \$20, weekly \$60, bi-weekly \$100.

## Recommended Books & Tarot Deck

### Mysticism

Teen Witch by Silver Ravenwolf  
Animal Speak by Ted Andrews  
Nature Speak by Ted Andrews  
Italian Witchcraft  
by Raven Grimassi  
Psychic Witch by Mat Auryn  
Hekate by Courtney Webber  
African American Herbism  
by Lucretia VanDyke  
The Emerald Tablet  
by Dennis Willam Hauck  
Hermetic & Creative Alchemy  
by Marlene Seven Bremner

### Mind, Body & Spirit

Dreaming the Soul Back Home  
by Robert Moss  
The Crystal Bible by Judy Hall  
Tarot for Light Seers  
by Chris Ann Donnelly  
A Little Book of Pendulum Magic  
By D.J. Conway

#### Tarot Decks:

Tarot of the New Vision  
by Lo Scarabeo

Light Seers Deck  
The Muse Deck  
both by Chris Ann Donnelly



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### 7 Rays New Age Store

2002 Fernwood rd. 778-265-7181

### Divine Gem

2035 Oak bay ave. 778-747-3100

### Earth & Sky Connection

#62 - 560 Johnson st. 778-441-1771

### Errant Empire Herbal

1316 Esquimalt rd. 250-590-5035

### Inwards Market

622 View st. 250-388-5033

### The Hermit's Path

#111 - 720 Station rd.

### The Rock Hound Shoppe

777 Cloverdale ave. 250-475-2080

### Shear Magic Boutique

#140 - 2945 Jacklin rd. 250-474-4141

### Soulful Sister Aromatherapy #117 -

735 Goldstream ave. 250-590-1350

### Triple Spiral Metaphysical Gifts

#106 - 3 Fan Tan Ally 250-380-7212

### West Coast Creative Spirits #106 - 688

Granderson rd. 778-679-2718

## Duncan/Cowichan Valley

### Sol Centre

5380 Trans Canada Hwy

### Wishes Gifts & Books

125 Station st. 250-748-9411

## Ladysmith/Nanaimo/Parksville

### Crystal Quest

3881 Yellow Point rd. 250-240-6113

### Earth & Sky Connection

1280 Scotchtown rd 250-591-1177

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### Nanaimo Rock & Gem

520 Franklyn st. 778-268-4563

### Triple Moon Mercantile

76 Bastion st. 250-591-1431

## Comox Valley/Campbell River

### Isle Rock And Gem

6056 Island Hwy 250-337-0099

### Mystic Earth Creations

#100 - 940 Island Hwy 778-346-3366

### Sacred Earth Metaphysical

3025 Comox rd. 250-941-8222

### Soul Star Mytaphysical

357 5th st. 250-388-5095

### The Madman's Wife

5069 Johnston rd. Port Alberni

# Directory/Index cont.

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Chrissandra Unger - Sound Journeys  
750 Churchill Ave, Nanaimo  
(250) 619-5352

Relaxation Of The Soul-Reiki  
(250) 886-0851

Tamare White-Wolf - Shaman Seer  
Metaphysical Minister, Death Doula  
TamareWhiteWolf.com  
(705) 739-7171 (778)=441-1771

Ana-La-Rai's Sparkles of Love,  
Ladysmith BC (250) 240-3898

Gemma Health & Wellness:  
Michele (250) 888-7029

Elderberry Herbals Marianne Beacon  
(705)-740-2054

Victoria Mindful Counselling  
Graham Bleasdale (250)-812-6417

Skylar Pink ~ Psychic, Occultist,  
Teacher & Metaphysical Healer  
earthandskyconnection.com  
(705)-309-5420 (778)-441-1771

## Alternative Schools

Earth and Sky Connection  
#62 560 Johnson St Victoria  
earthandskyconnection.com  
778-441-1771

Pacific Rim College  
#229 - 560 Johnson St, Victoria  
pacificrimcollege.com 250-483-2119

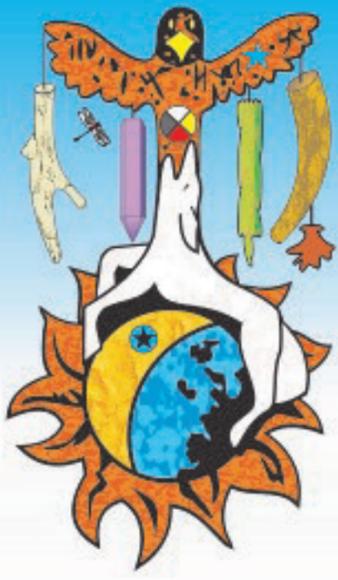
Magdalene Rose Temple  
magdalenerosetemple.com

School of Witchery  
schoolofwitchery.thinkific.com

Witch School Canada  
witchschool.ca

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**Our Victoria Shoppe is located in  
the old Avalon Store in legendary  
Market Square Chinatown BC**

*Come Join Us For A Spell*



*Psychic  
Mom & Son*



*Tamare  
White-Wolf*



*Skylar Pink*